

# ANDOVER TOWNSMAN

Our 112th Year

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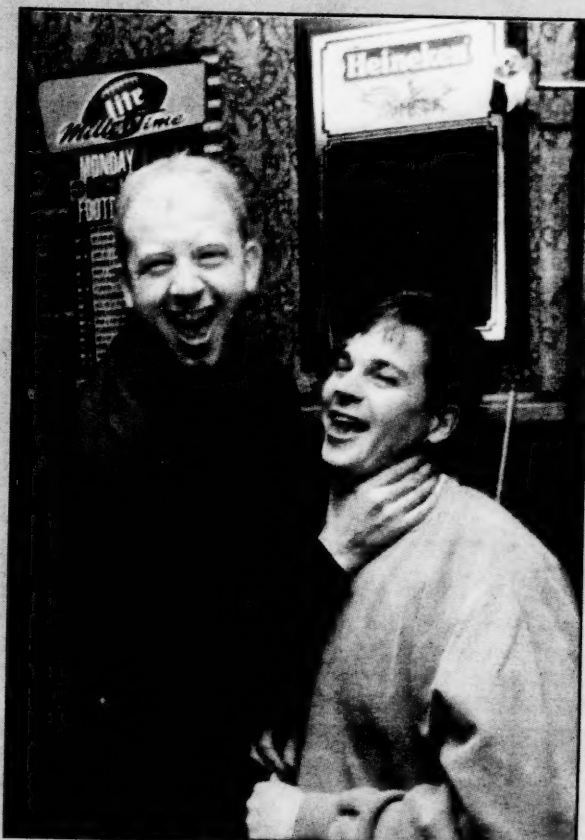
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## Super parties

Photos by Lisa Adelsberger

They're game — So what if the Patriots weren't playing? That wasn't going to stop local football fans from enjoying Super Sunday. Above, Maureen Vickers, Tim Jessep and Dan Prawdzik of Andover, along with Bob Forlenza of Lexington, react to a play at the home of former Andover High Hall of Famer Carmen Scarpa and his wife, Jean, who hosted about 60 friends. At right, at Justin's, Keogh Lutsch of Andover Tree and Landscape Co., an Atlanta fan, shows his frustration by playfully accosting friend and Bronco fan John Shola.



## Cancer claims Candy Bachner

By Rebecca Lipchitz

She made things happen. That's how Sanborn School Principal Dr. Jade Reitman describes Candace Bachner, the beloved kindergarten teacher who died Tuesday, Jan. 26, at 52, a victim of ovarian cancer.

Her classroom was described as the bane of a custodian's job.

"Her room was incredibly hard to keep clean. It was full of stuff. Good stuff," Reitman says.

This accumulation of stuff was



Candace Bachner

one result of Bachner's determined nature, she says.

"When she decided to do something for children or get something for her class, she found a way," Reitman says, describing Bachner's energetic and persistent personality when she worked with students, administrators and parents.

She also developed an enormous following of devoted colleagues, students and parents.

Nearly 600 people reportedly

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## Drugs first, stop later

By Neil Fater

An allegedly productive pair of robbers were willing to stop for the Andover police Saturday — but not before they finished their heroin.

Police say driver April D. Ryan, 20, and passenger Matthew Langan, 23, led Andover Officer Edward Higgenbottom on a chase from Andover to New Hampshire in part because they wanted to use all their drugs before they were sent to jail.

But the allegedly drugged-out duo now have greater problems on their hands. They could face charges for being involved in more than 20 armed robberies in Massachusetts, says Higgenbottom.

"It's definitely the biggest arrest that I've ever had," he says. "It's not every day you get someone who's involved

(Continued on page 19)

## Thief leaves some cheap imitations

By Neil Fater

Police are trying to catch a thief who snuck a table into the apartment of a 103-year-old Andover man.

But the thief was not a gift giver. He apparently was just trying to cover his tracks, after taking several items from the home.

Police say the replacement thief may have replaced an antique table he stole with an cheap imitation, because he believed it would fool the partially deaf and blind 103-year-old owner.

The thief stole the table — and other items — from Alfred Smith, of Crescent Drive.

"(Smith) was kind of hard of hearing and partially blind," says Detective Jim Haggerty. "The thief put an old maple table back there in place of the antique and put a cloth on it so (Smith) wouldn't notice the difference. Now you have a cheap, \$29-\$30 maple table."

Smith moved into a nursing home around New Year's. But it was not until a niece checked on his apartment at the end of January that anyone

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# TownTalk

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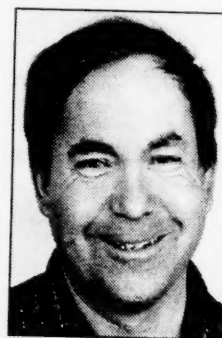
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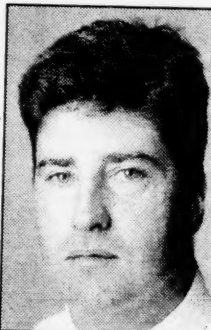
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For scheduling, call Dan Tremblay, health officer, Monday through Friday, between 8 and 10 a.m. at 623-8298.

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The DMH oversees and purchases a comprehensive array of mental health services for children, adolescents and their families, adults operate its own inpatient, case management, and selected other mental health services. The Northeast Area covers the North Shore of Boston, Cape Ann, and the Merrimack areas, including Andover, Lowell, Lawrence, and Haverhill. Interested citizens are encouraged to apply.

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Applicants will have a chance to meet with one or more of the current members of the area board and Department of Mental Health staff. Send a letter of interest to Mark Fridovich, Area Director, North East Area, Post Office Box 387, Tewksbury, MA 01876-0387. Staff of the area office are available to answer questions regarding the board and its meetings. Call Adria Hallowood at (978) 851-7321.

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*FinCom member Joanne Marden, after a fire in her home.*

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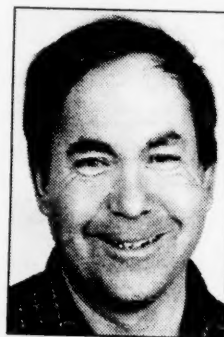
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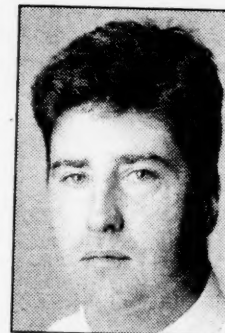
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**ORIGIN:** Mediterranean coast of France/Pays d'Oc

**STYLE:** Smooth, medium-bodied red

**DESCRIPTION:** Medium deep and bright ruby/purple. There is a pronounced, almost chocolatelike aroma with a light spiciness imparted by hints of oak. The flavors reveal a "sweet" ripeness laced with smoke and caramel.

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### Publisher

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**Photographer**  
Lisa Adelsberger

**Receptionist/Classified Ads**  
Rachelle Morin

**Office Support**  
Karen Isabelle

### E-mail addresses:

Taylor Armerding: tarmerding@andovertownsm.com  
Jack Grady: jgrady@andovertownsm.com  
Neil Fater: nfater@andovertownsm.com  
Rebecca Lipchitz: rlipchitz@andovertownsm.com  
Display Advertising: adsales@andovertownsm.com  
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# TOWNTALK

THE TOWNSMAN, FEBRUARY 4, 1999

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Publisher  
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Editor  
Taylor Armerding

General Manager  
Michael A. Masessa, Jr.

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Receptionist/Classified Ads  
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Office Support  
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### E-mail addresses:

Taylor Armerding: tamerding@andovertownsman.com  
Jack Grady: jgrady@andovertownsman.com  
Neil Fater: nfater@andovertownsman.com  
Rebecca Lipchitz: rlipchitz@andovertownsman.com  
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# Selectmen eliminate safety center riders

By Neil Fater

Town Meeting will see a safety center proposal that addresses just the needs of the police and fire departments.

Selectmen have shot down "riders" to the safety center warrant article that were proposed by Town Manager Buzz Stapczynski and Plant and Facilities Director Joe Piantedosi.

These riders would have meant that a vote to build a new central safety center also would have been a vote to improve or rebuild several downtown plant and facilities and public works buildings, and the West Andover fire station.

"I don't want anything to take away from the focus that we're building a central safety center," said Selectman Larry Larsen. "I'd like to see us keep our eyes on what we set out to do."

The reason for Stapczynski and Piantedosi's

effort was because central Andover firefighters and their trucks will need a temporary home while their new station is built.

Rather than spend \$234,000 for temporary facilities that may be discarded, Stapczynski and Piantedosi wanted selectmen to consider spending \$950,000 to add onto or create new, permanent town buildings. These new facilities would have housed the central firefighters for a year. Then they would have been turned over to Piantedosi's department, public works and to West Andover firefighters.

Although some selectmen like the idea of getting something permanent, none are confident that enough planning has been done to determine the proposed buildings would serve the town's long-term needs.

"I do worry, not that this has been a rush job,

but that maybe we haven't had enough planning about what kind of facilities we need in a number of locations," said John Hess.

"These are some great ideas," said Lori Becker. "I just feel we need to focus on this (safety center) project and get it done. It seems as though our focus has shifted into all these other areas of town."

Becker also noted the proposal would have provided more additional space for Piantedosi's vehicle maintenance department than there had been at the police station's maintenance area to begin with.

"It doesn't go to waste. There are days were it gets backed up down there," said Piantedosi.

Under the current plan, Andover will provide firefighters with temporary housing by:

- building a 1,080 square foot metal building and renting a two-bedroom trailer at the West Fire Station, for \$79,000;
- adding a metal storage shed and modifying buildings at the Spring Grove Cemetery, for \$55,000; and
- moving vehicle maintenance for emergency vehicles from the safety center to the town yard for about \$100,000.

## Method actors

While some selectmen liked the permanent-structure ideas, most expressed displeasure with the way Stapczynski and Piantedosi pursued these possibilities.

Selectmen said last week they were shocked Stapczynski and Piantedosi had filed the safety center warrant article with those other riders attached, because such a move had not been previously discussed. They feared such a move could doom the safety center project.

Monday, they followed up on this sentiment.

Although Piantedosi came to Monday's meeting armed with a presentation supporting the permanent-building option, selectmen cut it short.

Piantedosi told selectmen Monday that the Town Meeting article was written as it was to provide them with several options regarding temporary housing.

"Nothing in the handout is cast in stone," he said.

But selectmen didn't necessarily agree with this reasoning.

"The warrant article is already written. As far as I'm concerned, it is cast in stone. If you want to change it, you have to change it at Town Meeting," said Downs. "I think writing this up this way is premature."

"If we go to Town Meeting with as many ifs and buts and maybes as we've heard so far, it's going to be wrecked before it's started," said Larsen. "I think we need to get some of these matters settled."

Despite the dressing down from selectmen, Piantedosi said he remains "upbeat" about the way things have happened.

"The direction we got (Monday) night was very clear, and we are going to go with option one and do the temporary facilities," he said. "That was the idea of the plan, to give the selectmen a choice."

Both Fire Chief Harold Wright and Police Chief Brian Major say they do not have a preference as to which option is followed, because their key concern is the new central station.

But Piantedosi seems to be the one placed in charge of spearheading the public safety center article, and its wording.

"I actually really have been from the beginning because (Construction Project Manager) Dave (Harding) reports to me and I report to the town manager," he said. "We're not doing this in a vacuum. They (Wright and Pattullo) play an equal major role, along with Dave and I."

## Thank You To The Physicians Of Saints Memorial Medical Center For Their Quality Leadership



Back row: Eric D. Holstein, MD, Chief Orthopedics; Paul S. Tower, MD, Chief, Radiology; R. Gary Delong, MD, Chief, Emergency & Ambulatory Medicine; Michael B. Roberts, MD, Medical Staff Past President; Lawrence M. Newman, MD, Medical Staff Vice President; Stephen J. Travers, MD, Medical Staff Secretary; William J. Galvin, III, MD, Chief, Obstetrics/Gynecology; Nicholas A. Sennella, MD, Medical Staff President; front row: Susan Black, MD, Chief, Family Practice; Murat A. Anamur, MD, Director, Oncology Services; Edward F. Parsons, MD, Chairman, Quality Assessment Committee; and Thom Clark, President & CEO.

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# Bill Lane: He gives back in a United Way

By Chris Young

Andover's Bill Lane, Holy Family Hospital CEO, is known as a dependable community activist. He is treasurer for the board of directors at Northern Essex Community College, chairman of the board of the Massachusetts Hospital Association and the Lanam Club, a member of the board of CLASS (Citizen League for Adult Special Services), St. Ann's Home and the Lawrence Boys and Girls Club.

He's sought after for Andover town boards, too. Mostly recently he was on a search committee looking for a new director of public works. Earlier, he served on Andover's Council On Aging.

And in a couple of weeks, Lane will wrap up his final days as chairman of the 1998-99 fund raising campaign for the United Way of Merrimack Valley, his second time in the head position in 20 years.

"I grew up in poor circumstances, which is why I understand more than a lot of people that it often takes a helping



Lane — a helping hand.

and Ashton Smith (former CEO of Lawrence General) were his mentors.

"Both are now dead," he says. "But they were involved in every good cause in the Valley. Nina came to me on my first day at Bon Secours and urged me to join the Red Cross. I have been involved ever since. It was hard to say 'No' to Nina. She definitely was responsible for my ever-widening volunteer

hand to get started. I've been there."

Lane says it took a nudge from two powerful role models when he was a young administrator to get him involved with charitable organizations.

Dr. Nina Scari-to (Lawrence obstetrician)

activities."

Born in Philadelphia, he lived in Quincy until he was 12, and the family moved to Holden. His parents are now dead, but two of his brothers and a sister still live in or near Holden. His older brother, Harold M. Lane Jr., is state representative from Holden and heads the House Committee on Education.

"He's been a representative for five years, and I think a lot of good things in education have happened because of him," his brother says.

Bill and his wife, Frani, live on High Plain Road and have three grown sons. Lane loves to talk about his sons. "Did you see the articles in the *Townsmen* recently about my son, Michael?" he asks.

Michael, his middle son, is a rookie on the Andover Police force who made two heroic arrests within two weeks. First, he pursued, tackled and arrested a drug pusher near Andover High School. The following week, he arrested a suspected pedophile when he stopped the man for a traffic violation. Michael and

his wife, Kristi, have an 18-month old daughter, Caitlin and live in Methuen.

Oldest son, Billy, lives in Haverhill. He and his wife Janice are the parents of four-week old William Lane III, called Willie. The Lanes' youngest son, Christopher, 26, is a nursing home administrator in Beverly.

"Family is everything to me. My kids and my wife come first," Lane says. "The reason I've stayed at Holy Family so long, and that is unusual in my business where mobility counts, is because Frani and I decided that we wanted to grow our boys in the same house, to give them a stable life."

Lane, who has been Holy Family's chief administrator since 1972, says he's been around hospitals his entire career. "My first job was in a hospital. I was washing and waxing floors in a small hospital near home when I was a kid. My family was poor because my father had tuberculosis and was often not well. We all worked," he says. Even when he

(Continued on page 10)

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by Jules

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# Townsmen EDITORIALS

Winner, New England Press Association's Editorial Page Awards 1993, 1995 • Horace Greeley Award for Community Service

## It's not a good mix

Sure, the state Legislature does it all the time. But that doesn't necessarily make it a good thing.

Legislators are fond of taking a bill that says its purpose is one thing that everybody can support — such as providing breakfast at schools for poor children — and then attaching amendments or "riders" that fund everything from jobs for friends to pork-barrel projects.

It would be unfair to say that Andover Town Manager Buzz Stapczynski and Plant and Facilities Director Joseph Piantedosi have gone that far afield in seeking to attach money for improving town yard buildings to a Town Meeting warrant article asking voters to approve money for a new public safety center.

Both of them have to do with buildings, and one could make the argument that there is at least a temporarily direct relationship, since some of the buildings proposed would house fire trucks while the new center is being built.

But that would not be their long-term use. So it doesn't make good sense, and members of the Board of Selectmen were wise to shoot it down.

Town Meeting, it hardly needs to be said, is not like a session of the House or Senate, where one of the full-time duties of the members is to keep abreast of legislation, where they spend time in committee hearings learning about it, where they have staff members brief them about it, and where half the time the vote is essentially decided by committee chairmen or the Speaker of the House anyway.

Yes, voters who attend Town Meeting do have a chance to review the warrant ahead of time, but most of them don't have the time to do it in any thorough fashion.

In other words, voters need, and deserve, as much simplicity as officials can offer them. And that is what is a bit troubling about this episode.

It seems a bit disingenuous to say that board members were simply being presented with "options." It would have been just as easy, and more sensible, to present them with options by bringing in a separate warrant article asking for the improvements to the other facilities.

It may make plenty of sense to construct permanent, rather than temporary, buildings to accommodate vehicles during the construction of the safety center. But that kind of a proposal should be judged on its own merits.



Photo by Lisa Adelsberger

Across the generations — Isabel Smith (left), a resident of Academy Manor, receives a hand-made heart from Emily Appleton, a student at the Andover School of Montessori, during a recent visit.

## Telling their stories of hope is a great job



Perry Colmore

People ask me, "What do you do?"

My answer is, the same as I've always done. I tell stories. The same as when I was a newspaper editor — I interview people and I tell their stories. I ask people how they're feeling, what's on their mind, what are their needs? What makes them happy? Sad? What are their goals? What would they do differently in their lives if they had a chance?

And then I take their answers and tell other people what people like them said. This is the way we learn — by sharing and comparing. Some of you know that I am interviewing cancer patients and writing their stories for two hospitals in Boston — Beth Israel Deaconess and Massachusetts General Hospital. Townsman photographer Lisa Adelsberger is taking the photos.

Here are some samples of the stories:

Audrey was angry. She had already gone through one unbeliev-

able tragedy — she lost a baby to Sudden Infant Death Syndrome. Now she had breast cancer, and her treatment would mean she couldn't have any more children. She had two children by cancer time, but she wanted another.

"Who should have to live through losing a child and then cancer and then no more kids? Shouldn't one protect us from the other?" she said.

I used to pray that the rule would be one tragedy per household, but that is not the case, I've seen that many times. In fact, I am about to interview a 60-year-old man with multiple myeloma. His 26-year-old daughter is part of the interview too. She has lymphoma. Cancer, both of them. Maybe Audrey's story will comfort the father and daughter who are in treatment together.

Anyway, back to Audrey. She was in the first cancer support group I ever attended. That was about four years ago, and I was just beginning chemotherapy. The group was helpful, telling me on how to live with the fear, helping me cope with the stares when I lost my hair, and so on. I stayed with that group for a few months, but I finally left, and not because I was ready to fly on my own. It was Audrey. She was so angry, I felt my immune system being dragged down by her rage.

I really didn't blame her. I just did-

n't want to be with her. I was too sick. So when Beth Israel Deaconess recently handed me her name and said she would be part of The Wall of Hope stories there, I said, oh no, not Audrey.

"You won't believe how Audrey's changed," was the answer I got. And that was correct. Audrey has turned her life around.

"I decided I was going to live my life, that I could not let worrying about dying take over," she said. "The cancer could take my spirit away and it could kill me, but I could do an awful lot of living before that. Plus, I want my children to remember me as not being sick. I want them to remember things that I have done with them, so I actively work to create memories for them."

So Audrey hired a personal trainer. She got in shape. Then she decided to show dogs, because that was something about which she knew nothing. "If I failed, that would be OK because I'd never done it before."

She didn't fail; her dogs kept winning. Today she's no longer showing her dogs, she's enjoying them as pets because she isn't strong enough to move them around from show to show. She's also become a talented designer and maker of glass beads. Audrey has turned around her life. Now that's a story for all of us, sick or well.

(Continued on page 10)



# Letters

## Candy set the standard

Editor, *Townsmen*:

In my kitchen flies a butterfly, wings of watercolor paper and a body made from a clothespin. In my dining room are two Mother's Day plates, more valuable than any bone china in the world. These are objects dear to me, lovingly made in Candy Bachner's classroom (See obituary, page 28).

Candy was special, the best teacher I have ever met. I am so thankful that my two boys, Peter and Matthew, were in her classroom. She made every day of school wonderful, exciting, and magical.

She kept the entire family involved in learning. Before school started, she mailed home a letter asking parents to send in goals for their child. What an assignment! What pressure! I sent in my wish; please teach my child to love learning.

She exceeded my wildest expectations. I experienced the joy when Peter came home and announced that he was "the sweetheart" (leader) of the day, the new way of looking at math, specifically the number 100 (my son brought in 100 candy kisses), the fun of collecting garbage for the compost pile, and the best of all, the transformation of her classroom into the rain forest.

My family sends a special thank-you to Candy's family and loved ones. Candy shared with us the most important lesson in education, to love learning. Candy set the standard.

Perry Vachon  
61 Greenwood Road

## Become part of the solution

Editor, *Townsmen*:

Several letters and articles have mentioned peoples' concerns over the mercury emissions from the Wheelabrator plant in North Andover. The good news is, there's something simple that everyone can do to keep this from being a problem.

Don't throw your button batteries in the trash.

The small watch and hearing-aid batteries contain high levels of mercury; so do old mercury thermometers. Rechargeable batteries and computer circuit boards also contain metals you don't want to breathe. Andover has button battery collection sites, and a hazardous materials recycling program.

It's much easier to keep toxic metals out of the trash than it is to get the metals back out of the air.

Andrew Jablonowski  
70 Stevens St.

## Internship was the best

Editor, *Townsmen*:

When I graduated from Phillips Academy this past June, I was given the opportunity to defer my first semester of college. My options were to study abroad, take an Outward Bound course or continue with my summer employment.

However, in the end I decided to look geographically inward. This decision to remain at home, coupled with my interest in government, led me to my local legislators. Many of the offers, although interesting, would have confined me to a desk at the Statehouse or at a local office. But state Representative Barry Finegold offered me a responsible position as field director for his reelection campaign.

While local newspapers made me aware of Barry's hard work for his constituents, this personal offer manifested his commitment to the youth of our community. My work with Barry brought me side by side with people of many different backgrounds. We all worked together to achieve the same goals and get out Barry's message. I walked door-to-door with Barry in the Andover neighborhoods.

Through his work in Lawrence, I met and worked with the people of Mount Vernon, Tower Hill and Carltonville. I learned that my community extends well beyond my immediate neighborhood. Throughout my work at our campaign headquarters, I saw how a campaign successfully functions. I organized volunteers to hold signs, make phone calls and distribute literature. From the mailings to the late night meetings, from the fund raisers to the debates, and from day one to Election Day victory, I enjoyed every moment of my experience.

The long and arduous days in the office and on the streets, the people from this district and the emotions that accompany a campaign are only a few of the many things that have inspired me to become involved in politics. Now, as I leave for college, I realize this has truly been a memorable experience.

Brian Elworthy  
5 Mohawk Road

## On baseball — two views

### The rules are there to protect the game

Editor, *Townsmen*:

I recently read both the article and the letter regarding Angelica Rotsart's trying out for the AHS baseball team in the spring.

My first thought after the readings was a puzzling one: How can an issue so simple, be so completely misunderstood? But if you think about it, it is really very simple. The MIAA (Massachusetts Interscholastic Athletic Association) has rules. The rule that is in question states that a person of a certain sex cannot play in the sport of the opposite sex if a comparable sport is offered. In this case baseball and softball.

To prove my point I will use a comparable situation. One of Angelica's major complaints was that the two sports were not the same or "equal." Well she is absolutely right. However, neither are girls' and boys' basketball.

The girls play with a smaller ball and have a longer shot clock. Does this mean Brian Anderson, captain of the AHS boys' basketball team, should be dunking on girls half his size while scoring 42 points per game? No, it doesn't. These rules are there to protect the game, not to take away from it. The sooner she can understand that the better.

She also complained of equal rights for

girls. I'm certain that if all the returning baseball players were allowed to play softball this season, AHS would enjoy a very winning season, and most likely a chance at the state championship. Anyone who thinks that I'm being chauvinistic in saying this is wrong. People who watch and understand both games would tend to agree with me, and think that I'm just being realistic.

The MIAA is not trying to be unfair, this is the only way. It has worked for many years, and will continue to do so, and will probably not be changed on account of one freshman's dream.

Angelica also wrote about her experience as a baseball player. I think she is well achieved and I'm sure Ms. Raggiucci (head coach of AHS softball) would love to fit her into the program so she can grow and progress, in order to help her team win over her next four years.

The AHS softball team has enjoyed up-and-coming success, improving their record each of the past three years, and even a state tournament birth in 1998. This fiery team sounds like a perfect fit for Angelica, whether she likes it or not.

Nick Branzetti  
AHS senior baseball player

## Separate, against your will, is not equal

Editor, *Townsmen*:

Amen! and kudos to Angelica Mae Rotsart, the young woman at Andover High who is determined to play baseball with her male peers. Her story illuminates a frequent discrepancy between legal policy for equality on paper, and social practices "in the field."

Ms. Rotsart's inability to acquire for herself the mere opportunity for a discussion of the topic with AH athletic director James Hurley calls into question his suitability as an advocate and mentor of women's (and men's) sports. Successful mentorship depends upon a willingness to hear one's students, support their efforts, and an ability to "go to bat for them" when there is an issue — or potential issue — of discrimination.

It is by far a simple issue to address; physiologically the sexes are different, with men generally being larger in stature and physically stronger. Socially, the genders are different too. After all, we still raise our little boys and girls according to different dictates.

BUT, the question is whether those differences validate the practice of denying entry and participation to a young woman who is perfectly prepared to show her merits on the field. Just why is it that we want to keep the boys' and girls' teams separate here? Do we want to protect the girls, and if so, from what? Do we not trust that women athletes can play with the "big boys?" Would we be as inclined to discourage a young man from participating who was, say, 6 inches shorter and 20 pounds lighter than the other boys on the team?

Lastly, do we really want to adhere to a team mentality that eschews the strength and richness that come with variety and diversity in favor of a "standard of the same?" Are not team sports about the team, and the opportunity for growth and learning that a team can provide?

Women don't necessarily want to be protected any more than they want to be catered to. Any policy that enforces such actions (we have seen that softball is not the same sport as baseball), whether in written code or in practice, does a disservice to men and women both.

If we allow the genders to interact, they will discover the ways in which they are similar and learn to cope with the ways in which they are different. They will potentially learn to support one another, on and off the field, and will come to respect their own strengths and capacities as individuals and as members of a community.

If we keep young men and women apart, enforcing random lines of difference and yet purporting to offer equal opportunity, they will only know that they are different. (Why doesn't someone propose a forum for these students to discuss the issues that affect them?)

The "separate but equal" stance of scholastic athletics, as in the Civil Rights Movement, proves one thing; if you are being kept separate against your will, then you are not yet equal.

Nina Gilmore  
83 Elm St.



## Lane ...

(Continued from page 8)

worked for a pharmaceutical company after graduating from Marietta College in Ohio, he dealt with hospitals. When he enlisted in the U.S. Marines, he says he had time to think about his future, and decided to follow his inclination toward hospital work by enrolling in

Columbia University's hospital administration program. It was during an internship at Mt. Auburn Hospital in Cambridge, that he met his future wife, Frani, a nurse at the hospital. They married in 1966, and move to Andover when Lane was hired as assistant administrator of Lawrence General Hospital.

"I was hired by Holy Family (then Bon Secours) in 1971 when Sister

Charles Marie Brown was in her last year as administrator. We swapped places in 1972," when the Bon Secours sisters relinquished management of the hospital.

For fun, Lane plays golf, enjoys the family's vacation home in Falmouth and reads current nonfiction, such as Domenic Dunn's book about O.J. Simpson, called, *Another City Not My Own*.

He also used to be a pilot. "A glider pilot. I stopped when they closed the airport in Salem, N.H. You don't think about anything else when you are up there," he says. "It requires total concentration and the world looks so orderly from above. It's a great feeling."

\*\*\*

Chris Young represents the United Way.



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## Hope ...

(Continued from page 8)

Audrey reminds me of Liz, whose cancer won't quit. Liz knocks the ugly beast down for a while and then it crops back up somewhere else. Her oncologist continues to invent new treatment for Liz, and she's determined to live life to the fullest while she can.

"I met a woman at a support group once who had breast cancer with mets (it had spread)," Liz said. "Every time I saw her she was crying. I felt like saying, 'Go put on your beautiful new dress and buy shoes to go with it. Today is not the day you will die. Do you want your kids to remember you crying all the time?'"

"I live my life. We go skiing. And I shop until I drop. I'm a firm believer in retail therapy to help me through the dark days. My husband says, 'We

can't afford for you to have cancer any more.'"

I could spend a whole day telling you about a young man (age 19) named Angel, who was in jail when his cancer presented itself as a terrible pain in his leg. When the police brought him into the hospital in handcuffs, Angel said he thought he'd be treated differently from other cancer patients.

But that was not the case, and the love and attention of the doctors, nurses and social workers turned around Angel. He now wants to be a nurse. Last I spoke with him, he was trying to move away from the trouble he'd been involved with previously. He was anxious to live his life. Like everyone in the world, Angel might have only a short life, but unlike a lot of other people, Angel knows that, and he's making the best he can of his time.

Do you want more? Probably. If you're like me, you can't get enough.

I'll tell you one more. Katie is now 6, but she was 3 years, three months when diagnosed with cancer. I interviewed Katie, now with a full head of curls, along with her parents.

When I first met her, Katie put her hands on her hips, looked me up and down, and said, "I don't want to talk about cancer." It was clear who was in charge here. "That's fine," I said. "You're the boss." Mercifully, Katie doesn't remember a lot about her fight with cancer. Her parents told the story and her quotes were mostly, "I don't remember that."

I heard from her parents recently and they said Katie has just had another cancer-free checkup. Hers is a story other children and parents love to hear. Like Audrey's, Liz's and Angel's stories, Katie's is full of hope. Story telling is my job. It's an excellent job.

\*\*\*

Perry Colmore is a former editor of the Townsman.

## Thief ...

(Continued from page 1)

reported items missing. Police have been checking antique shops and second-hand stores for the items, so far without any luck, they say.

Andover Detective Jim Haggerty says the thefts may have occurred while Smith was still living on Crescent Drive, "because of his problems with his hearing and eyesight."

Although family members are still trying to determine what's missing, Haggerty says an antique table, fig-

urines, and a sterling silver spoon and fork were stolen. A knickknack shelf was also taken, screws and all, he says.

"The problem we have is this table probably disappeared sometime around Christmas time," says Haggerty. "This could have been taken out by a relative, a stranger, by anyone."

"I'm hearing that the lock on the door, the dead bolt, wasn't functioning. It could be opened with a credit card," he says. The lock has since been fixed.

Haggerty says the thefts were highly unusual. Not only was the

antique table replaced, but the thief only stole some figurines from the room. The thief spread out the rest of the figurines to make it look as if nothing had happened.

"There are other knickknacks left in there, which has people scratching their heads," says Haggerty.

There were pry marks on a sliding glass door, and furniture had been moved to create a pathway for the table to be removed from the apartment, say police.

Anyone who saw someone moving furniture from the apartment at 8 Crescent Drive should contact Andover police, says Haggerty.



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# Education

## Museum of Science hosts shocking science lesson at West Middle School

By Rebecca Lipchitz

The science lesson at West Middle School on Monday was so exciting, you could almost feel the electricity in the air, especially if you were one of three students who volunteered to be part of a human extension cord.

Eighth-graders at West Middle were treated to a special experiential science lesson Monday, put on by the Museum of Science.

The museum's Larry Erickson presented "Adventures in Science," a one-hour participatory science lesson tailored to the local school's curriculum.

The electricity demonstration concluded with the formation of a human chain of three volunteer students, who together conducted a small electric charge as they held hands.

West Middle teachers chose electricity, math and light as the three elements of the program.

Erickson presented the lesson twice, once for each half of the eighth grade. A half of the eighth grade. A performer with a love of science, Erickson has worked for the Computer Museum and Plymouth Plantation before presenting a variety of programs for the Museum of Science.

"The great thing about science is, there is always stuff to learn, and you don't have to be embarrassed about being wrong. Science is built on people being wrong," he says in the opening of the show, encouraging students to ask questions.

Math teacher Barbara Neal says teachers chose math as one of the featured lessons because it's been a while since math was highlighted in a field trip or special event, and because those lessons are included on MCAS tests.

Eighth-grade math and science teacher Ann Levinson says the presentation



Photo by Lisa Adelsberger

Larry Erickson rubbed a balloon on the head of eighth-grader Deanna Vasilakis as part of a demonstration on the effects of electricity presented by the Museum of Science of Boston at the West Middle School on Monday.

on electricity fit right into their current studies on atomic theory, and will be relevant to lessons on light later this year.

"We hope it's an enhancement (of class lessons), not separate from it. Teachers can use it to get things they can't usually do in class," Erickson says.

Erickson says all the elements available to teachers a la carte or in packages are designed to fit within state frameworks. The show is performed throughout the state, he says. He has also performed for students in Vermont and Rhode Island.

The program, which cost \$500 for the two lessons, was funded by the West Middle School PAC,

Neal says.

The portion on math included a demonstration on probability and the way a computer's binary counting system works. The portion of the program in light used lasers and a carbon lamp.

While the programs for young elementary school students are designed to have them observe, lessons for older students, like those in middle school, are more participatory, Erickson says. During the presentation, students are often asked to make predictions about what would happen next.

"It's designed to get them thinking like scientists," he says.

The math lesson included a demonstration in

topology where two student volunteers looped into rope "handcuffs" tried to untangle themselves without taking them off.

The visual demonstration of laser light and the carbon lamp that burns white hot showed students how light is simply varying degrees of energy.

But the energy in the room wasn't only coming from generators set up by Erickson. His theatrical performance held the attention of an already energized crowd of students.

Erickson performs for groups of students as large as 400, he says, and enjoys larger crowds of students that afford him an opportunity to use his dramatic skill.

## Award winning educators prized in ceremonies near and far

A few special people from Andover schools were honored Tuesday at the School Committee meeting.

South School Principal Eileen Woods, named Principal of the Year in Massachusetts was honored at last Friday's Celtics game at the FleetCenter.

The ceremony was not broadcast on television because it was hidden by a commercial break, but Woods was honored in a brief ceremony during a time-out in the second period, she says.

Not only did the Celtics win, but Woods got her picture taken with Antoine Walker and former Celtic Dee Brown.

\*\*\*

Meanwhile back in town, Superintendent Dr. Claudia L. Bach honored South School teacher Frank Rapisardi for creation of the World In Motion science program, adapted from a curriculum from the Society of Automotive Engineers.

Rapisardi combined the basic science program with his own experience as a businessman, and created a unique program where students work in an environment similar to a manufacturing company.

Employees of the "Really Fast Car Company" are students who apply and interview for certain positions, sign contracts and have set responsibilities and are subject to deadlines and pink slips. They are also eligible for bonuses.

"No program teaches cooperative learning as well as this. It really gets their mind set in working as a team," Rapisardi says.

Students in the program, dressed in lab coats wearing buttons indicating their job, like "Test Engineer," presented an outline of their program to the School Committee Tuesday.

Together they create model cars from various materials.

"Each year the cars go faster and faster," Rapisardi says.

The program won Rapisardi the Lloyd Reusse award.

Bach says she hopes to feature similar achievements in Andover schools on a regular basis through her "Superintendent's Showcase of Exemplary Practices" school committee agenda item.

—Rebecca Lipchitz

### Correction

The phone number of Kelleher Cohen Associates (KCA) of Andover was incorrectly reported in last week's *Townsmen*. The correct phone number is 474-1954.



## Traveling bear visits Sanborn and inspires students to learn together about Massachusetts

A worldly visitor arrived at the Sanborn School last month to show some first- and fifth-graders a little bit of their country.

"Ted E. Bear Jr." arrived from a school in New York bearing mementos from New York including an apple, symbolizing the "Big Apple," a small replica of the Statue of Liberty and the Empire State Building, a booklet about New York and a picture of the last class of students visited by Mr. Bear.

While he may just be a stuffed bear, he managed to get the first-grade students in Joan Friedman's class and the fifth-grade students in Liz Eldridge's class thinking about their state.

Students prepared a package of information to send on to the next class of students to receive Mr. Bear. The

package includes all sorts of information about Massachusetts, and some of it was new to Sanborn students.

In previous years, Mr. Bear has visited Oregon, Montana, Texas and Louisiana.

Many classes of fifth-graders at Sanborn have teamed up with first-graders on projects in a "study buddy" program. Eldridge's fifth grade class worked with Friedman's class researching facts to send along with Ted E. Bear.

Fifth-graders chose a place or event in Massachusetts to highlight, and researched it. They wrote the information on the back of a large postcard. First-graders worked with their fifth-grade partner to illustrate the front of the card.

All the cards, colorfully illustrated and laminated, will be part

of the package forwarded to Mr. Bear's next destination.

Students prepared cards about state history including the Boston Tea Party and the great Molasses Flood, the *USS Constitution*, and Fenway Park, and about Andover itself including a card on the town of Andover, Phillips Academy, and Sanborn School.

One student says he learned that the song "America the Beautiful" was composed in Andover. Another says she learned what the Boston Tea Party was all about.

The package with Ted E. Bear Jr. and Massachusetts mementos including the cards, a book of state trivia and a copy of the book *Make Way for Ducklings* was sent off to visit a new school district last week.

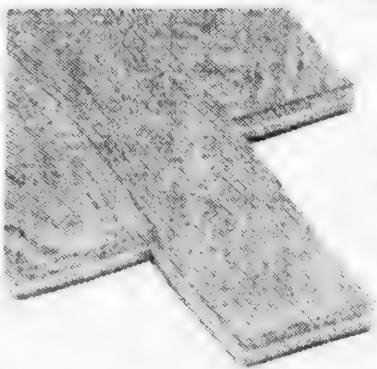
— Rebecca Lipchitz



Photo by Rebecca Lipchitz

**Bearing gifts** — All of the students in Mrs. Friedman's first grade class and Mrs. Eldridge's fifth-grade class worked together to create informational post cards about the state to send to other schools with their new friend, Ted E. Bear Jr., who visited last week. A few of the students who made informational, illustrated cards are pictured here with the cards they worked on: (top row, left to right) fifth-graders Lauren McConnell, Frank Pierro, Kaitlyn Conway, Nick Morissette and Adam Rousmaniere, and (bottom row, left to right) fifth-grader Joey Benedix, first-grader Colleen Hespeler, fifth-grader Ashley Cataldo, and first-graders Taggart Muggia and Kristofer Riemer. Fifth-graders researched topics relating to Massachusetts and first-graders created matching illustrations. The laminated cards are part of a package being sent with Ted E. Bear to other schools around the country. The Sanborn School is the first school Ted E. Bear visited this year since he stopped in New York, says first-grade teacher Joan Friedman.

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## LUNCH MENUS

Here's what's for lunch at Andover public schools the week of Feb. 8-12:

### Elementary schools

**Monday:** Baked macaroni and cheese with roll, pizza stick with soft pretzel, baked nuggets and potato, vegetable, fruit, milk.

**Tuesday:** Meatball sub with puffs, grilled cheese and soup, chicken McSchool with potato, vegetable, pudding, fruit, milk.

**Wednesday:** Roast turkey dinner, cheese pizza with pretzels, baked nuggets and potato, vegetable, fruit, milk.

**Thursday:** Pork chops with baked potato and applesauce, hot dog with potato, chicken McSchool with potato, vegetable, fruit, cookie, milk.

**Friday:** Rib barbeque dippers with potato and barbeque sauce, pizza stick with soft pretzel, baked nuggets and potato, peanut butter stuffed celery, fruit, milk.

### Middle schools

**Monday:** Spaghetti and meatballs, hot dog with fries, nuggets and puffs, vegetable fruit, milk.

**Tuesday:** Roast beef dinner, chicken McSchool with potato, bakery pizza, vegetable, fruit, pudding, milk.

**Wednesday:** Two beef burritos, grilled cheese and soup, nuggets and puffs, vegetable, fruit, milk.

**Thursday:** Pork chops with baked potato and applesauce, steak and cheese sub with potato, bakery pizza, vegetable, fruit, cookie, milk.

**Friday:** Rib barbeque sub with fries, cheeseburger with fries, nuggets and puffs, vegetable, fruit and milk.

Menus subject to change.

### Space needs meeting tonight

A second public forum for input on short-term space needs in Andover public schools will be held tonight, Thursday, Feb. 4, from 7:30 to 9:30 p.m. in the School Committee Room of the School Administration Building.

All are invited to attend.

### AHS PAC meeting is Monday

The February AHS Parents Advisory Council meeting will be held Monday, Feb. 8, at 7 p.m. in the High School Media Center.

Principal Larry Robinson will discuss the scheduling survey results.

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# SCHOOLTALK

The Parent to Parent speaker series will present "Sex, Drugs, & Rock 'n' Roll: Can We Talk?" this Tuesday, Feb. 9, from 7:30 to 9 p.m. at the West Middle School Auditorium (snow date: Feb. 10).

Parents and their middle-schoolers are urged to attend together. Organizers said they'll want to share this lively and informative discussion by featured speaker David Treadway, Ph.D., a marriage and family therapist in private practice.

The nationally known expert on family and adolescent issues has appeared on television and radio, authored two books, and, most importantly, is the father of two adolescent boys. Treadway met with students in middle schools and received rave reviews - similar to the enthusiasm expressed by parents who have discussed these issues with him.

The passage through adoles-

cence can be a minefield for parents and kids alike. Too frequently the most difficult and dangerous issues like substance abuse and sexuality become the fuses for major confrontations. This session will provide practical advice and demonstrate some specific techniques that will help families negotiate these difficult issues.

This presentation is free and open to the public.

\*\*\*

Phillips Academy will host its ninth annual Summer Opportunities Fair this Sunday, Feb. 7, from 1-4 p.m. in the Dining Hall, called "Commons," on Salem Street. The event is open to the public.

Information on more than 60 local, national and international opportunities for students ages 10 through college-age will be available. Programs for academic enrichment, travel, outdoor adventure, international homestay, community service,

camping, sports, theater, music and art will be represented. Students might learn Japanese, sail the Caribbean, boost writing skills, explore the wilderness or work in pre-professional internships.

Admission is free and parking is available. This event is sponsored by the Phillips Academy Summer Opportunities office and Merrimack Valley Andover Association, a local parents' organization.

There will be drawings for two free programs. Phillips Academy has offered free tuition for two, three-week, intensive-writing workshops for day students in grades 10-12. The value of each program is \$675. YMCA Camp Abenaki has also offered free tuition for a one-week program in its summer camp, a \$350 value.

An addition to this year's fair is the opportunity for early bird discounts for the first person to sign up with each pro-

gram. Choose from the Maine Conservation School, offering environmental programs, Thompson Island Outward Bound, an outdoor adventure group, Pine Ridge Adventure Center, which offers wilderness trips, the American Association of Overseas Studies, discounting its internship in London, and Interpoints Inc., a consultation service for deferred year students. Come early to take advantage of the opportunities, organizers said.

For more information, call the Summer Opportunities office at 749-4480.

\*\*\*

Eighty-three students, six faculty members and some parents from Pike School will leave tomorrow for a weekend of skiing at Sunday River in Bethel, Maine.

The group will travel after school to the Town and Country Motor Inn in Gorham, N.H., where an arcade and swim-

ming pool is available for the students' use. After spending Saturday on the slopes, skiers will join students from other schools for a dance at night. The group is scheduled to return to Andover Sunday.

The Sunday River ski trip is an annual event for Pike students in grades 7-9.

\*\*\*

Andover Youth Services believes that this year's Homegrown Youth Film Festival will make you laugh, make you cry, make you fear for the future.

Prizes and sponsorship are growing by the week.

Entry forms will be available at the end of February at the AYS office (third floor, Town Offices, Bartlett Street) and Andover Video.

Don't just think about entering this year. Do it!

Questions? Call Andover Youth Services at 623-8241; or Carole Chanler at 470-1550.

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by Richard D. Hopgood, D.M.D., F.A.G.D.



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# News

## Get ready for Town Meeting times two?

By Neil Fater

Town meeting voters may soon be seeing double.

That's because selectmen are considering having two annual town meetings instead of one, to make it easier for residents to be informed about the number of issues they will be called to vote upon each year.

Residents will have to study nearly 100 different articles for 1999 Town Meeting, and some selectmen fear this number could be more than residents can or want to handle.

"As the town becomes bigger and more complex, it's tough for people to grasp the various issues," says Selectman John Hess.

There is also the issue of simple exhaustion. The number of articles addressed during annual town meeting has increased nearly every year this decade (See infographic) to more than double what it was just eight years ago. The town has also needed a number of fall special town meetings during the 1990s.

Andover residents went from handling 50 articles at the 1991 April Town Meeting to 104 articles last year.

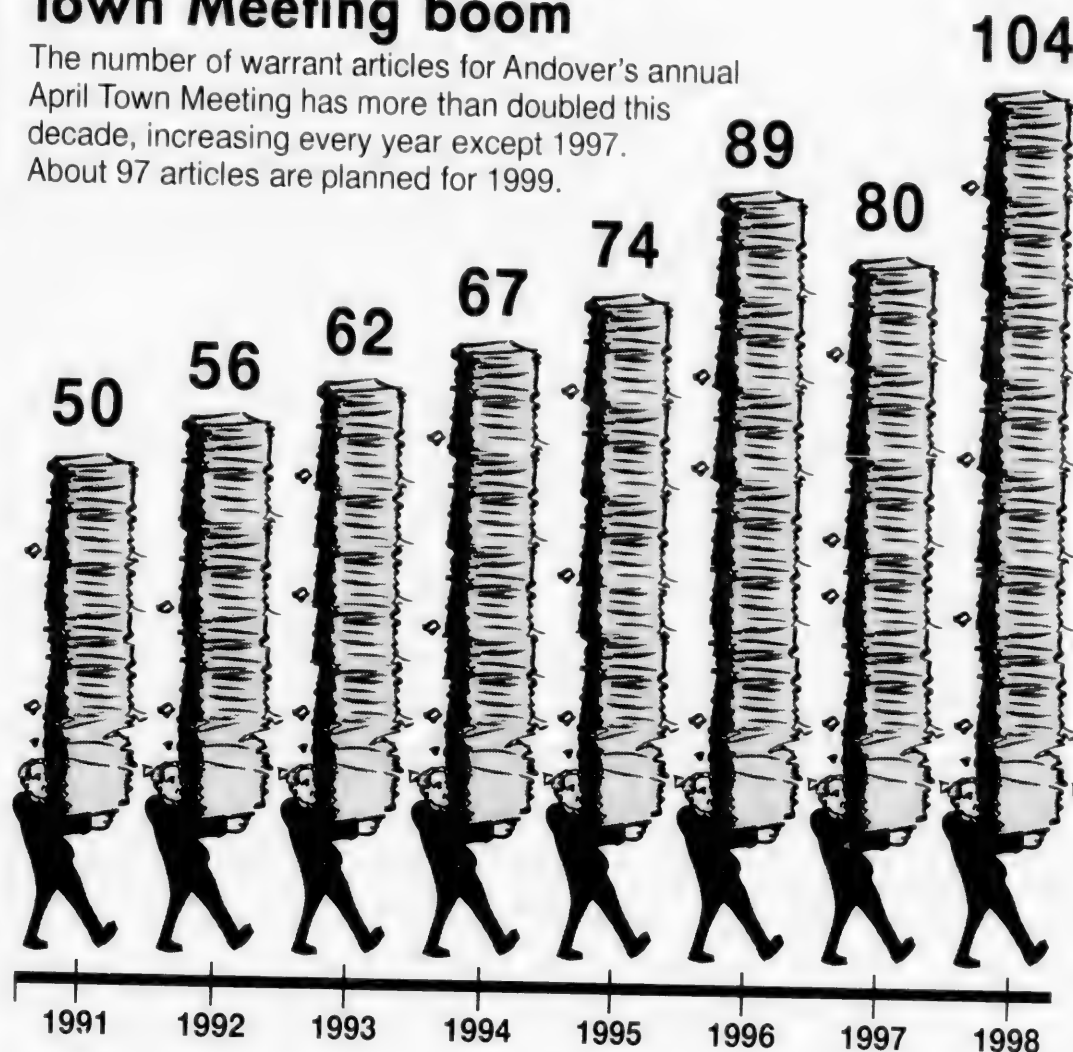
"You put a lot of strain on the citizenry when you ask them to vote on 100 articles," says Moderator Jim Doherty, who's presided over every meeting this decade.

Some town leaders also believe having two annual town meetings will let town government react more quickly and responsively to problems.

Selectman Larry Larsen has asked the town clerk to see how other towns

### Town Meeting boom

The number of warrant articles for Andover's annual April Town Meeting has more than doubled this decade, increasing every year except 1997. About 97 articles are planned for 1999.



SOURCE: Annual Finance Committee reports

Townsmen graphic by Jack Grady

handle their town meetings.

But not everyone sees the need for town-meeting double duty.

The 1990s is not the first time Andover has seen 70-80 warrant articles per year.

In addition, Selectmen Chairman

Bill Downs notes that anyone can call a special Town Meeting at any time to address a time-sensitive problem, and history shows the town has done just that.

"I don't see any reason why we should deviate from our current poli-

cy," says Downs.

"Some of us believe the fewer town meetings the better, and the fewer problems we can get into," says Town Manager Buzz Stapczynski.

Because some of the discussions necessary for a fall town meeting must occur during the summer, Stapczynski worries people on vacation might feel left out of the loop.

"It makes some sense if we can get people geared up for it," he says.

Stapczynski says holding street acceptance votes in the fall would make sense because the preparation work could be done during the warm weather months. With the spring town meeting, town workers sometimes have difficulty checking that developers have prepared the proposed town roads because of the snow on the ground, he says.

April Town Meeting already has changed significantly this year, because officials want to make it more accessible to busy residents. While in past years, April Town Meeting started on a Monday and continued each night until all the articles were addressed, this year the town will take a break after the first two nights.

In fact, April Town Meeting can't even be called April Town Meeting anymore.

This year, Andover residents will meet April 26 and 27, break, and reconvene May 10.

Historically, the third night of town meeting has been poorly attended, and officials hope this new break will bring back more people for the third night.

## Rapisardi says he still wants to return to teaching

By Rebecca Lipchitz

Andover teacher Gene Rapisardi, on administrative leave after an arrest last spring, says he would like to return to work as an English teacher for Andover Schools, and contrary to some published reports, is not planning to leave town.

Rapisardi was arrested by Lawrence police May 27, 1998, for possession of cocaine. The charge was continued without a finding and would have been dropped if he had stayed out of trouble for six months.

But while on administrative leave from the Andover schools, Rapisardi was stopped for speeding this past December, and arrested for drunk driving.

At a pretrial conference Tuesday, charges for drug possession and drunk driving against Rapisardi were continued without finding for a year.

Rapisardi, 48, of Methuen, has taught in Andover for 26 years.

He told the *Townsmen* yesterday that he felt he has been tried unfairly in the press.

"I felt I was found guilty in the press before I went to trial on charges," he says.

As an English teacher, he teaches some journalism, and includes lessons on sensationalism.

"It's rather ironic that my own example has become me," he says.

Reports that he plans to leave the state and start anew rather than fight for his job in Andover are not true, he says.

"You are what you do, and I think I've done it (teaching) well for all these years, and suddenly it's not there. It's been a very difficult eight months," he says.

His lawyer, Ted Fairburn of Lawrence, says the charges for drug possession and drunk driving have now been continued without finding for a year, meaning the charges would be dismissed if Rapisardi stays incident-free for the next 12 months.

The restrictions placed on him will be determined by the probation department, Fairburn says.

His case with the Andover school system is being handled by attorney Brian Reilly of the Massachusetts Teachers Association, Rapisardi says.

"I haven't been found guilty of any crime. What happens next is up to my attorneys to decide," he says.

Schools Superintendent Dr. Claudia L. Bach, said Tuesday night that she will need to collect more information on the situation before making any recommendation regarding Rapisardi's future.



# Bachner ...

(Continued from page 1)

attended her funeral service at Phillips Academy last week (See obituary, page 28).

Bachner taught for 30 years, and at one time ran her own preschool in North Andover.

She worked in Andover for 18 years, and for the last eight years taught kindergarten at Sanborn.

Teachers who worked with her remember her for energy and creativity.

Joan Friedman, first-grade teacher at Sanborn, was Bachner's teaching partner for three years.

"She was unique. She had a passion for teaching. She was loved and admired by the kids.

Every day the children left the classroom so energized and remembering so many things," she says.

Bachner's academic forte was nature and science, but she also had a way of connecting with students, teachers say. Former students often came back to her to ask questions, Friedman says.

"They could ask her anything," she says.

The size of the crowd at her funeral service speaks to Bachner's reputation, says Sanborn's Barbara Bunn.

Her memory lives on in the teachers she worked with, and the students she taught. Reitman says the staff decided to have each teacher talk to their class about Bachner's death, since the teachers know the children best.



File photo by Lisa Adelsberger

**A love of learning — Sanborn kindergarten teacher Candy Bachner conveyed energy and enthusiasm to her students.**

While many teachers went into that class day dreading the discussion, many felt better after hearing children's stories and memories of Bachner, Reitman says.

"She was more than just the teacher you remember. Even the children in her classroom knew that this was really something extraordinary," Reitman says.

Her creative classroom activities included an annual lesson on de-composition that began each Halloween. Bachner would dress up as a witch, and have students bring in all kinds of trash.

Together they created a "witches brew," and buried it on the grounds of the school. In the spring, they would dig it up and see what had decomposed, Reitman says.

In her classroom, she expected parent volunteers to work hard, show up on time and find a substitute if they weren't available.

When one parent complained that Bachner didn't help her child tie a shoe or zip up a coat,

Bachner told the parent to teach the child how to do those things, so he or she could manage on their own.

But while she could be brusque with some parents, Reitman says, they were banging down her door to volunteer.

While she was forceful and outspoken, she was always open-minded about ideas and ways to improve instruction, Reitman says.

Bachner worked until June 1998, but cleaned out her classroom then, not knowing if she would be back.

Even as late as November she looked healthy at a birthday celebration in her honor, Bunn says. While teachers knew she had been diagnosed with cancer, many expected her to return this fall, Friedman says.

"This is where she wanted to be. She was so high-energy all the time nothing ever got her down," she says.

She spent many of her last months traveling to islands including Hawaii, Costa Rica and the Galapagos Islands, "always to view the natural world," Reitman says.

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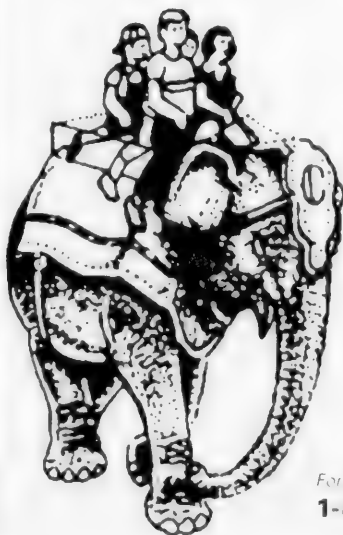
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# POLICE LOG

## ARRESTS

Thursday, Jan. 28 - At 11:22 p.m., Edgar Flores Jr., 24, of 162 Riverside St., Lawrence, was arrested on Main Street and charged with driving with a suspended license.

Friday, Jan. 29 - At 3:29 p.m., Jose F. Vasquez, 37, of 15 Butler St., Lawrence, was arrested on River Road and charged on a warrant.

At 9:15 p.m., Paul C. Conlon, 45, of 13 Wreck Ave., Apartment 2, Salem, N.H. was arrested at the Grill 93 and charged with illegally possessing a Class B substance.

Saturday, Jan. 30 - At 11:49 a.m., Jorge L. Rodriguez, 34, of 10D Tenney St., Lawrence, was arrested on North Main Street and charged with driving an uninsured vehicle with a suspended license and revoked plates.

At 2:37 p.m., Ricardo O. Carmona, 18, of 568 Hampshire St., Lawrence was arrested on River Street and charged on a warrant for fines due.

At 6:54 p.m., Russell F. Riopelle, 21, of 74 Lowell St., Methuen, was arrested at Merrimack College and charged with trespassing.

Sunday, Jan. 31 - At 3:40 a.m., Merrimack College police reported arresting Daniel F. Hansberry, 22, of 7 College Circle, and charging him with being a disorderly person.

At 10:49 a.m., Supavadee Mohprasit, 37, of 66 Bassett St., Lynn, was arrested on North Main Street and charged on a warrant for driving without a license.

At 12:30 p.m., Deborah A. Jensen, 32, of 692 Jackson St., Methuen, was arrested on Interstate 93 South and charged with driving an unregistered, uninsured vehicle without a license.

At 1:34 p.m., Huang Lizhen, 25, of 72 Farrwood Drive, North Andover, was arrested on William Street and charged on a warrant for motor vehicle violations.

At 5:15 p.m., Merrimack College police reported arresting Lori L. Talbot, 21, of 136 Hancock St., Lawrence. She was charged with assault and battery, assault and battery with a dangerous weapon, being a disorderly person, and with maliciously destroying property valued at \$250 or less.

At 11:51 p.m., Grant J. Companion, 57, of 880 Broadway St., Revere, was arrested on Interstate 495 South and charged with driving under the influence of alcohol.

Monday, February 1 - At 6:15 p.m., David Park, 54, formerly of 5 Smithshire Estates, Andover, was arrested on a warrant and charged with indecent assault on a person over 14, for an incident where he allegedly touched a 19-year-old woman at her workplace.

Tuesday, Feb. 2 - At 3:20 p.m., Akwasi Owusu, 24, of 444 Lowell St., Andover was arrested on Lowell Street and charged with speeding, driving an unregistered, uninsured vehicle with a suspended license, attaching plates, and on a

motor vehicle warrants.

## INCIDENTS

Wednesday, Jan. 27 - At 7:56 a.m., Greater Lawrence Technical School security personnel reported finding a stun gun outside the school. An officer was to pick up the instrument.

At 4 p.m., an employee of a Park Street second-hand store reported a young female with an infant had left the store "very distraught (after) trying to sell clothes, stating the baby needed medicine for a high temperature." An officer checked the area without success.

At 7:19 p.m., a female reported losing a hand-held computer near Phillips Academy, possibly on School Street.

At 11 p.m., an Andover parent reported having trouble with his or her son. An officer reported the son had gone to bed.

Thursday, Jan. 28 - At 9 a.m., the IRS on Lowell Street called to complain about protesters.

At 12:34 p.m., a College Circle resident reported a "suspicious tan van" with two males stopping at each mail box. An officer reported the people work for the town.

At 8:06 p.m., a Lowell Street caller reported finding a deceased dog in her driveway that had been there all day. The owner was notified.

At 8:42 p.m., a Walker Avenue caller reported that a car had been at the end of the circle for a while, and the caller was concerned about it. A young couple was sent on their way.

Saturday, Jan. 30 - At 12:19 a.m., after a River Street caller called to complain about noise, police asked a young man playing the drums to call it a night.

At 7 a.m., an AT&T operator called police about a Prospect Street caller who sounded confused and upset. An officer reported the homeowners new heating system had turned off during the night and it was 42 degrees in the home. The heating company was called and the officer was able to get the heat turned on.

Sunday, Jan. 31 - At 2:57 p.m., after a man reported he was just punched by a jogger on Holt Road, a sergeant reported two people would be summonsed into court for assaults on each other.

Tuesday, Feb. 2 - At 1:41 p.m., the animal control officer was handling "a turkey complaint."

At 9:31 p.m., a detective was to file on a juvenile offense.

## BREAKS

Thursday, Jan. 28 - At 6:20 p.m., a resident of 22 Inwood Lane came home to find the kitchen window broken, and drawers open and "jewelry all over the floor."

## THEFTS

Sunday, Jan. 31 - At 9:22 p.m., a Main Street gas station employee reported someone had left without paying a \$10 gas bill.

Monday, Feb. 1 - At 12:17 p.m., a

Main Street doctor reported a sign was stolen from his office.

Tuesday, Feb. 2 - At 7:29 p.m., a Sunday theft of a pocketbook on Peterof Circle was reported.

## AUTO INCIDENTS

Wednesday, Jan. 27 - At 1:05 p.m., a Dynamics Research employee on Frontage Road reported a car break from the previous afternoon.

At 5:48 p.m., a man reported witnessing a break into a parked car on Old River Road.

Friday, Jan. 29 - At 7:06 a.m., a Tage Inn employee reported his or her car had been stolen overnight.

Saturday, Jan. 30 - At 9:43 a.m., a Woodworth Motors employee reported someone had tried to steal a Cadillac during the night.

Tuesday, Feb. 2 - At 2:30 p.m., a resident reported hubcaps were taken from his car while it was on Bulfinch Drive.

## ACCIDENTS

Wednesday, Jan. 27 - At 10:57 p.m., a River Street caller reported a tan car had hit her neighbor's parked truck and left. An officer checked the area for someone driving a car

with front-end damage.

Thursday, Jan. 28 - At 10:59 a.m., a caller reported a car had hit a Canada goose on Dale Street. The goose was not injured, reported an officer.

At 7:03 p.m., there were numerous calls for an accident with personal injury on Salem Street. An ambulance and tow truck were called.

Friday, Jan. 29 - At 7:51 a.m., there was an accident with injury involving a fuel truck reported on Woburn Street.

Saturday, Jan. 30 - At 6:48 p.m., there was a report of an accident with injury on Andover Street.

Sunday, Jan. 31 - At 4:06 p.m., a River Road caller reported an accident with injury, but a female bleeding from the mouth refused an ambulance.

Tuesday, Feb. 2 - At 1:12 p.m., a hit-and-run that damaged a stone wall was reported on County Road.

At 5:37 p.m., a hit-and-run was reported at Brickstone Square.

## VANDALISM

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# Schools say world languages are elementary

By Rebecca Lipchitz

Andover school leaders have agreed to study the possibility of offering a foreign language to elementary school students, in an effort to promote other cultures and new ways of thinking.

In a workshop held after the School Committee meeting Tuesday, administrators and committee members discussed the merits of teaching foreign language to younger students, and agreed to have a study done on bringing such a program to Andover.

Students in sixth grade take a trimester language program where they learn some Latin, Spanish and German. Once the trimester is complete, the student chooses one of those languages to study in seventh and eighth grade. Andover High School offers Latin, Spanish, French and German.

The benefits of teaching a new language to elementary school students even as early as first grade go beyond just learning a new language or improved SAT scores, said committee member Skip Eccles.

He wondered aloud if anyone at the table had actually spoken the foreign language they studied in college within the last 50 days.

"I would like to see a stronger case made," Eccles said.

Two of the more compelling reasons to offer such a program are because learning another language gives students a better understanding of their first language, and

because it makes the mind more flexible, he said.

Eccles attended the workshop with committee members Tina Girdwood and Dick Collins, Superintendent Dr. Claudia L. Bach, Assistant Superintendent Marinell McGrath, world language teacher Maureen McCabe, Bancroft Assistant Principal Brenda O'Brien and School Psychologist Kerry Costello.

Everyone attending the workshop said they favor starting a world language program at the elementary level, but expect that time and money will be the biggest obstacles to doing it.

They agreed that Andover should offer a foreign language to younger students, but also that further study would have to be done on issues like how to work it into the school day, who would teach the classes, which grades would begin to study foreign language and which language to study.

While some schools offer new language lessons to elementary schoolers in 15-minute sessions, Eccles said that in his conversations with language teachers, he has heard that such a short lesson isn't worth doing.

McGrath said that adding a half hour lesson in a new subject to elementary curricula may require lengthening the school day, and would definitely require hiring teachers who specialize in a foreign language. The trick, she said, is adding the

new lessons to the curriculum without taking time away from other subjects.

"It may not be good if teachers feel students are revolving out for yet another specialist," McGrath said.

Committee member Dick Collins said he would be "violently opposed" to having classroom teachers take on lessons in world languages.

Bach said she agrees that the language should be taught by someone who can speak the language fluently with the proper accent, otherwise it would defeat the purpose.

Collins said he is concerned about keeping students in the appropriate class level, since he would expect some students to pick up on the language faster than others.

"Let's face it. In high school, it's the smarter kids who take the foreign language," Collins said.

Bach said one advantage to offering a language to very young students is that it obliterates the notion that study of a second language is only for the more highly achieving student.

"It doesn't have a whole lot to do with intelligence. It has to do with exposure," Bach said.

While foreign language is not tested in state MCAS tests yet, the Education Reform Act requires such a test be established. McGrath said the state Board of Education is expected to vote on the issue

Feb. 26, but recommends school staff focus on the kind of program they feel is right for the Andover, rather than simply whatever is mandated by the state.

"Until the state makes a decision, we need to move independently," McGrath said.

The next step is to consider a full-fledged study of the issue, and to create a time line in creating a program. Part of the study would include surveying parents about the program.

Girdwood said she has heard little to no discussion of the issue from parents, and wants more feedback.

The study is also likely to include a trip to the Glastonbury, Conn. school system, which offers four languages to students from kindergarten on.

Schools teach world languages to elementary school students in one of three ways, said McGrath. In a full immersion program, no English is spoken during the school day. In a 50/50 program, half of the subjects are taught in English and half of the subjects are taught in the foreign language.

The third method, or FLES program would be the most likely candidate for a program in Andover schools, McGrath said. The FLES (Foreign Language in Elementary School) program is recognized nationally, and usually provides a half hour of language instruction to students three to five times a week.



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# Drugs first ...

(Continued from page 1)

with 20 armed robberies, especially in a town like Andover. They're looking at considerable time, based on my experience."

Higgenbottom says the 23-year-old Langan already has served time for armed robbery, and that Ryan has faced drug-related charges. More charges seem in the cards. Departments in Reading, Wakefield, Woburn, Saugus, Stoneham, Wilmington, Winchester, and Melrose believe that Higgenbottom captured the suspects they have been looking for regarding armed robbery in their towns.

"Every time I get calls, it's from another agency that has had breaks or armed robberies that they've put by the wayside," says Higgenbottom.

Police say they Ryan made "implicating statements" and that evidence found in Langan's car could help prove he and Ryan were involved in numerous armed robberies.

For instance, police found a hood in the back seat that had come off the windbreaker Langan was wearing, says Higgenbottom. The hood was similar to one worn by someone involved in a number of armed robberies.

"There was a note found by the Reading detective. They had notes from recent robberies and (the note in the car) matched, identically, the wording of the notes used in the robberies," says Sgt. Jim Reilly. "The words were exactly the same on all the robbery notes."

"It was identical, including the words that were underlined, and the use of an exclamation point," says Higgenbottom. "If they didn't use the same get up every single time, or the same note every single time..."

"It's not a question of if they're found guilty," he says.

Police say the robberies were probably committed to buy drugs.

"(Ryan) does 10 bags a day. (Langan) was just left about \$50,000 because a grandparent died and he blew it in a month," says Reilly.

Some of the money was spent on a Lexus,

which was later exchanged for the Mercury, he says. Reilly also believes the pair were getting ready for another hit before they were arrested.

"The male had \$2 and she had change, so they were definitely going to do a robbery that day, because they had no money and no place to go," he speculates. "They were definitely due."

Reilly says Langan "only hit these places where young girls worked."

Higgenbottom says Langan motioned as if he had a concealed gun during the robberies, which is why they are being accused of armed robbery.

But while Reilly says the alleged robbers' car was "loaded to the brim with junk and filth," when police took it apart they were unable to find a weapon.

Lt. Arthur Ricci plans to recommend that Higgenbottom receive a commendation.

Higgenbottom first noticed Ryan and Langan's car traveling down River Road because it had an expired inspection sticker and a damaged door lock.

He also noticed the car matched the description of a car involved in a robbery in the Wakefield-Stoneham area, because it was a tan vehicle with a large dent on the passenger side.

Higgenbottom pulled behind the car and ran its license plate through a police computer. The computer said the plate belonged to a dark-colored Wakefield Subaru.

Ryan and Langan were driving a tan Mercury Sable.

Realizing the possibilities and know-

ing for sure the plate was stolen, Higgenbottom activated his blue lights. But Ryan and Langan would not stop, and the two led Higgenbottom up Interstate 93, into New Hampshire.

"It was not a high-speed chase. He gave us speeds of 60 m.p.h., but the vehicle would not pull over," says Ricci. Higgenbottom says that traffic kept speed below 75 m.p.h. at all times.

Finally, the two did stop their car at a weigh station near Exit 4 in Windham, N.H., he says.

"According to the people in the vehicle, they had some hero-

in in the vehicle and they wanted to use it up before they were arrested," says Ricci.

Andover police say there were four warrants for Langan's arrest and two for Ryan's.

Ryan signed a waiver that allowed her to be brought back to Massachusetts to face charges, but Langan did not. Ricci says a governor's warrant will be needed to bring him back.

"They were pretty calm for what they did," says Reilly, who followed Higgenbottom into New Hampshire. "(Langan) was just as cool as a cucumber."

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# Transportation transition causes confusion

By Rebecca Lipchitz

A change in the way elderly and disabled residents access public transportation has created a few frustrated customers, but hasn't hit any major glitches so far, administrators say.

What is now EZTrans, managed by the Merrimack Valley Regional Transportation Association, was once three separate services: Dial A Ride, Weebus curb to curb service and the Transfare cabs of Lawrence.

Since the MVRTA consolidated these services, some elderly and disabled residents have complained that they can no longer speak directly with the company that will be providing their ride.

Under EZTrans, which began operating July 1, anyone eligible for a ride from that program calls the central office from which their request is dispatched.

Susan Wood, a disabled North Andover resident, told the Townsman that scheduling a ride has become "a nightmare" and that dispatch has been unreliable.

Wood says she often has trouble getting through to schedule a ride, and sometimes only gets a voice mail recording telling callers the mailbox is full.

Kathy Urquhart, coordinator of the social day care program at the Andover Senior Center, says she has heard a few complaints from elderly residents, but not many.

"We ask seniors to bring their problems (to us) so we can advocate, but some people hesi-

tate to complain thinking they might lose the service," Urquhart says.

Urquhart says that while regional coordination of all the seniors in the Merrimack Valley who needs rides is indeed a difficult job, learning to depend on others to get around is also a difficult job.

"Imagine if you couldn't just hop in your car, but had to schedule a ride 48 hours in advance. Then imagine trying to do all that with hearing or vision problems," Urquhart says.

Andover Senior Center Outreach Coordinator Rachel S. Tabasky says she hasn't heard complaints about the service, but does expect such changes would be difficult, especially for

seniors.

Urquhart says he believes some seniors have stopped using the system simply because it was too much of an adjustment to make.

Eric Meyerson, Manager of Special Services for EZTrans, says the company coordinates 250 rides a day in Andover, North Andover, Haverhill, Methuen, Lawrence, Merrimack, Amesbury and Newburyport.

Complaints are extremely infrequent, and their three phone lines are almost always open, he says. When all the lines are busy, callers are sent to a voice mail box.

Meyerson, who took over in October after EZTrans had been operating

for three months, says problems in miscommunication that may have occurred when the program started seem to be cleared up.

"We've had very few complaints, and no major problems to deal with," he says.

Michael Bellmore of Andover Cab, one of the vendors that provides rides through EZTrans, says he hasn't heard any complaints.

Seniors who once called Andover Cab directly now have to call EZTrans, he says.

"If anything, they get a friendlier person than I," Bellmore says. "They do have to be a little more patient than they used to be," he says.

## Fire guts room in FinCom member's home

By Neil Fater

Finance Committee member Joanne Marden has more than a financial headache to handle as she recovers from a Sunday morning house fire that damaged most of her home's second floor.

"The best way I can put it is, it's a mess. The smell is pretty bad," says Marden. "But everyone got out safely and that's all that really matters."

The fire was caused by an unattended candle in the bedroom of Marden's 17-year-old daughter. Her daughter was staying downstairs with some friends

from school who had stayed overnight.

Marden says she noticed a faint smell of smoke coming from her daughter's bedroom at about 6:30 a.m. Sunday. She figured someone had just left a candle burning and she was going to blow it out.

"However when I opened the door to the room that the candle was in, there was a lot of smoke," she says.

Everyone quickly left the house, and Marden lauds the efforts of the Andover firefighters for stopping the fire. She says

she's thankful no one was hurt.

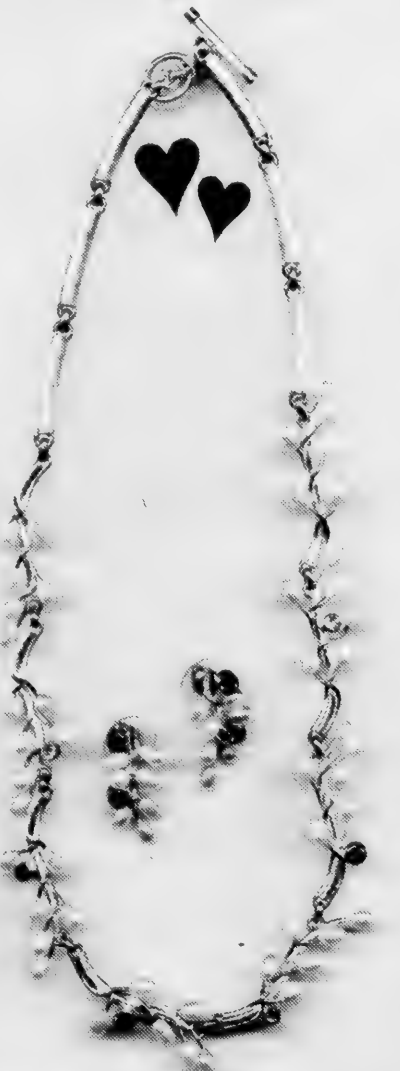
"It's just stuff. It can all be replaced," she says of the damage. "Obviously there are photos and other personal items. My daughter had all her CDs totally destroyed. It's not really the expense of replacing those things, it's 'how will you ever find all this stuff again?'"

Marden will be spending the next several weeks, if not longer, renovating her house. When a reporter called Tuesday afternoon, Marden said it was the first call that could come through since the fire damaged the phone lines there.

"The insurance adjuster just left about five minutes ago," she says. "The room that the fire was in is totally, well, toast. It's just charred. There's some water and heat damage everywhere on the second floor."

"There was a lot of damage to the bedrooms on the second floor, and obviously when you fight a fire on the second floor, the water comes downstairs," she says.

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# Arts & Entertainment

## Short cuts

Neil Fater



### Abstract thinking, and a cat

In an abstract way, North Main Street artist David Sullivan will be surrounded by some familiar subjects this month — the works of Calvin Brown.

At least Brown's works were once familiar to Sullivan, who took the then-fledgling artist under his wing about 20 years ago while Brown was attending Andover High School.

Naturally, Brown's artistry has evolved since then. He's now an abstract painter. As a result, Brown's works now will fill Sullivan's favorite gallery instead of his Andover home.

Sullivan and his wife, Camellia, will have an opening reception Saturday, Feb. 6 from 4:30 to 7:30 p.m., for Regina Granne's *Figurative Abstraction* and Brown's *Abstract Figuration* at the Genovese/Sullivan Gallery, 47 Thayer St., Boston.

The exhibit will continue through March 3. The gallery is open Tuesday through Saturday, 10:30 a.m. to 5:30 p.m.

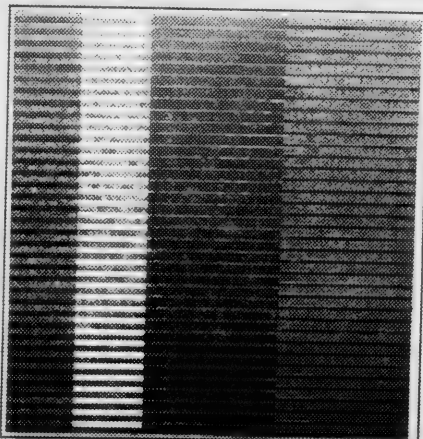
"When he was at the high school, they called me up and said they had a talented kid, and asked if I could do anything with him," says Sullivan. "We've stayed in contact since."

While Brown's style has changed considerably, being surrounded by Brown's works still should have a familiar feel for Sullivan, who remembers Brown frequently gracing his house.

"He didn't live with us, he was just always here (at Sullivan's Andover home)," says Sullivan. "If we went away, sometimes he would use our house as a studio."

Sullivan had a cat at the time, and he remembers returning home once to find the cat had influenced one of Brown's works.

"I remember he once worked a dead cat into a painting, sort of as a 'wish' painting," says Sullivan. "Luckily, it didn't come true."



Serial Plate Protection 2/6

But other dreams presumably have.

Besides being featured as an abstract painter at the Genovese/Sullivan Gallery, Brown is also the curator of drawings at Princeton, says Sullivan.

## PARTY OF THE MILLENNIUM?

By Neil Fater

Whether he's good-naturedly taking a cake to the face at his election party or booming out Christmas tunes dressed as a Santa's helper, Selectmen Brian Major has never been one to shy away from a good time. No wonder he's planning Andover's party of the millennium.

Although plans are just being formulated, Andover's Dec. 31, 2000 party looks to be different than most the other rages one might attend.

"A good party is definitely one that's non-alcoholic," says Major. "I want to see people of all ages be able to have a good time in their own way. I want it so that there aren't activities that are just focused on one group or interest."

Major pictures a big bash at the Andover High-West Middle School campus, with activities for youth at the middle school during the day, and more adult activities at the high school during the evening. He thinks it all might end with a pancake breakfast.

But the New Year's Eve 2000 party will be just the end of a year-long millennium celebration. Major has a Town Meeting warrant article asking for \$20,000, and he hopes to raise more money for the year-long party through fund raising.



File photo by Lisa Adelsberger

The millennium is coming, the millennium is coming! — And Andover is set to host a small, year-long celebration reminiscent of the much larger 1996 350th celebration that brought groups like the one above to town.

"We're looking at a series of projects that will go from the last week of this year to December of next year since the millennium is really Jan. 1, 2001," says Major.

Major has been meeting with Ted Teichert and 350th organizers Norma Gammon and Jim Doherty, and they've come up with some ideas for a different celebration they can throw every three months.

But the real work won't start until next Tuesday, Feb. 9.

That's when the town is having a 7 p.m. millennium meeting in the library. Letters have gone out to various organizations, and Major encourages anyone interested in getting involved in the celebration to attend the meeting.

The current, preliminary ideas for partying include:

- using Andover High as a base of operations for a whole week of events highlighting different cultures during the last week of 1999, when the schools are on

vacation;

- having a black-tie ball in March 2000;

- launching a festival for youth, with different schools focusing on different decades during the 1900s;

- hosting a September parade similar to the 350th parade; and

- throwing the Dec. 31, 2000 party.

But with so many people and large cities planning celebrations, why does Andover need a

## 'Be together again' for weekend events

Whether you're looking for an enchanting Friday, a jazzy weekend or are just ready to climb aboard a new hobby, this coming weekend could have just what the wizard conjured.

First, the Doherty Middle School drama club will present J.R.R. Tolkien's *The Hobbit* Friday, Feb. 5.

This enchanting evening with trolls, dwarfs, wizards, and dragons will take place at Doherty Middle School auditorium at 7 p.m.

Tickets can be purchased at Strawberry Tree, or on the evening of performance. Tickets are \$4 for adults and \$3 for children.

For more information, call Floyd McManus, principal, at 623-8750.

### Jazz it up

More mature audiences may be

interested in a jazz program.

The Phillips Academy music department will present such a program Friday, Feb. 5, at 7:30 p.m., featuring the Faculty Jazz Ensemble: pianist Bob Baughman, saxophonist Mark Pinto, bassist Vinny Monaco, and drummer Bill Reynolds. The concert will take place in Graves Hall on the corner of School and Main streets.

The program, free and open to the public, will include such jazz standards as *It's a Raggy Waltz* by Dave Brubeck, Fischer and Laine's *We'll Be Together Again*, *Samba de Orpheu* by Antonio Maria and Luiz Bonfá, a Red Garland arrangement of the traditional tune, *Billy Boy* and Dizzy Gillespie's *Salt Peanuts*.

Any inquiries regarding this performance may be made by calling the Phillips Academy music department

at 749-4263 or by e-mailing them at [music@andover.edu](mailto:music@andover.edu).

### And you thought only the Super Bowl used Roman numerals

Rail-A-Rama XXVIII, a railroading hobby show, will be held Sunday, Feb. 7, at Ramada Rolling Green, 311 Lowell St.

Admission is \$3 for adults and \$1 for children ages 5-12. All ages are welcome to this handicapped-accessible event that features vintage videos and operating modular model train layouts. The latest products, information and model trains from the mighty locomotive to the little red caboose will be available.

For more information, write Mystic Valley Railway Society, P.O. Box 365486, Hyde Park, MA 02136-0009, or call (617) 361-4445.



## 2000 celebration: A year-long point of light?

(2001 ODYSSEY continued from page 21, millennium celebration of its own?

"Andover didn't do anything at the turn of the last century, but there's an opportunity for us now — a once-in-a-lifetime opportunity — to bring some good cheer into the community," says Major.

He believes the four or five events from December 1999 to Jan. 1, 2001, will help teach people about the town and encourage community involvement in Andover politics and government.

"It's a great opportunity to spur what Andover is, and what it has been as well, and to spur what Andover will be going into the next century," he says.

The key to the success of the millennium party is to provide a variety of activities, says Major. He thinks that's what has made youth events such as Main Street Madness and the Senior Safari such a success.

"People had a good time because it wasn't just the same old, same old," he says. "I don't want the millennium celebration to be narrowly focused."

## Ongoing events around the area Mattress talk; Dive into Brooks

Laura Dunn, a sixth-grader in Andover, plays the King's friend in the Wheelock Family Theatre's production of the Broadway musical *Once Upon a Mattress* through Feb. 21.

The musical comedy (with music and lyrics by Mary Rodgers, daughter of the legendary Richard Rodgers of Rodgers and Hammerstein fame) uses the story of *The Princess and the Pea* to skewer romantic stereotypes of medieval court life and the fairy tale ideal of helpless, hapless femininity.

Princess Winnifred may be able to swim moats, lift weights,

and wrestle grown men, the musical poses the question of whether she has what it takes to pass Queen Aggravain's test of true royalty and win the hand of Prince Dauntless?

This Broadway musical launched Carol Burnett's career and was recently revived with Sarah Jessica Parker.

Laura Dunn has taken classes at WFT and performed in the theater's productions of *The Hobbit* and *Stuart Little*.

Wheelock Family Theatre at 180 The Riverway, Boston, is wheelchair accessible. Performances are Fridays at 7:30 p.m.,

Saturdays and Sundays at 3 p.m. and Feb. 16-19 at 1 p.m. Tickets are \$10-\$15. Call the box office at (617) 734-4760.

### Brooks Art Center mixes it up

The Robert Lehman Art Center at Brooks School, 1160 Great Pond Road, North Andover, is showing *Mixed Metaphors and Media*, by Richard Newman, through March 7. The Art Center is open free of charge Tuesday through Friday from 8:30 a.m. to 5 p.m., Saturday from 8:30 a.m. to noon, and Sunday from 2:30 to 5 p.m.

Call 725-6232 for more information.

### Keynote player at Phillips Academy

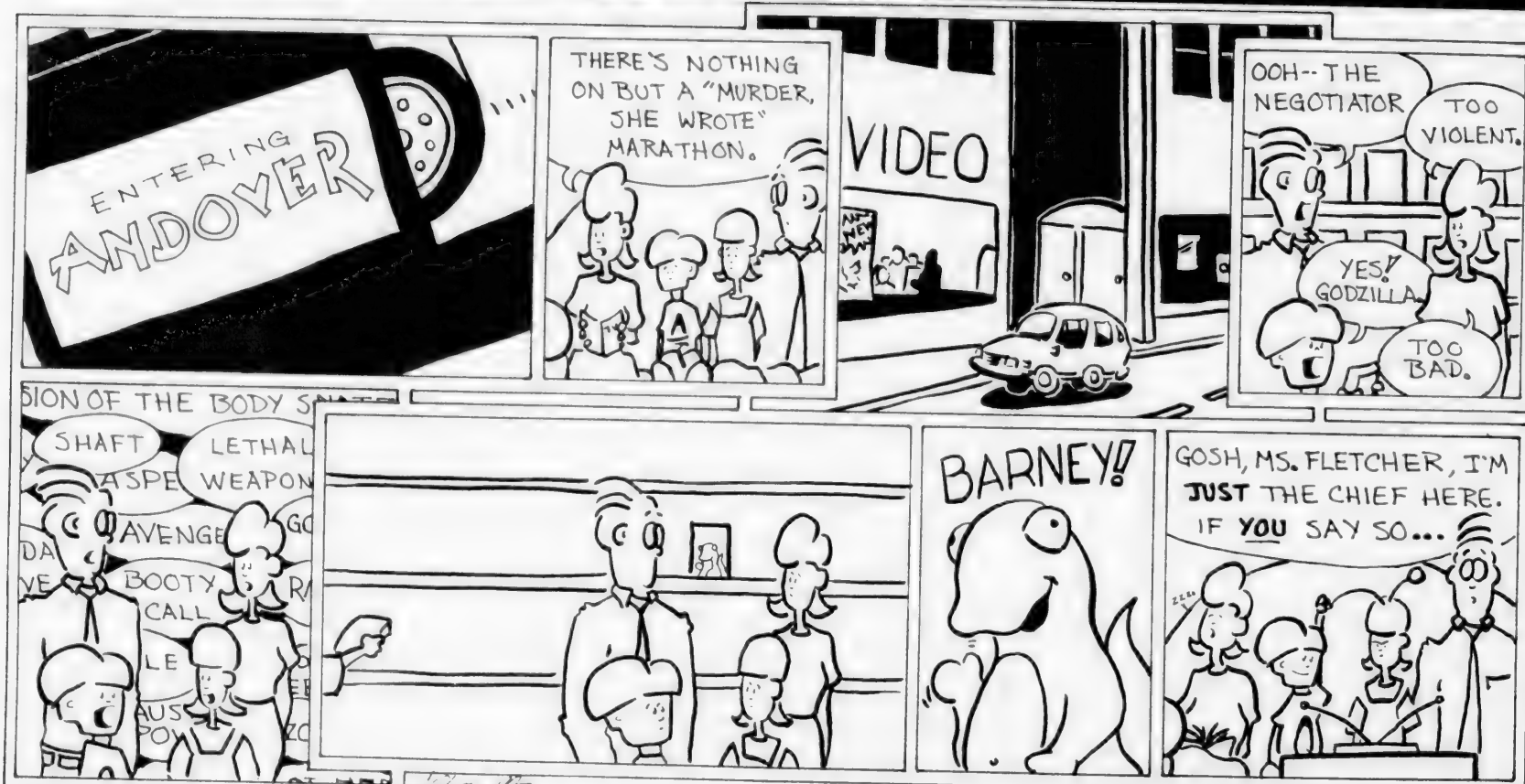
The Phillips Academy music department will present guest recitalist Ken Noda, musical assistant at the New York Metropolitan Opera, Sunday, Feb. 14 at 3 p.m.

The free program will take place in the Timken Room in PA's Graves Hall. Inquiries may be directed to the Phillips Academy music department at 749-4263 or [music@andover.edu](mailto:music@andover.edu).

## ENTERING ANDOVER

### #30

By Neil Fater and Don Mathias



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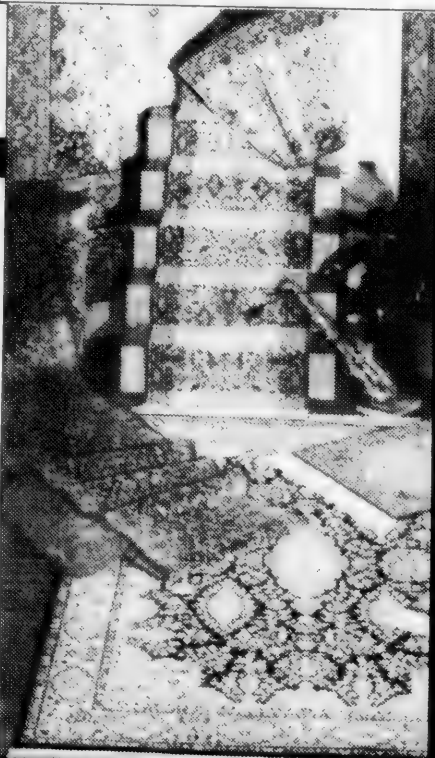
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# EVENTS CALENDAR

## THURSDAY, Feb. 4

**Best of Boston Comedy**, featuring Joe Bardetti, 8 p.m., Grill 93, River Road; 1-888-TO-LAUGH.

**Open house reception**, sponsored by Stevens Memorial Library, social-commentary paintings of Lowell artist Sergio, 6-9 p.m., Meeting Room, 345 Main St., North Andover; 688-9505.

**Weight management talk**, sponsored by Wild Harvest, 4-5 p.m., individual diet analysis by registered dietitian, 5-7 p.m., Railroad and Main streets; 749-6664.

**Public forum**, sponsored by Andover public schools, for input on short-term space needs, 7:30-9:30 p.m., School Committee Room, School Administration Building, 36 Bartlet St.

## FRIDAY, Feb. 5

**Hobbit**, presented by Doherty Middle School Drama Club, tickets available at Strawberry Tree the evening of performance, 7 p.m., \$4, \$3 children, Doherty Middle School Auditorium, Bartlet Street; 623-8750.

**Jazz concert**, sponsored by Phillips Academy music department, 7:30 p.m., Timken Room, Graves Hall, PA campus; 749-4263.

**Mountain fare ski weekend**, sponsored by Andover Chapter of Appalachian Mountain Club (AMC), nordic and alpine trails, accommodations, two breakfasts, one dinner, Waterville Valley, \$108, Larry Blood (789) 944-0929.

## SATURDAY, Feb. 6

**Proposed bylaw informational meeting**, sponsored by Andover Historical Society, open session with Eartha Dengler, chairman of ad-hoc bylaw committee, 10-11 a.m., 97 Main St.; 475-2236.



**Singing soprano – Lisa Saffer.**

**Chamber music recital, A Latin Valentine**, musical duos with international musicians including singer Lisa Saffer, sponsored by Andover Chamber Music Series, 7 p.m., \$16, \$12 seniors, students, West Parish Church, Route 133 and Shawsheen Road; 470-8874.

**Auction**, sponsored by North of Boston Convention and Visitors Bureau, of "great getaways and other good stuff," refresh-

ments, 7 p.m., silent auction, 8:30 p.m., live auction, \$5, Peabody Marriott Hotel, Centennial Drive, Peabody; (800) 742-5306 or (978) 977-7760.

**Martins Pond winter festival**, sponsored by Mar-

tins Pond Association, to benefit park improvements, ice skating, raffles, refreshments, noon-4 p.m., Clarke Park, Burroughs Road, North Reading; Lida (978) 664-0625.

**Talk**, sponsored by Wild Harvest, 4-5 p.m., registered dietitian provides a list of resources for accurate, up-to-date nutrition information, 10:30 a.m.-noon; Railroad and Main streets; 749-6664.

**Mountain fare ski weekend**, see entry under Friday, Feb. 5.

**Winter valentine concert**, sponsored by New England String Ensemble, 8 p.m., \$18, \$15 seniors, \$10 students, Christ Church, Hamilton; (978) 224-1117.

**Contra dances**, singles, beginners and children 8 and up welcome, bring instrument and join the band, sheet music provided, \$5 adults, \$3 children, \$15 family, Ipswich YMCA; Linda Goodard (978) 356-1477.

## SUNDAY, Feb. 7

**Sounds of Eastern and Central Africa**, presented by storyteller Namu Lwanga as part of UMass Lowell's Family Discovery Series, handicap accessible, 2 p.m., \$9, Durgin Hall, UMass Lowell South Campus, 35 Wilder St.; Fine Arts Box Office, 10 a.m.-noon and 1-4 p.m., Monday-Friday, (978) 934-4444.



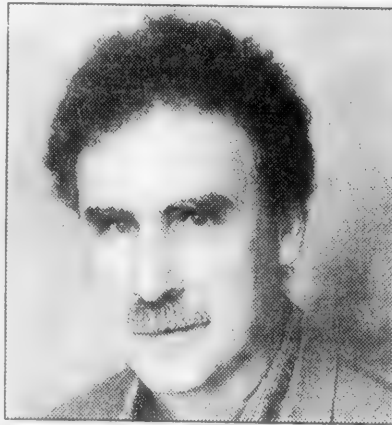
**Drumming up an audience in Lowell.**

**Comedy Palace at Grill 93**, featuring Joe Bardetti, 8 p.m., \$8 cover charge, River Road; 1-888-TO-LAUGH.

**Bridal fashion show**, sponsored by Castle Hill and Priscilla of Boston, to benefit The Trustees of Reservations, includes champagne reception, lunch, noon, \$45, Great House at Castle Hill, 290 Argilla Road, Ipswich; (978) 356-4351.

**Railroad hobby show**, sponsored by Mystic Valley Railway Society, handicap accessible, \$3, \$1 children 5-12, Ramada Rolling Green, 311 Lowell St.; (617) 361-4445.

**Winter valentine concert**, by NESE, 4 p.m., First Parish Church, Wakefield, see entry under Saturday, Feb. 6.



**Stringing you along – NESE's Donald Palma**

**Summer opportunities fair**, sponsored by Phillips Academy, for students 10-college age, 1-4 p.m., Dining Hall, Salem Street; 749-4480.

**Concert**, sponsored by Trinity Episcopal Church, traditional steel band music from West Indies and Trinidad and hymns, 3 p.m., \$12, \$6 seniors, students, 124 River Road, Topsfield; (978) 887-5570.

**African-American dance performance**, sponsored by Lowell Insti-

tute, to celebrate Black History Month, 2 p.m., Peabody Essex Museum, East India Square, Salem, Mass.; RSVP (978) 745-9500, Ext. 3111.

**Mountain fare ski weekend**, see entry under Friday, Feb. 5.

**Ski or hike**, sponsored by Andover Chapter of Appalachian Mountain Club (AMC), Merrimack River Trail, bring water and snack, meet at guard house at end of Minuteman Drive, 1:30 p.m., Fred Snell 686-3647.

## MONDAY, Feb. 8

**Meeting**, AHS Parents Advisory Council, Principal Larry Robinson will discuss scheduling survey results, 7 p.m., Media Center, Andover High School, Shawsheen Road.

**Caucus**, sponsored by Andover Democratic Town Committee, to elect delegates to Democratic State Convention, 7 p.m., registrations close promptly at 7:30, second floor, Town Offices, Bartlet Street; Norma L. Villarreal 475-4485.

## TUESDAY, Feb. 9

**Jazz concert**, sponsored by Casa Vecchia Restaurant, featuring the Victor Mendoza Latin Jazz Quartet, wheelchair accessible, 7:30-10:30 p.m., \$5 cover charge, Route 97, Salem,

(CALENDAR continued on page 24)



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# CALENDAR

(CALENDAR continued from page 23)  
N.H.; (603) 893-6553.

**Lecture**, sponsored by Merrimack College to commemorate Justice and Peace Week, author Dr. Freda Rebel-sky will speak on "Valued Aging: If Not Now, When?", 4:30 p.m. Stevens Auditorium, Cushing Hall, Merri-

mack College, junctions Routes 114 and 125, North Andover; 837-5450.

## WEDNESDAY, Feb. 10

**Meeting**, Learning in Retirement Association (LIRA), for retirees and semiretired, talk by the future of education, 10 a.m.-noon, Room 501, Fox Hall, UMass-Lowell, North Campus; 934-3135.

**Memorial lecture**, sponsored by Andover Historical Society, local his-

torian Julie Mofford will talk on "The Underground Railway: Andover and the Anti-Slavery Movement," 7:30 p.m., 97 Main St.; 470-2741.

**Seminar**, sponsored by Woodbriar Skilled Nursing & Rehabilitation, "Positive Planning for Aging - Practical advice for seniors and their families," noon-2 p.m., 90 West St., Wilmington; RSVP Dennis Sargent (978) 658-2700.

**Adult get-together**, sponsored by Jewish Family Service of the Merrimack Valley, Sisterhood of Temple Emanuel and Hadassah, dietitian will discuss healthy eating and proper nutrition, 10 a.m.; Sue Mandell 474-9056.

## THURSDAY, Feb. 11

**Meeting**, Learning in Retirement Association (LIRA), for retirees and semiretired, talk by an authority on genetic engineering, 10 a.m.-noon, Room 501, Fox Hall, UMass-Lowell, North Campus; 934-3135.

**Talk**, sponsored by Wild Harvest, Dr. Roxanne Dalco, a health educator and therapist from Harvard University, will talk on stress management for children, noon-2 p.m., Railroad Street; 749-6664.

**Seminar**, sponsored by Mom & Me, on breastfeeding, presented by Midwives of Merrimack Valley, 6:30-7:30 p.m., 93 Main St.; RSVP 470-8832.

**Lecture**, sponsored by Merrimack College to commemorate Justice and Peace Week, author Dr. Jack Levin will speak on "Aging: Alive and Living in America", 4 p.m. Cascia Hall, Merrimack College, junctions Routes 114 and 125, North Andover; 837-5450.

## FRIDAY, Feb. 12

**Java Jam**, sponsored by Andover Youth Council, acoustic acts and other talents, 7:30-11 p.m., Old Town Hall, Main Street; 623-8241.

## SATURDAY, Feb. 13

**Concert**, featuring lyricist Chuck Brodsky, 8 p.m., \$10, Crossroads Coffeehouse, North Parish Church, Academy Road, North Andover; 749-7025.



Chuck and coffee - Brodsky plays the Coffeehouse.

## SUNDAY, Feb. 14

**Snowshoe or hike**, sponsored by Andover Chapter of Appalachian Mountain Club (AMC), 1:30 p.m., Meet at parking lot of Maudsley State Park, Newburyport; Joe Pirrello (978) 521-0382.

**Moonlight ski**, sponsored by Andover Chapter of Appalachian Mountain Club (AMC) and AVIS, meet

at 6:45 p.m. at trailhead, Goldsmith Woodlands Route 28; Burt Batchellor 475-3665 days.

**Teddy bear auction**, sponsored by Wenham Museum, handmade and decorated teddy bears, to raise funds for additional museum display cases, 1 p.m., Burnham Hall, Wenham Museum, 132 Main St., Wenham.

**Concert**, sponsored by Peabody Essex Museum, featuring classical guitarist, \$10 members, \$14 non-members, 2 p.m., Phillips Library Auditorium, Peabody Essex Museum, East India Square, Salem, Mass.; (800) 745-4054, Ext. 3040 or 3011.

**Comedy Palace at the Grill 93**, featuring Tom Briscoe, see entry under Sunday, Feb. 7.

## ONGOING

### Museums and Historic Homes

**Addison Gallery of American Art**, Phillips Academy, Route 28 and Chapel Avenue, Willem de Kooning: *Drawing Seeing/Seeing Drawing*, through March 28, *Frame Work: American Pictures and Frames*; 749-4017.

**Andover Historical Society** permanent exhibit: Amos Blanchard House and Barn Museum, containing period rooms from 1820s to 1840s, with 19th-century farm and woodworking tools, library and office hours 9 a.m.-5 p.m., Tuesday-Friday, 9 a.m.-3 p.m., Saturdays, Mondays by appointment; \$4 adults, \$2 children, members free; Andover Historical Society, 97 Main St., 475-2236.

**North Andover Historical Society**, 153 Academy Road, North Andover, maintains two sites that feature museum galleries: 1789 Johnson Cottage, an artisan's home and workshop, and 1715 Parson Barnard House, depicting life from 1715-1830, permanent and changing exhibits highlight local life from the 17th- to the 20th century, library and archive, \$3 adults, \$1 children, \$2 seniors, Johnson Cottage, tours Tuesday-Friday 10 a.m.-noon and 2-4 p.m., \$5 adults for a combined tour of both properties; 686-4035.

**Lowell National Historic Park**, history of the American Industrial Revolution, guided tours of cotton and textile mills, canals, Suffolk Mill Water Power Tour, Boot Gallery, 40 Foot of John Street; Suffolk Mill Turbine Exhibit, noon-4:30 p.m.; tours include Nature of the Merrimack; Canal and River Cruise; Harnessing the Merrimack; Pawtucket Canal Tour; Working People Exhibit; Boot Cotton Mills Museum, open Monday-Saturday, 9:30 a.m.-5 p.m., Sunday, 11 a.m.-5 p.m., \$4 adults, \$2 seniors, free children 5 and under; (978) 970-5000.

**Nature of the Merrimack boat tours**, sponsored by Lowell National Historical Park, two-hour boat tour along Pawtucket Canal, through Guard Locks lock chamber onto Merrimack River, participate in water quality testing and locate schools of fish, Monday-Thursday, 10:30 a.m., Lowell National Historical Park Visitor Center, 246 Market St., Lowell; RSVP (978) 970-5000.

**Exploring Lowell**, join a ranger for a 30- to 90-minute program exploring a variety of Lowell-related topics, all tours are free, 1 p.m., Lowell National Historical Park Visitor Center, 246 Market St., Lowell; 970-5000.

**New England Quilt Museum**, *Eyewinkers, Tumblebuds and Candlebugs: The Art of Elizabeth Talford Scott*, through March 6, 10 a.m.-4 p.m. Tuesday-Saturday, noon-4 p.m. Sundays, \$4, \$3 students/senior citizens, 18 Shattuck St., Lowell; (978) 452-4207.

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Diana Brown, Boston Globe

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# CALENDAR

[CALENDAR continued from page 24]

**Robert S. Peabody Museum of Archaeology,** *Blanket Statements: A Brief History of Native American Trade*, through July, Tuesday-Saturday, noon-5 p.m., 175 Main St.; 749-4490.

**Peabody Essex Museum, Capturing Poseidon: Photographic Encounters with the Sea**, through April 11, *The Real Witchcraft Papers, Going Places in Asia, A Folk Art Sampler, Order & Elegance: Masterpieces of Federal Furniture from Coastal Massachusetts, Ancient New Englanders: Bullbrook*, all ongoing, Monday-Saturday 10 a.m.-5 p.m.; Sunday noon-5 p.m. \$8.50 adults, \$7.50 seniors, students, \$5 children ages 6-16, free, children 5 and under, \$20 family rate, Phillips Library, Monday, Tuesday, Wednesday, Friday, 10 a.m.-5 p.m.; Thursday 1-8 p.m. Liberty and Essex streets, Salem; (978) 745-9500 or (800) 745-4054.

**Custom House Maritime Museum**, Monday-Saturday 10 a.m.-4 p.m., Sunday, 1-4 p.m. closed Wednesday afternoons, \$3 adults, \$2 seniors and children ages 5-17, members free, operated by Newburyport Maritime Society, 25 Water St., Newburyport; Cynthia Novotny (978) 462-8681.

**Cushing House Museum**, 98 High St., Newburyport, *Generations of Newburyport Silversmiths*, a chronology of 18th- and 19th-century silver as exemplified through distinguished Newburyport artisans, \$4, members free; (978) 462-2681.

**Wenham Museum**, A display of Black dolls from the museum's doll collection, in celebration of Black History month, gallery walk through exhibit, Tuesday, Feb. 2, 10 a.m., Tuesday-Sunday, 10 a.m.-4 p.m., \$4, \$3.50 seniors, \$2 children 3 and over, 132 Main St. (Route 1A), Wenham; (978) 468-2377.

## Art Exhibitions

**Essex Art Center**, paintings by Stephen LaPierre

## TOWNSMAN TEASER SOLUTION to January 28 teaser



**Q:** Even bald town department heads fear them, at budget time.

**A:** Buzz cuts.

(Buzz Stapczynski is the Andover town manager.)

**About the teaser:** All teasers are Andover-related and contain a pun. New teaser next week.

and sculpture by Jack Welch, through Feb. 5, Tuesday-Thursday, 10 a.m.-6 p.m., Friday, 10 a.m.-5 p.m., Saturday, 10 a.m.-2 p.m., 56 Island St., Lawrence; 685-2343.

**Robert Lehman Art Center, Mixed Metaphors and Media**, through March 7, Tuesday-Friday, 8:30 a.m.-5 p.m., Saturday, 8:30 a.m.-noon, Sunday, 2:30-5 p.m., Brooks School, 1160 Great Pond Road, North Andover; 725-6232.

**Senior Center artists**, talented artists participate in

art classes and enjoy the "drop-in group" on Wednesday and Thursday mornings, art display of oils, watercolors, pencil, pen and ink, pastels and oriental brush art is in the Music Room; Andover Senior Center, Whittier Court, 623-8321.

**Vertu Fine Art Gallery, Carnival and Sky**, photograph exhibit, and Mill #1, The Tannery, 50 Water St., Newburyport; (978) 462-3735.

**Brush Art Gallery, Dreamweavers: Symbolist Tendencies in Contemporary New England Art**, through Feb. 7, *Landscape: Views & Visions*, Feb. 14-April 11, wheelchair accessible, Tuesday-Saturday 11 a.m.-4 p.m., Sunday noon-4 p.m., 256 Market St., Lowell; (978) 459-7819.

## Theatre

**Arcadia**, comedy of two sets of characters separated in time by 185 years, through Feb. 14, Thursdays, 7 p.m., Fridays, Saturdays, 8 p.m., Sundays, 3 p.m., \$10-\$22, Persephone Theatre, Firehouse Center for the Arts, Market Square, Newburyport; (978) 462-7336.

**I Do I Do**, a romantic musical that celebrates a 50-year marriage, through Feb. 14, Thursday-Saturday, 7 p.m. dinner, 8:30 show, Sunday dinner 5 p.m., show 6:30 p.m. show-only \$10.50-\$12.50, dinner-show, \$20-\$29, Amesbury Playhouse, 194 Main St., Amesbury; (978) 388-9444.

**Love Letters**, Feb. 5-14, *How the Other Half Loves*, Feb. 19-March 7, Friday-Saturday dinner 6:15 p.m., show 8:30 p.m., Sunday matinee dinner noon, show 2 p.m., \$18.95-\$25.95, reserva-

tions required, Giordano's Starlight Dinner Theatre, Route 97, Georgetown; (978) 352-7300, or in MA only, 800-287-PLAY

**Once Upon a Mattress**, musical comedy, through Feb. 21, Fridays, 7:30 p.m., Saturdays and Sundays, 3 p.m., Feb. 16-19, 1 p.m., \$10-\$15, Wheelock Family Theatre, 180 The Riverway, Boston; (617) 734-4760.



**Dunn performing - Laura taking stage at Wheelock.**

**Twelve Angry Men**, a jury room drama, presented by Merrimack Repertory Theatre, Wednesday-Sunday, Feb. 17-March 7, \$18-\$31, 50 E. Merrimack St., Lowell; (978) 454-3926.

Tell us about the Arts section. Send e-mail to [nfater@andover-townsmen.com](mailto:nfater@andover-townsmen.com), or write to Neil Fater at 33 Chestnut St., Andover.

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# Living

## Seminars for new moms offered

A breastfeeding information seminar will be held at Mom & Me Maternity, 93 Main St., Thursday, Feb. 11, from 6:30 to 7:30 p.m. Midwives of Merrimack Valley will discuss nursing basics, choices for working moms, nursing multiple babies, and will answer audience questions.

Mom & Me will also host "Choices in Child Care," a one-day seminar that focuses on selecting a child-care provider, with emphasis on choosing a nanny, finding a babysitter, in-home child care, and child-care centers. The free seminar will be presented Wednesday, Feb. 24, from 6:30 to 8 p.m., at 93 Main St. by New England Childcare Consultants.

Reservations are required for both evenings as space is limited. RSVP to 470-8832.

## Historical Society to give its 19th annual Memorial Lecture on Wednesday

The Andover Historical Society will hold its 19th annual Memorial Lecture on Wednesday, Feb. 10, at 7:30 p.m. in its Meeting Room Gallery. Local historian

Julie Mofford will present "The Underground Railway: Andover and the Anti-Slavery Movement."

The Historical Society established the Memorial Fund in 1980 to recognize its deceased members and friends who have supported the efforts of this organization. Traditionally these individuals are acknowledged during the Memorial Lecture and their names are inscribed in the Remembrance Book.

This Memorial Lecture is presented in memory of Irving Rogers Jr., Rhoda Zussman, Edith Cady, John Crouch Jr., Arthur Peatman, John Lewis, Harry Axelrod, Edith Sweeney and Elizabeth Schwind.

The Andover Historical Society invites the public to attend the Memorial Lecture, sponsored by its Memorial Fund.

## 'Welcome to Parenthood' series to start

Home Health VNA and Letourneau's Pharmacy are co-sponsoring a "Welcome to Parenthood" series Feb. 25-June 24. The sessions will focus on several aspects of parenthood including infant CPR, childhood safety, infant massage, growth and development and breastfeeding.

The sessions are designed to assist new parents to prepare for the changes that are approaching them. All sessions are held on Thursdays from 10-11:30 a.m., at Letourneau's Pharmacy, 349 N. Main St.

The following sessions have been scheduled:

Feb. 25: Infant CPR

March 11: Childhood Safety

March 25: Ears and Infants: What to Look For

April 8: A Visit to the Pediatrician

April 22: Infant Massage

May 6: Happy Mother's Day: Our Expectation, Our Reality

May 20: Growth and Development

June 10: Breastfeeding: Questions and Answers

June 24: Summer Fun with Your Baby

For more information and to make reservations, call Letourneau's Pharmacy at 475-7779. Infants in arms are welcome.

Home Health VNA is a not-for-profit United Way member agency affiliated with HomeCare Inc. and Merrimack Valley Hospice.

The agencies serve more than 50 communities in Southern New Hampshire, Northeastern Massachusetts and the Merrimack Valley.

# NEWS FOR SENIORS

By Pat Becker

Here are some of the activities planned at the Andover Senior Center.

## Friday forum

Candace Gregorian, a registered pharmacist, will present a program on "Don't Mix and Match Your Medications" Friday, Feb. 12, at 9:30 a.m. She will show a video and discuss issues on medications and

their interactions with other medications, herbal supplements, such as melatonin and St. John's Wort, and over-the-counter drugs. Seniors wishing a private consultation with a pharmacist regarding current medications should call the center to make an appointment for the "brown bag pharmacy," which will follow the presentation.

## Sunday brunch

A Sunday brunch will be held Feb. 14 from 9:30 a.m. to noon. Tickets are available at the center for \$4. Advance reservations are required. Families are welcome.

## Rhode Island flower show

The center will sponsor a trip to the Rhode Island flower show Thursday, Feb. 18. Renowned English horticulturist and author Rosemary

Verey, who has designed gardens for Prince Charles and Elton John, will speak each day. Cost of the trip is \$22. Sign up at the front desk.

## Peace and justice week

Merrimack College and the Senior Center will join forces for a peace and justice week Feb. 8-12. The week will feature visits to college classes, speakers and dinner, ecumeni-

cal prayer service in keeping with the Year of the Older Person theme as declared by the United Nations and a call to action. Seniors who are interested in participating should call Pat at the center.

## Creative cooking

Sign up for this month's creative cooking class for new ideas for winter appetizers.

(Continued on page 37)

ALL THOSE YEARS AGO: 27 • BIRTHS: 27 • OBITUARIES: 28 • RELIGION: 29

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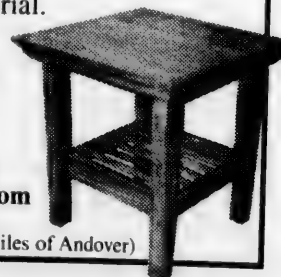
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# ALL THOSE YEARS AGO

## 100 years ago

Electric lights are being placed in the Boston & Maine railroad station.

The Sons of Veterans assembly will be held in G.A.R. Hall, Wednesday evening, Feb. 1.

Former pupils who wish to join the Punchard Alumni Association can do so at the annual meeting tonight.

Master Willie Jovett entertained ten of his young friends at his father's home on High Street this afternoon, from 4 to 6.

An enjoyable whist party was held last night at the home of Mr. and Mrs. Frank E. Gleason.

Andover colony U.O.P.F. held a box party in Pilgrim Hall last evening.

A.E. Branch has been elected president of the senior class at Williams.

The new board track at Phillips has been completed by Richardson & Pitman.

Tickets for the North Andover Burns Club can be obtained of Mrs. Carmichael William Hadon and Charles McDermitt.

Mrs. Newell E. Wood and family of South Lawrence have been visiting relatives in West Andover.

\*\*\*

The relay race between Andover and Exeter at the B.A.A. games, Feb. 18, is arousing much interest in the two schools. It will be the first time the old rivals have met in that way. Each team will consist of four men and each man will run 300 yards. The B.A.A. offers a prize to the winning team.

\*\*\*

A movement is on to establish a district court at Lawrence which will include Methuen, Andover, and North Andover and consequently abolish the courts in all the towns. The Lawrence Bar Association has endorsed the matter and the necessary legislation will be asked for.

\*\*\*

Last Monday morning the horses attached to one of B.F. Holt's ice wagons bolted and, in their wild careening, ran into the grounds of Abbot Academy, upsetting the wagon, which was full of ice. The horses broke loose and continued down School Street but were soon stopped. The damage done to the trees on the grounds and the wagon was considerable.

## 50 years ago

Members of the Andover Fire Department have filed with the selectmen an article to be inserted in the town warrant asking that their work week be established to 56 hours. The present hours for firemen are 70 per week. This is the second time the firemen have sought to have their hours reduced. Last year they had a referendum question on the ballot at the town election asking that the hours be reduced from 70 to 48 per week. This question lost by a vote of: Yes, 1,000; no, 2,545. There were 304 blanks. Instead of the proposal being placed before the voters at the town election it will now go to a vote of the town meeting by the placing of the article in the town warrant.

\*\*\*

What are you going to do to celebrate Washington's birthday? Attend the country dance to be held Tuesday evening, Feb. 22, at the Peabody House on Phillips Street, for the benefit of the Andover Historical Society. The dancing hours are from 8:30 to 11:30 p.m. Joe Perkins, accompanied by his orchestra, will be the announcer. Punch will be served. This party will take the place of the usual get-together held at the Historical Society House, 97 Main St., and everyone is invited to attend. Tickets are \$1.20 each, including tax, and may be obtained at the Historical Society

House, 97 Main St.

\*\*\*

Russell H. Berthel, 172 Elm St., and Warren A. Maddox, River Road, were appointed to the police force by the selectmen Monday night. The appointments are subject to the approval of the civil service commission. The appointments are to fill vacancies in the reserve force, which up to the present has had only two members. In returning names to the selectmen for appointment, the civil service commission increased the reserve list to five, but the present appointments fill only four of the positions.

## 25 years ago

The selectmen had some

optimistic news for local taxpayers this week. In a statement issued following their work session on Monday night, concerned primarily with budget review, the board cautiously indicated a stabilized tax rate for 1974. The statement read, "We are aiming at a stabilization of the tax rate. We feel confident that this can be accomplished." While the statement was short and no figures were available, there is indication that the selectmen have asked the town manager to exercise a sharp cleaver on the annual budget, to be presented to town meeting in April. The board also indicates that anticipated revenues from the state will be increased in some areas, thus aiding in reducing tax rate

impact. The selectmen are following the action set by the school committee in their budget deliberations which resulted in what they refer to as a no-tax increase budget. The school department will also be gaining for the town an increase in state receipts this year. Two new accounts approved by the state legislature will be of financial benefit to the town, both dealing with the highway department and will aid the tax situation in Andover.

\*\*\*

An eight-week undercover investigation at Andover High led to the arrest of four juveniles and one adult on drug charges last Wednesday. While the details were sketchy, in order not to prej-

(Continued on page 37)

## BIRTHS

**deLEMONS** - A daughter, Clara Mae, born to Marc and Wendy (Van Valkenburg) deLemos of 30 Cuba St. on Jan. 19 at Holy Family Hospital and Medical Center in Methuen. Grandparents are Carol and Glenn Van Valkenburg of Hinsdale, N.H., and Miles and Georgie deLemos of Lancaster, Pa. Cara has a sister, Emily Rose, and a brother, Benjamin Paul.

**HAM** - A son, Trevor Andrew, born to Christopher and Mary-Beth (Morin) Ham of Ayer on Jan. 21 at Lawrence General Hos-

pital. Grandparents are William and Mary Ann Morin of North Andover and William and Patricia Ham of Andover. Trevor has a brother, Colby.

**HOLDEN** - Twin daughters, Carolyn Davis and Katherine Winslow, born to Seth and Janice Holden of 14 Chester St., Ballardvale, on Jan. 15 at Lawrence General Hospital. Grandparents are Barbara and Dick Moody of Sunset Rock Road and Virginia Holden of Hopkinton. The twins have a sister, Jessica Kildahl.



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# OBITUARIES

## Candace Bachner

**Popular 30-year teacher began several cancer walk-a-thons**

Candace (Wolfson) Bachner, 52, of Tyngsboro, died Tuesday, Jan. 26, after a four-year battle with ovarian cancer.

Mrs. Bachner was born in Brooklyn, N.Y., and attended Cornell University for two years before she received a bachelor's degree from Queens College in New York City. She later received a master's degree in education from Queens College.

The former Andover resident was a teacher for more than 30 years. She was currently teaching kindergarten at Sanborn Elementary School, where she taught for 18 years.

Mrs. Bachner was a member of Massachusetts Audubon Society, Earth Watch, National Science Teachers Organization and Massachusetts Teachers Association.

She began several cancer walk-a-thons, including the Step by Step event in 1996 that drew hundreds of students. Mrs. Bachner was named Regional Teacher of the Year in 1998 by Chadwick's of Boston, one of four winners out of 2,400 nominees.

Members of her family include her daughter, Tara W. Bachner of Medford; son, Rhett Bachner of Sherman Oaks, Calif.; mother, Frances (Citronbaum) Wolfson; brother, Jeffrey Wolfson of New York City; partner of 10 years, Thomas Honeycutt of Tyngsboro; and several nieces, nephews and cousins.

A memorial service was held Friday in Cochran Chapel at Phillips

Academy.

Arrangements were by O'Donnell Funeral Home in Lowell.

Memorial contributions may be made to Dana Farber Cancer Institute, Candace Bachner Fund, 1309 Beacon St., Brookline, MA 02446.

## Dr. Charles H. Black Jr.

**Longtime Andover resident practiced dentistry here**

Dr. Charles H. Black Jr., 77, of Pensacola, Fla., died Friday, Jan. 15.

Dr. Black was born Jan. 26, 1921, the son of Charles and Susie Hale Black. He was raised in Wilmington and graduated from Boston University and Tufts School of Dental Medicine.

He was a lieutenant commander in the U.S. Navy.

The longtime Andover resident practiced dentistry in Andover, Reading and Wilmington. After he retired, he moved to Florida where he taught dental technicians and hygienists at Pensacola Junior College.

Members of his family include his former wife, Betty Dorsey of Bradenton, Fla.; daughters and sons-in-law, Nancy and Jeff Ayres of South Weymouth, Lynn and Brad Reed of Boca Raton, Fla.; and Ann and Neil Cheney of Auburndale; son and daughter-in-law, Charles and Anette of Vienna, Austria; and six grandchildren.

Private services will be held at a later date.

Memorial contributions may be made to the charity of one's choice.

## Florence M. Brooks

**Formerly of Andover**

Florence M. Brooks, 74, of Derry, N.H., died Friday, Jan. 29, at home after a brief illness.

Mrs. Brooks was born in Andover. The former Andover resident had lived in Derry for the past 50 years.

She was a member of the American Legion Post 9 Ladies Auxiliary and a communicant of St. Thomas Aquinas Church.

Mrs. Brooks enjoyed reading, doing puzzles and playing bocce with her family.

Members of her family include her husband, Russell E. Brooks Sr. of Derry; children, Janis Motoh of California and Linda Stultz, Elaine Curroni, Joan Santos, Charles Brooks and Russell E. Brooks Jr., all of Derry; sisters, Mary Eldred and Louise Roberge, both of Andover; brothers, Fred Eldred of North Andover, Richard Eldred of Andover and James Eldred of Methuen; seven grandchildren; one great-grandchild; and many nieces, nephews and cousins.

She was the daughter of the late Hugh and Mary (Cronin) Eldred Sr., sister of the late Thomas Eldred, William Eldred and Hugh Eldred Jr.; and grandmother of the late Mary Motoh.

A Mass of Christian Burial was celebrated Tuesday at St. Thomas Aquinas Parish. Burial was in Forest Hill Cemetery in East Derry, N.H.

Arrangements were by Peabody Funeral Home in Derry.

Memorial contributions may be

(Continued on page 29)

Candace Bachner, 52  
Irene Bernard, 90  
Dr. Charles H. Black Jr., 77  
Florence M. Brooks, 74  
J. Spencer DeNapoli  
Charlotte Kulaga  
Harold E. Lane, 85  
Barbara J. Maccaron, 69  
Peter E. Peck, 56  
Jessie Samuels, 80  
Helen Selima, 80  
Dorothy A. Shimkus, 77  
Helen L. Wilson, 79  
Lena Zappala, 91

## Deaths Elsewhere

**BERNARD** - Irene (Desruisseau) Bernard, 90, of Lawrence died after a short illness Sunday, Jan. 31, at Mary Immaculate Restorative Center.

Members of her family include her daughter, Theresa Locke of Andover.

**KULAGA** - Charlotte Kulaga of Lawrence died Thursday, Jan. 28, at Holy Family Hospital and Medical Center in Methuen.

Members of her family include her brother, Frederick Kulaga of Andover.

**LANE** - Harold E. Lane, 85, of Laconia, N.H., died Saturday, Jan. 23.

The former North Andover resident had many friends and associates at Phillips Academy.

**SELIMA** - Helen (Kuzemchak) Selima of Montgomery died Sunday, Jan. 31, at Noble Hospital in Westfield.

Members of her family include her son, Walter Selima Jr. of Andover.

**WILSON** - Helen L. (McKinley) Wilson, 79, of Methuen died Wednesday, Jan. 27, at Nevins Center in Methuen.

Mrs. Wilson was a supervisor with the Internal Revenue Service in Andover for 15 years prior to her retirement in 1981.

Members of her family include her daughter, Nancy M. Wilson of Andover.

**ZAPPALA** - Lena (Mambro) Zappala, 91, of Lawrence died Sunday at Academy Manor Nursing Home.

Members of her family include her son, Fred Zappala of Andover.

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# OBITUARIES

## Florence M. Brooks

(Continued from page 28)

made to Rockingham VNA-Hospice, 137 Epping Road, Exeter, NH 03833.

## Peter E. Peck Was president of Shawsheen Printing

Peter E. Peck, 56, of Andover died Wednesday, Jan. 27, at Lawrence General Hospital.

Mr. Peck was born in Boston. He was a graduate of Acton Boxborough Regional High and Rutgers University in New Jersey.

He was a captain in the U.S. Air Force for 10 years, before, during and after the Vietnam War.

Mr. Peck was president of Shawsheen Printing Inc. and on the board of directors for the Printing Industries of New England.

He attended New England Bible Church.

He enjoyed reading, computers and summers at the beach.

Members of his family include his wife, Joanne R. (Flynn) Peck; daughter, Jennifer Peck; and son, Patrick Peck, all of Andover; sister, Nancy Lee of Bartlesville, Okla.; and several nieces and nephews.

He was the son of the late Arthur L. and Frances (Lawrence) Peck and brother of the late Lawrence Brook Peck.

A memorial service will be held Saturday, Feb. 13, at 2 p.m. at New England Bible Church.

Private burial services will be held at a later date.

Memorial contributions may be made to The Lawrence General Hospital Foundation, 1 General St., Lawrence, MA 01841; or to New England Bible Church, 60 Chandler Road, Andover 01810.

## J. Spencer DeNapoli Certified Microsoft technician; attended Andover schools

J. Spencer DeNapoli of Boston died from complications of lymphoma Monday, Jan. 25, at Boston Medical Center.

Mr. DeNapoli attended

Andover schools and was a graduate of Austin Prep in Reading. He received a bachelor degree in business and information systems from University of Massachusetts Lowell. The certified Microsoft technician was taking advanced classes at Boston University.

Members of his family include his parents, Dr. Jorge H. DeNapoli and Dolores I. (Boudreau) DeNapoli of Amesbury; children, Jeanne, DeNapoli, Spencer DeNapoli and Stephan DeNapoli of Lawrence; brother, Jorge Alan DeNapoli of Warren, Vt.; sisters Deirdre Dunn of North Andover and her husband, Dr. Peter Dunn, and Melissa DeNapoli of Waitsfield, Vt.; and several aunts, uncles, cousins, nieces and nephews.

A funeral Mass was celebrated Friday at St. Michael's Church in North Andover. Burial was in West Parish Cemetery.

Arrangements were by Dewhirst and Conte Funeral Home in North Andover.

Memorial contributions may be made to Le Centre Marie-Leonie-Paradis, 1820, Rue Galt Ouest, Sherbrooke, Quebec, Canada, J1K 1H9.

## Barbara J. Maccaron Worked at UMass Lowell for 42 years

Barbara J. Maccaron, 69, died from kidney and heart failure Thursday, Jan. 28, at Reed's Landing Skilled Nursing Center in Springfield.

Ms. Maccaron was born in Lawrence. She was a graduate of Saint Mary's Grammar and High schools and Burdett College in Boston.

Ms. Maccaron had lived in Methuen for 42 years before moving to Andover and then to Springfield in 1998.

She was an administrative assistant, an Associate Life Chancellor for University Life, and a secretary to the dean of students at University of Massachusetts Lowell for 42 years before she retired in 1991.

A communicant of Saint Mary's Church in Lawrence, Ms. Maccaron had served on the its Board of Friends, was past president of Saint Mary's Alumnae Association and committee member of its Christmas fair for many years.

She was a member of the Italian Women's Club, Lawrence Ladies Lodge of the

Sons of Italy and National Secretaries Association and was an adviser to the national sorority, Alpha Sigma Tau at UMass Lowell. Ms. Maccaron was honored by Gov. William Weld in 1992 at the Massachusetts Pride in Performance ceremony in Boston and by fellow administrators, faculty and students at the University of Lowell where State Sen. James P. Jajuga presented her with a citation for her "service, loyalty and professionalism in higher public education."

Members of her family include her cousins, Morrison and Jean Ferrier of Ludlow, aunts, Felicia Cappuchi of Lawrence and Doris Lowe of Apopka, Fla.; and several other cousins.

She was the daughter of the late Alfred and Margaret (Lowe) Maccaron.

A funeral Mass was celebrated Saturday in Saint Mary's Church in Lawrence. Burial was in Elmwood Cemetery in Methuen.

Arrangements were by John Breen Memorial Funeral Home Inc. in Lawrence.

Memorial contributions may be made to Friends of Saint Mary's Church, 205 Hampshire St., Lawrence, MA 01841; or to Sisters of Notre Dame, 30 Jeffries Neck Road, Ipswich, MA 01938.

## Jessie Samuels Well known realtor in Reading; was an avid horticulturist

Jessie (MacLaren) Samuels, 80, of Andover died after a long illness Friday, Jan. 29, at Woodbriar of Wilmington.

Mrs. Samuels was born in Boston and raised in Winthrop. She was a graduate of Winthrop High and Portia Law School.

Mrs. Samuels lived in Reading for more than 40 years before she moved to Andover.

She was a well-known realtor in Reading and worked for Bjorkman & Mann Realty until she retired five years ago.

The avid horticulturist was a life member of Hadassah, a former member of Sisterhood Temple of Wakefield, and a member of Eastern Star.

Members of her family include her son and daughter-in-law, Donald and Gerri-Ann McGillicuddy Samuels of Reading and Wayne and Valerie Samuels of Andover; brother, Donald MacLaren of Michigan; and seven grandchildren.

She was the widow of

Charles Samuels.

Services were held Monday at Temple Emanuel. Internment was in Sudilkov Cemetery in Everett.

Arrangements were by Goldman-Fisher Funeral Chapel in Malden.

Condolence calls may be made at the home of Mr. and Mrs. Wayne Samuels, 50 Rocky Hill Road, through Thursday, Feb. 4.

Memorial contributions may be made to the charity of one's choice.

## Dorothy A. Shimkus Was a licensed practical nurse for 53 years

Dorothy A. Shimkus, 77, of Andover died Sunday, Jan. 31, at home after a long illness.

The Tewksbury Hospital School of Nursing graduate worked at Tewksbury Hospital as a licensed practical nurse for 53 years before she retired in 1995.

Mrs. Shimkus was a former Tewksbury resident and a communicant of St. William Parish in Tewksbury.

The avid bowler was a league member at Brunswick Lanes in Lowell for many years.

Members of her family include her sons, James P. Shimkus of Tewksbury and friend, Marilyn Record, and C. Dennis of Texas; daughters and sons-in-law, Anne and John Hampson of Arizona and Linda and Robert Proctor of Andover; brothers, William Marsh of Londonderry, N.H., and Robert Marsh of Tewksbury; sister, Dorothy Tisdell of California; eight grandchildren; and four great-grandchildren.

She was the widow of John P. Shimkus, who died in 1980.

A funeral Mass was held Wednesday in St. William Church. Burial was in Tewksbury Cemetery.

Arrangements were by Tewksbury Funeral Home.

Memorial contributions may be made to Merrimack Valley VNA Hospice, 2 Dundee Park, Andover 01810; or to Saints Memorial Medical Center, Oncology Dept., Hospital Drive, Lowell, MA 01852.

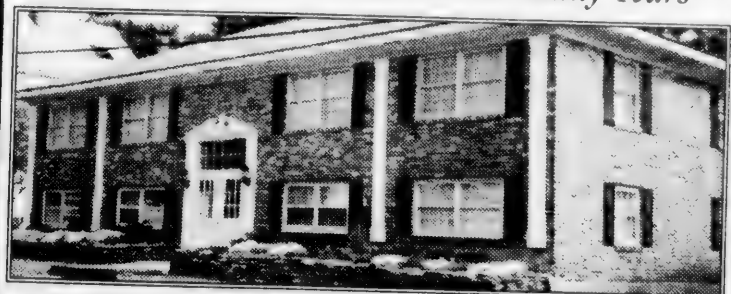
## RELIGION NEWS

### Congregation celebrates new prayer books

Congregation Tifereth Israel in Andover has recently purchased new prayer books (Siddurim), replacing their current prayer books with the latest edition of *The United Synagogue of Conservative Judaism's Prayer Book*, Siddur Sim Shalom. This new prayer book is different because of its gender-sensitive language in prayers, its home ritual section, and its inclusion of brief commentaries at the bottom of pages to explain prayers and their meanings. The Prayer Book also includes writings and poetry by Rabbi Harold Kushner (author of, among other books, *When Bad*) (Continued on page 38)

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# Business

## Business briefs ...

### O'Donnell promoted at Medford Co-operative



John M. O'Donnell

Robert H. Surabian, president and CEO of Medford Co-operative Bank, has announced that John M. O'Donnell of Andover has been promoted to senior vice president and commercial loan officer. O'Donnell has been with Medford Co-operative since September 1996, and has more than 20 years of commercial banking experience.

He is leading the operation of the bank's new office in Lexington, and will act as head liaison to the community's commercial clients.

O'Donnell is an active member of the Lexington Rotary Club and Lexington Chamber of Commerce. He and his wife, Michele, have two children, Zachary and Caroline.

### Avella named regional governor of Soroptimist Intl.



Frances Arvella

At the 35th Biennial Convention of Soroptimist International, held in New York, N.Y., Patricia Daniels, immediate past president, installed Frances Avella of Andover as governor of the Northeastern Region.

Avella is a graduate of the Gifford Memorial Hospital School of Nursing in Randolph,

Vt. She received a B.S. in nursing and M.A. in nursing education from Columbia University in New York. She became director of the St. Luke's Hospital School of Nursing in New York City after teaching there several years. Most recently she was executive director of the Hale Hospital Foundation in Haverhill. Currently she is on the staff of Dr. Phyllis N. Spieler in Andover.

Soroptimist International of the Americas is part of the world's largest classified service organization for executive and professional women. Headquartered in Philadelphia, SIA has more than 50,000 members in 1,500 clubs in 21 countries. In addition to supporting international projects, Soroptimist clubs accomplish service goals based on individual community need. The Northeastern Region, comprised of clubs in New England and Nova Scotia, Canada, has as its main service projects Breast Cancer Awareness, domestic violence and literacy.

Avella has served as governor-elect, secretary, and member at large of the Northeastern Region. Locally she was secretary and

## Daher expands from autos to food

If Charles Daher's current business track record is any predictor of future success, the new restaurant he has planned at One Mill St. in Lawrence should be packed as soon as it opens at the dawn of the new millennium.

A Lawrence native who has lived in Andover for the past 12 years, Daher bought a defunct auto dealership on Marston Street, Lawrence, in 1991. Eight years later, Commonwealth Motors is a multi-million-dollar operation, and one of the biggest and most successful dealerships in the region, selling Honda, Chevrolet, Isuzu and Kia vehicles.

Daher, brother of downtown Andover shoe merchant John Daher, expanded his operation into Plaistow, N.H. in 1996, and has begun a \$5-million addition to his Lawrence operation this year. He plans to have 115,000 square feet of space on the 14.5-acre site, and increase employment there from 170 to 250.

But he apparently still has time on his hands, because Daher announced last week that he plans to get into the restaurant business as well, by transforming the former American Woolen Co. headquarters at One Mill St. into a three-story restaurant, bistro and function hall that can accommodate 250 patrons.

The project cost is estimated at \$1.5 million, including the acquisition of the building. The renovated structure will have 20,000 square feet of floor space and employ 60 to 70 part- and full-time workers, with preference given to Lawrence residents.

Daher says he is still working on a name for the restaurant, but that it will have something of a New Orleans flavor.

"The bistro on the first floor will be a casual, fun-type atmosphere. Then the second floor will be fine dining, on a scale with Boston's better restaurants, and then the third floor will be

president of the Haverhill/Merrimack Valley club. Avella will represent the Northeastern Region as governor at the XVI International Convention to be held in Helsinki, Finland, in 1999.

### Dewhirst earns funeral consultant title

Richard C. Dewhirst, funeral director at Charles F. Dewhirst Funeral Homes of Andover and Methuen, has earned the title of certified preplanning consultant (CPC) from the Funeral Service Educational Foundation, after completing the nationally recognized certification program and passing the CPC examination.

The foundation, formerly known as the National Foundation of Funeral Service,

is dedicated to enhancing public understanding and advancing professionalism in funeral service through education and research. The foundation is headquartered near Milwaukee.

The CPC program was launched in 1995, in response to a growing need to establish a standardized advanced training and certification program for pre-need consultants. Participation in the program offers consultants the opportunity to enhance their knowledge, expertise, and



Richard Dewhirst



Photo by Lisa Adelsberger

### Rebirth — Andover's Charles Daher plans to make the building at One Mill St. into a place for fine dining, functions and fun.

the function hall," he says.

Daher says there is no question that there is a market for what he is proposing. "I have three daughters," he says, "and they all go to the Platter. If you drive by there on a Thursday night, there are 75 to 100 people waiting to get in. So there is a need for people like me, in the next age bracket. We get tired of going to Boston all the time."

The existing building is something of an historic structure. Built in 1900 as the headquarters for American Woolen Co., one of the country's largest manufacturers of carded wool and worsted cloths in the early part of the century, it was the office and payroll site for employees until 1955. It was also said to be a favorite target of striking workers during the Bread and Roses Strike of 1912.

The company's president, William Wood, built the residential community of Shawsheen Village in Andover

for company executives. That area is now being proposed as an historic district.

American Woolen closed in 1955, during the decline of the wool-processing industry, and since the building has housed various businesses and agencies, including the Arlington Trust Co. and the state Department of Welfare's divisional offices.

One Mill St. is now part of the North Canal Historic District, designated by the U.S. National Park Service, and is a proposed National Labor History site.

Daher and his wife, Elizabeth, have four children. Melissa, 23, works for him at Commonwealth Motors; Kimberly, 21, is a senior at Emerson College; Allison, 20, is a sophomore at Salve Regina in Rhode Island; and Charles III, 17, is a senior at Andover High.

— Taylor Armerding

customer service skills against a standardized national examining process.

### MediaOne announces grant program

MediaOne of Andover has announced the COOL Awards for Outstanding Educators, and invited teachers from kindergarten through 12th grade and school administrators in the MediaOne service area to apply for the grants.

The competition, part of MediaOne's Community Outreach and Online Learning (COOL) program, is designed to encourage educators to work as teams to develop classroom applications for video and Internet technologies.

(Continued on page 32)



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## Professional Profile



## Andover Acupuncturist Kathleen Petteruti

**KATHLEEN PETTERUTI** a local resident has been practicing acupuncture at 52 Main St Andover for the last 3 years. Her practice is called **TCM ACUPUNCTURE**, TCM standing for Traditional Chinese Medicine.

What makes Kathleen different from other acupuncturists? She is very intuitive and uses her intuitive abilities in her practice. The yin and yang philosophy is used to understand pathology of the body, but she says being intuitive is very advantageous with diagnosis, treatment and healing. She is also a very concerned person and after the first visit she will call the patient

during the week to ask how the treatment made them feel. Kathleen says, "I love what I do, I am very grateful to be in such an exciting field and at the same time to be helping people."

Kathleen treats a wide range of ailments such as, chronic pain due to any cause, stress, depression, fatigue, headaches, PMS, menopausal symptoms such as night sweats, hot flashes, anxiety, also allergies, nausea, impotence, irritable bowel, and symptoms associated with diseases such as lupus, MS, etc..

Kathleen is a graduate of New England School of Acupuncture.

She is licensed by the Massachusetts Board of Medicine and she is also Board Certified by the National Certification Commission for Acupuncture and Oriental Medicine.

In addition to her private practice she works with the Andover Holistic Center which offers: acupuncture, massage, psychic counseling/healing, rebirthing and shiatsu and is also located at 52 Main St.

You may reach **KATHLEEN PETTERUTI** Lic. Ac. at **TCM ACUPUNCTURE**, located at 52 Main St Andover. Telephone: 978-474-9928. 2/4/99

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# BUSINESS

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project is and how effectively it incorporates media resources and technology, such as Cable in the Classroom programming, video production, distance learning and high-speed Internet access;

- **Leadership:** How likely the project is to be successfully applied in the school, and whether it can be replicated in other schools in that district;

- **Participation:** Whether the team's composition reflects the diversity of the community and whether the team's project gives community members a chance to learn how to use technology;

- **Outcomes:** What effect the project will have on technology-based learning in the school or school district.

The deadline for returning COOL Award applications to MediaOne is

March 20. For more information or to obtain an application, call 1-800-871-6852.

## Mainly for Men shop to open Feb. 13

Three Andover businessmen announce the Feb. 13 opening of their new consignment shop, Mainly for Men, at 68 Park St. ("Partners launch 'toy shop for boys of all ages,'" *Townsmen*, Jan. 21).

Bob Frishman, David Rodger and Ned Williams are combining their lifelong professional interests in books, clocks, antiques, art and outdoor activities.

Williams said the idea developed when he realized that most consignment shops catered to women and children. "Why not one carrying mainly men's items? This is not to say we won't have items that women will be interested in, but the emphasis of the shop will not be on clothes."

"Our stock," says Rodger, "will focus on fun and useful previously owned items for men of all ages, such as hand and power tools, old clocks, watches, early mechanical and scientific items, toys, models, crafts, musical items, maps and prints, fishing and hunting items, plus anything else a guy might like."

"We each have longtime experiences of living and doing business in Andover," says Frishman, "so we look forward to bringing old and new friends to the shop for buying and consigning."

Consignments are accepted at the shop every Saturday, beginning Jan. 16, from 10 a.m. to 4 p.m. Home visits can be arranged for pickup.



**Giving leader —** John DiGaetano of First Essex Bank, Andover (right), poses with Karen Poirier, United Way campaign manager for the greater Lawrence area (left) and Christine Morency. First Essex contributed \$56,350, with a 20 percent participation increase. Other giving leaders included Shaw's Supermarket Distribution Center, with a contribution of \$28,321, and Minco Development, with a gift of \$1,215. The annual campaign supports 122 programs provided by 54 health and human service organizations in the Merrimack Valley and Southern New Hampshire including the Lawrence Boys & Girls Club, Boy and Girl Scout programs, YMCAs & YWCAs, Catholic Charities, Family Service Inc. and the Red Cross.

The public is invited to Mainly for Men's opening Saturday, Feb. 13, for coffee, cookies and browsing. For more information, call David Rodger at 475-1645.



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# Sports

## Andover High roundup

# Girls varsity gymnasts, skiers and both basketball teams in title hunt

By Rick Harrison

The Andover High girls gymnastics team moved into a first-place tie in Division 1 of the Merrimack Valley Conference with three big wins over the past week.

The AHS boys basketball team fell back into a first-place tie when rampaging Lowell pinned a 60-54 defeat on the locals three days after their dramatic victory over Central Catholic.

Central then turned around and hammered Lowell Tuesday night, riding a 61-point second half to a lopsided 86-52 win, while Andover belted Tewksbury 71-31 as Tom McLaughlin poured through 37 points.

Those results left Andover, Central and Haverhill in a virtual three-way tie for first in MVC Division 1.

The AHS girls hoop team was thrust back into the thick of the MVC Division 1 title chase when the Lady Warriors kept winning and Haverhill knocked off Methuen.

The AHS girls track team had its conference title hopes dealt a severe blow with a tough 46-40 loss to Chelmsford in a meet that came down to the final race — again.

Both Golden Warriors' alpine ski teams are winning consistently, the girls (8-1 record) earning a berth in the State Team Championships later this month while the boys (9-4) are also challenging for a spot.

\*\*\*

Recent individual highlights for AHS athletes included freshman gymnast Becky Hass' school-record 9.4 score in floor exercise against Wilmington, and the continued dominance of the North Shore Ski League by Andover's talented alpine racer Tim Witman.

## GIRLS BASKETBALL

Victories over Chelmsford (41-32) and Dracut (66-41) stretched the Lady Warriors win streak through four games and kept their MVC Division 1 title hopes flickering.

Coach Jim Tildsley's crew improved to 13-4 overall, including 8-3 in league play, as they remain mathematically in contention with Haverhill and Methuen.

What heightens the interest is that Andover's final two games are against those archrivals, next Tuesday night at Haverhill and the following Tuesday night (Feb. 16) at home versus Methuen.

The Hillies currently have only one league loss while Methuen has two.

Before tackling the two behemoths, the Lady Warriors must get past a very young and injury-depleted Lowell team (5-11) tomorrow night at the Dunn Gymnasium (7:30 p.m.).

### Scoring leaders

Janice Coppolino leads the way through 17 games with 179

points, while Lindsey Pearson has 158 and Lisa Tisbert 142.

Michelle Danis boasts 103 points, Shannon Sweeney 100, Megan Pinksten 86 and Kristen Swoboda 79.

### Andover 66

#### Dracut 41

This one was supposed to be tougher, especially on the road, but the Lady Warriors came through with one of their best all-around efforts of the season.

"I was really concerned about Dracut," said coach Tildsley. "They've played well this season and are the kind of team you really have to watch out for."

"But we've come a long way offensively and we executed extremely well. We rebounded tough, played strong defense and only had three turnovers."

"Dracut didn't press us. I couldn't believe it. You have to press us to have any chance of winning," said Tildsley.

Capt. Janice Coppolino scored the first seven points of the game as the Lady Warriors bolted to a 7-0 lead.

It was 31-16 by halftime and the Mid-dies (9-5) never made a serious run in the second half.

Coppolino led 10 AHS players into the scoring column with a game-high 15 points, along with 10 rebounds and three steals.

Michelle Danis and Lindsey Pearson netted 13 points each, Danis adding eight boards and Pearson four assists.

Megan Pinksten contributed six points and eight rebounds, while Shannon Sweeney had four points and five assists.

Kaitlin Dargan and Jessie DeFrancisco had four points each, Lisa Tisbert nailed a trifecta and single field goals were notched by Kristen Swoboda and Jill Oppenheim.

"We held them to 11 baskets and that's pretty solid defense," said Tildsley.

Tina Graham sparked Dracut with

14 points, six rebounds and three assists, while Jen Fontaine had 10 points and three steals.

Andover has now held opponents to 45 or fewer points in 14 games, while the 66 points were the second most (67 versus Masconomet Regional).

### Andover 41

#### Chelmsford 32

The Lady Warriors avenged their 50-46 loss to Chelmsford on Dec. 18 with this hard-fought victory in a tug-of-war defensive battle at the Dunn Gym.

The grind-it-out physical struggle was far from an artistic success, but the 'W' was crucial for Andover in terms of staying in the MVC Division 1 title race.

Lindsey Pearson hit her head twice during the action, once when she flipped over a Chelmsford player's back. But the junior guard hung in tough and finished as the game's co-high scorer.

"We have to be very careful with Lindsey because she's had head and back injuries recently," said coach Tildsley. "She showed a lot of courage coming back after both whacks and playing just as hard."

Andover led 22-12 at the half, but pesky Chelmsford chipped away after the break and cut the difference to two points, 34-32, with three minutes left.

The locals turned the defense up a couple notches at this point, holding the Lions scoreless while closing out the game with a 7-0 run.

"(Kristen) Swoboda scored six of our final seven points and had a big offensive put-back that gave us a four-point lead," said Tildsley.

Swoboda finished with 10 points, eight rebounds, two steals and two blocked shots.

Pearson also had 10 points along with nine rebounds, three assists and three steals.

Lisa Tisbert contributed seven points, four assists and four steals, while Janice Coppolino produced six points, a game-high 13 rebounds and four assists.

"Janice also did an outstanding defensive job on (Chelmsford top scorer) Lis Drake, holding her to eight points. That was important," said Tildsley.

Completing the winners' attack with four points each were Shannon Sweeney and Megan Pinksten.

Andover again struggled at the free throw line where it converted only 3-of-14 shots.

Drake and Meredyth Merrill netted eight points each and Dani Incropera added seven for the Lions (6-8 record).

### EARLIER GAMES

#### Andover 65

#### Notre Dame Academy 26

The host Lancers, who are winless this season, were no match for the Lady Warriors, who galloped to a 42-12 halftime lead and then cruised to the MVC inter-division victory.

Ten AHS players con-

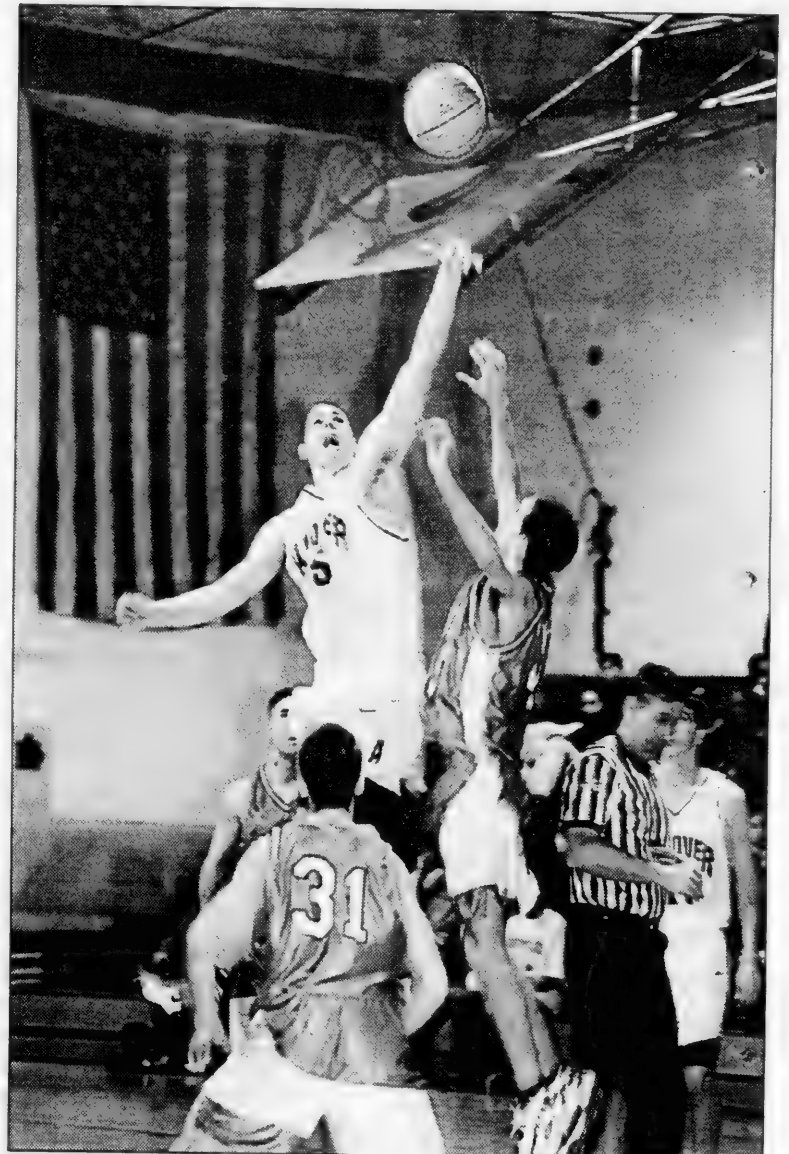


Photo by Lisa Adelsberger

After stunning Central Catholic last week, then losing at Lowell, the Andover High boys varsity basketball team was glad to be back home Tuesday night. The Golden Warriors, improving to 11-4 overall and 8-2 league, bounced back with an easy 71-31 win over MVC inter-division opponent Tewksbury on Tuesday night. Here Paul Wosocki goes up for a jump ball in the first half against Tewksbury.

tributed to the offense, Janice Coppolino leading the way with 19 points and Lisa Tisbert close behind with 16.

Lindsey Pearson added seven points, Michelle Danis and Megan Pinksten six each and Jill Oppenheim four.

Completing the attack with one field goal apiece were Shannon Sweeney, Kaitlin Dargan and Jessie DeFrancisco, while Leah Spire netted a free throw.

Tanya Maskaluk was top scorer for NDA with eight points.

It marked the fifth time this season the Lady Warriors have held a team below 30 points.

### Andover 54

#### Bishop Fenwick 37

The host Crusaders threw up a zone defense in their small gym, trying to make Andover lose its patience. But the Lady Warriors didn't rush.

"We ran our zone offense well and only had 10 turnovers," said Tildsley.

The locals opened a 33-21 halftime lead, and never let the advantage slip below double figures in the second half of the win that clinched the tourney berth.

The Crusaders, blown out by AHS 61-26 on Jan. 2, kept this one respectable with a 16-2 scoring edge at the free throw line.

"With three minutes left in the first half the fouls were 9-0 in Fenwick's favor," said coach Tildsley. "It's tough enough playing in their band box gym, but we only went to the line nine times in the entire game."

Lindsey Pearson's season-high 19 points, her second straight game with nine field goals (including a three-pointer), led the way.

"Lindsey understands her role in the offense better," said Tildsley. "She's getting more involved and looking for her shot more."

Capt. Janice Coppolino added 12 points and 12 rebounds, while Lisa Tisbert contributed eight points, seven assists and four steals.

Freshman six-footer Megan Pinksten delivered seven points and nine boards, while junior forward Michelle Danis netted four points.

Freshman forward Kristen Swoboda had a basket, as did freshman guard Katie Kramer before injuring her right shoulder in the second half.

"Kaitlin Dargan came into the game for Kramer and did an excellent job defensively," said Tildsley.

Kramer, who collided with a Fenwick player on a layup, wasn't expected to be sidelined long.

(Continued on page 34)

## ANDOVER SCORING

### GIRLS BASKETBALL (17 games)

	FG	FT	Pts
Janice Coppolino	80	19	179
Lindsey Pearson	71	14	158
Lisa Tisbert	57	18	142
Michelle Danis	39	25	103
Shannon Sweeney	43	14	100
Megan Pinksten	35	16	86
Kristen Swoboda	31	17	79
Katie Kramer	10	10	30
Leah Spire	7	1	15
Kaitlin Dargan	5	4	14
Jill Oppenheim	6	1	13
Jessie DeFrancisco	6	1	13

3-pointers: Lisa Tisbert 10, Lindsey Pearson 2.



# AHS ROUNDUP

(Continued from page 33)

## Methuen 61 Andover 49

The Rangers, in their first game following a one-point loss to Central Catholic, came out firing on their home court and bolted to a commanding 18-3 lead.

Andover weathered the early storm and slowly began chipping away at the deficit, trimming the difference to six points by halftime (28-22).

"We got it down to four points about six times in the second half, but we couldn't get over the hump," said Tildsley. "Methuen is a beatable team and I think we'll get them at our place."

"It was one of the toughest games I've experienced as a coach in Andover," continued Tildsley. "It was so frustrating — and heartbreaking because we could have won."

"We turned the ball over 32 times and were outscored 21-4 from the free throw line, but with five minutes to play we were still in the game."

Enabling the Lady Warriors to stay close was an outstanding shooting night from the floor. Andover hit 22-of-41 field goal attempts, a sizzling 54 percent, but went to the free throw line 21 fewer times than Methuen.

AHS finished with a 22-20 edge in field goals, but converted only 4-of-10 free throws to Methuen's 21-for-31.

"Our kids were psyched they hung in with Methuen," said Tildsley. "But we have enough experience now to want more. Our girls have to realize we can beat that team."

"The past few years we've had no trouble winning big games in the opponent's gym. This group is still learning how to do that."

Lindsey Pearson was the only AHS player in twin digits with 18 points, and she also had eight rebounds and four assists.

Janice Coppolino tossed in nine points, while Shannon Sweeney had six points, seven rebounds and five assists.

Lisa Tisbert netted six points, Katie Kramer and Kristen Swoboda four each, and Megan Pinksten had eight rebounds to go with two points.

The Rangers, playing without injured Jillian Middlemiss (sprained ankle), showed a balanced attack as Katherine Curry pocketed 19 points, Lisa Golobski 13, Hillary Glynn 11, Laura Curry 10 and Amy Johnson eight.

## BOYS BASKETBALL

The exhilaration of last week's 57-54 breakthrough victory over Central Catholic lasted about 72 hours for the Andover High boys varsity basketball team.

Three days later the improving Lowell High hoop team had a breakthrough game of its own, beating the locals 60-54 at the Riddick Memorial Field House's John Abraham Gym.

The Golden Warriors, improving to 11-4 overall and 8-2 league, bounced back with an easy 71-31 win over MVC inter-division opponent Tewksbury on Tuesday night.

### Schedule

Division 1 North Tournament qualifier Andover travels to play dangerous Dracut (9-6) tomorrow night at Dracut High (7:30 p.m.).

Next week, the locals must not overlook Tuesday opponent Methuen (home game) as they prepare for a huge showdown at Haverhill on Friday night (both games at 7:30).

### Scoring leaders

Tom McLaughlin has 335 points through 15 games (22.3 average), including 44 three-pointers, while Paul Wysocki has 228 points and Brian Anderson 91.

## Andover 71 Tewksbury 31

The Redmen, whose top player Roger Brasil is out injured (24.8 ppg average), were no match for the host Golden Warriors.

Ten players contributed to the attack as Andover raced to a commanding 39-19 halftime lead and held Tewksbury to 12 second-half points.

Tom McLaughlin outscored Tewksbury in the first half, with 25 points, and for the game with 37 points.

No one else hit double digits for AHS, as Rob Bolway (season-high), Paul Wysocki and Dave Cordima were next in line with six points each.

Pat Murnane and Chris Demko tossed in four points apiece, and completing the offense with a bucket each were Brad Stubenhaus, Mark Rocca, Paul Bellacqua and Brian Anderson.

Don Mulligan netted a team-high 12 points and Jim Sullivan added nine for the Redmen.

The 71 points matched Andover's second highest total for the season, sur-

passed only by the 80 scored in an overtime win against Lowell.

The 31 points allowed were the fewest this season and the 40-point margin of victory was the widest in 15 games.

## Lowell 60 Andover 54

The Red Raiders (10-5, 8-3 league) qualified for the Division 1 North Tournament while avenging an 80-74 double-overtime loss to Andover on Jan. 8 at the Dunn Gym.

Lowell played intense defense all night, concentrating on sweet-shooting AHS stand-out sophomore Tom McLaughlin, who hit only 2-of-9 shots.

McLaughlin rarely was able to get to his favorite spots on the floor, as Lowell's swarming man-to-man defense contested every pass and shot.

Bruising Golden Warriors' pivotman Paul Wysocki, who burned Lowell for 37 points in their first meeting, was also forced to work hard for everything he got in the way of points and rebounds.

The Red Raiders jumped to an early 11-5 lead behind Bob Michalczyk, who scored three straight hoops. Marcus Wilson later nailed a pair of long trifectas as the Lowell lead extended to double figures, 31-21, by halftime.

Wysocki, held to four points in the first half, got untracked after the break as Andover climbed back into contention.

Four minutes into the half he produced a momentum-swinging monster slam-dunk, and a McLaughlin field goal a short time later trimmed the AHS deficit to 41-39 with eight minutes remaining.

Lowell's Julio Otero answered with a three-pointer from the top of the key, however, and AHS never got closer than four points the rest of the way.

Lowell built the lead back to 10 points, 53-43, before an 8-2 Andover run made it 55-51 with less than a minute to play.

Andover's trapping defense had the Red Raiders scrambling, but a wide-open Otero delivered the final crushing blow with a three-pointer from the left baseline as the shot clock expired.

Wysocki finished with a team-high 15 points, while Capt. Brian Anderson and McLaughlin also hit double figures at 14 and 10 points respectively.

Mark Rocca tossed in six points, Dave Cordima five and Pat Murnane

## ANDOVER SCORING BOYS BASKETBALL (15 games)

	FG	FT	Pts
Tom McLaughlin	106	79	335
Paul Wysocki	85	58	228
Brian Anderson	37	17	91
Brad Stubenhaus	28	12	74
Mark Rocca	16	18	54
Dave Cordima	20	7	51
Chris Demko	13	12	38
Paul Bellacqua	10	13	34
Pat Murnane	12	10	34
Rob Bolway	4	0	8
Matt Brooks	1	1	3
Dan Karahalios	1	1	3

**3-pointers:** Tom McLaughlin 44; Brad Stubenhaus 6; Dave Cordima 4; Mark Rocca 4; Paul Bellacqua 1.

first-year head coach Tom Busta. "Everyone stepped it up a notch. Boys captain Nick Kline came back from a shoulder injury (suffered in practice) and was a sparkplug. Tim Witman is the No. 1 boys skier in the league, while on the girls side Lisa Tylus, Monica Everett, Anna Vining and Brittany Traynor have all come through with strong performances at key times."

### Andover boys sweep

The Golden Warriors slipped past Austin Prep, 74-61, and slugged Methuen, 111-24, earlier this week at Bradford Hill.

Tim Witman had the fastest time on the hill for all league meets that day, posting a 20.23 clocking as he placed first against both opponents.

Mike Macomber (21.27) was second against Methuen and third against Austin, while Christian Sempere (21.74) finished third and fifth.

Justin Roy (22.67) took a fifth and eighth place, Ben Davis (22.76) a sixth and ninth, Greg Roy (22.84) a seventh and 11th.

Dave Crandall (23.06) eighth and 13th, Ryan Hayes (23.15) placed 10th and 14th, and Nick Kline (23.18) was 11th and 15th.

Also placing versus Methuen were Bob Rawlinson (12th, 24.39), Matt Jaracz (13th, 24.44) and Luke Larsen (15th, 25.05).

### Andover girls sweep

The Lady Warriors rolled to lopsided wins over Haverhill, 114-21, and Methuen, 120-15.

Sweeping the top four places against both opponents were individual race winner Lisa Tylus (24.90), Monica Everett (27.01), Brittany Traynor (27.24) and Anna Vining (27.45).

Also placing top 10 versus both teams were Christine Sherry (27.58), Beth Schapira (27.85), Sherri Conrad (28.24), Jessica Moody (28.41) and Erin Zuena (28.71).

Tina Jette (11th, 29.45), Lisa Sawin (13th, 29.94) and Libby Driscoll (15th, 30.18) completed the AHS scorers.

### Andover girls 90 North Andover 45

Sweeping the top four places in the meet that clinched the State berth were winner Lisa Tylus (21.43), Monica Everett (21.65), Sherri Conrad (21.74) and Anna Vining (22.23).

## ALPINE SKIING

Andover High alpine skiing reached some lofty heights this week as the girls team posted three wins and the boys won three of four meets, including a big upset of Masconomet Regional.

The Lady Warriors' 90-45 triumph over North Andover qualified them for the State Team Championships on Feb. 24 at Berkshire East in Charlemont.

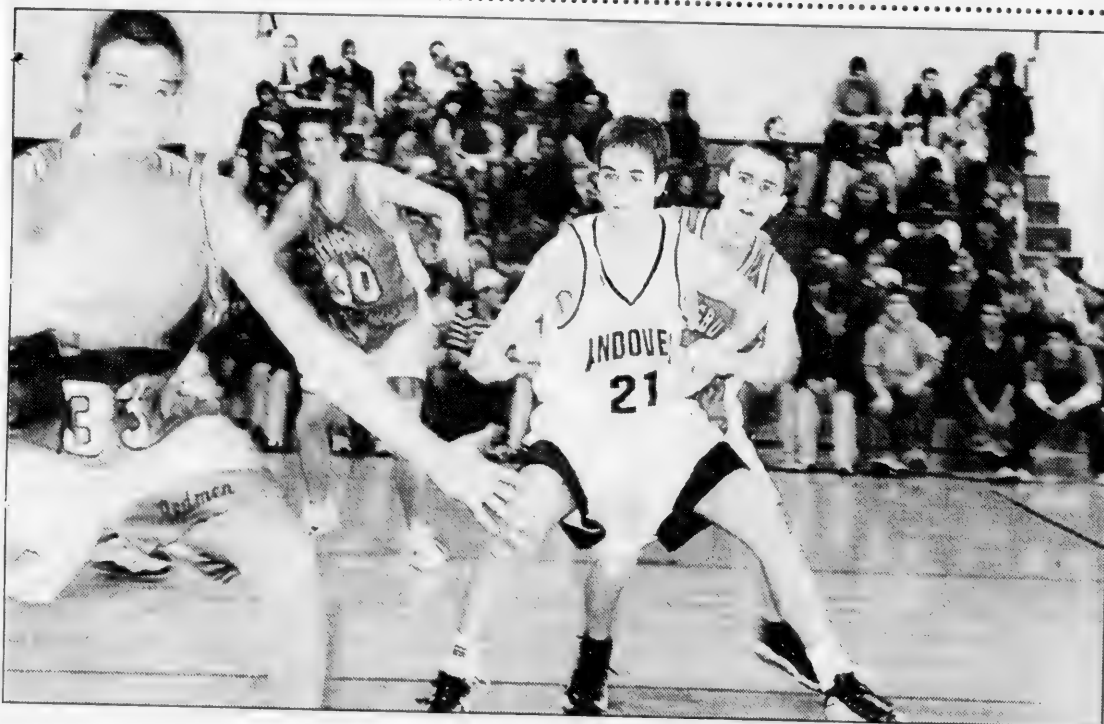
It is the first time in eight years an AHS girls ski team has earned a state berth.

Furthermore, if the boys defeated North Andover in their regular season finale yesterday they also qualified for States.

The AHS girls can grab a share of the North Shore League title, along with Masconomet Regional, by defeating North Andover in the makeup of a meet rained out on Tuesday. No date has been set for the makeup.

The Andover boys are 9-4 overall and the AHS girls are 8-1.

"It was a great week for us," said



Photos by Lisa Adelsberger

Tom McLaughlin (No. 21) keeps his eye on the ball. McLaughlin outscored the whole Tewksbury team in the first half, with 25 points, and in the game, with 37 points.



Tom McLaughlin takes it over the top against Tewksbury. He now has 335 points through 15 games, averaging 22.3 points per game.



# AHS ROUNDUP

Also scoring were Brittany Traynor (7th, 22.63), Christine Sherry (8th, 22.77), Jessica Moody (9th, 23.26), Beth Schapira (14th, 23.62) and Erin Zuena (15th, 23.69).

## EARLIER MEETS

### Andover boys split

The locals bowed to undefeated NSL leader St. John's Prep, 80-55, but posted a big 72-63 upset win over Masconomet Regional to remain in a tight fight with North Andover for second place.

The win over Masco avenged a tough 69-66 loss earlier this season.

Tim Witman again finished first against both opponents in 19.60, the fastest time on the hill, while other top 10 racers were Mike Macomber (21.63) and Christian Sempere (21.64) who were fifth and sixth versus both teams.

Other top AHS times were contributed by Nick Kline (22.42), Ryan Hayes (22.44), Justin Roy (22.95), Dave Crandall and Greg Roy who tied for 12th place (23.25), and Bob Rawlinson (23.90).

### North Andover 78

### Andover boys 57

Tim Witman once again finished first overall with a swift 18.83 clocking on a fast course, but North Andover grabbed five of the next six places and continued on for the crucial victory.

"This was a tough loss for us," said coach Busta. "With captain Kline out, and Christian Sempere going down at the second-to-last gate (two of the top five skiers), we were out of the race in a big hurry."

Mike Macomber finished fifth with a 20.77 time, while other AHS scorers were Justin Roy (8th, 21.06), Greg Roy (9th, 21.23), Dave Crandall (10th, 21.43) and Ben Davis (12th, 21.75).

### Andover boys sweep

The Golden Warriors edged Austin Prep of Reading, 72-63, and blasted Methuen, 108-27.

Tim Witman placed first in the race with a 21.06 clocking.

Sweeping the top five spots against Methuen were Christian Sempere (2nd, 22.45), Mike Macomber (3rd, 22.48), Greg Roy (4th, 22.95) and Ben Davis (5th, 23.27).

Sempere was also 5th, Macomber 6th, Roy 8th and Davis 9th against Austin.

Nick Kline (23.38) was 7th versus Methuen and 11th versus Austin prior to his injury.

Dave Crandall (23.77) placed 9th against Methuen and 12th against Austin, while Ryan Hayes (23.85) was 10th and 14th and Matt Jaracz (24.16) finished 11th and 15th.

Also placing versus Methuen were Luke Larson (14th, 24.69) and Ted Delnoccantis (15th, 24.85).

### Andover girls

The Lady Warriors split a tri-meet with Bishop Fenwick of Peabody and Masconomet Regional of Topsfield, blasting Fenwick 120-15 and bowing 80-55 to Masco.

Andover swept the first four places versus Fenwick with Lisa Tylus (21.85), Sherrie Conrad (23.47), Monica Everett (23.49) and Christine Sherry (23.98). Brittany Traynor finished 6th (24.64) and Beth Schapira 7th (15.04).

Those six were also the placewinners versus Masco with Tylus 2nd, Conrad 5th, Everett 6th, Sherry 8th, Traynor 11th and Schapira 15th.

Also scoring against Fenwick were Courtney Conlon (8th, 25.58), Jessica Moody (9th, 25.67), Erin Zuena (10th, 25.81), Lisa Sawin (11th, 25.83), Allison St. Jean (12th, 26.42), Laura Schrader (13th, 27.13) and Katie Weaver (15th, 27.49).

## INDOOR TRACK

It's become an all-too-familiar scenario in Andover/Chelmsford girls

indoor dual track meets.

The rivals battle to the wire and the meet is invariably decided in the final 4x400 relay.

This year was no different, as the Lady Warriors entered the last race trailing 41-40 and needing a win to pull out the meet.

Unfortunately for the locals, Chelmsford's Katie Walsh opened a big lead on the second leg and the Lions went on to win the race by three-quarters of a lap to clinch their 46-40 triumph at Lowell High's Riddick Memorial Fieldhouse.

Both teams were unbeaten in Merrimack Valley Conference Division 1 entering the showdown, and the victory clinched at least a tie for a fifth straight dual meet championship for Chelmsford.

The AHS boys also lost a close 47-39 decision to Chelmsford, although the Lions had this one clinched before the relay.

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In other recent MVC duals, Andover split with Central Catholic as the girls rolled to a 49 1/2 to 36 1/2 victory and the boys dropped a 51-35 decision to the perennially-powerful Raiders at the AHS Field House.

The Lady Warriors' loss to Chelmsford snapped a four-meet win streak and left them at 4-2 overall, while the AHS boys have lost three straight and dropped to 2-3.

## Schedule

Both Andover teams return to the oval this afternoon with MVC dual meet finales against Lowell at the Riddick Field House (3:30).

Next Monday, Andover hosts intra-town archrival Phillips Academy in non-league action (3:45 p.m.).

The annual State Class B Meet is Saturday, Feb. 13 at the Reggie Lewis Track Center in Roxbury (2:30 p.m.).

## Chelmsford 46

### Andover girls 40

This is the fifth time in the last seven years this meet has been decided by the relay.

AHS had four first-place finishes from senior sprinter and Capt. Chidinma Ibe in the 50-yard dash (6.6), senior two-miler and Capt. Kristen Munson (12:41.8), junior high jumper Liz Connors (4'10") and sophomore shot putter Ogechi Ibe (30'5").

Andover runners-up were sophomore hurdler Stephanie Pierce (7.9), junior sprinter Julie Marvin (300 dash, 43.1), junior Allison Corey (600 run, 1:49.5), senior two-miler and Capt. Pam Muller (13:03.1), and sophomore Emily Pfeil in both the mile (5:56.5) and high jump (4'8").

Rounding out the scorers in third were senior hurdler Judy Huang (8.2), senior Shannon Callahan-Higgins (300 dash, 43.2) and freshman Lindsey Durkin (1000 run, 3:10.2).

Caitlin Klick paced Chelmsford with a first in the mile (5:54.1), tie for second in the high jump, and she also ran the anchor leg on the relay which finished in 4:32.2.

Katie Walsh, who keyed the relay victory, won the 300 dash (42.4) and relayer Jamie Viglione was first in the 600 run (1:39.4).

### Andover girls 49 1/2

### Central Catholic 36 1/2

The Lady Warriors and Central both finished first in five events, but six second places and eight thirds enabled the locals to win the meet handily.

Individual AHS victors were freshman Lindsey Durkin in the 1000-yard run (3:09.2), senior miler and Capt. Kristen Munson (5:39.8), junior high jumper Alexis Contos (4'10") and sophomore shot putter Ogechi Ibe (29'2 1/2").

Andover also won the 4x400 relay

with senior Shannon Callahan-Higgins and juniors Liz Connors, Caity Murray and Allison Corey (4:46.7).

Runners-up were senior sprinter and Capt. Chidinma Ibe in the 50 dash (6.5), hurdler Callahan-Higgins (7.8), Corey (600 run, 1:37.7), sophomore miler Emily Pfeil (5:52.4), senior two-miler and Capt. Pam Muller (12:59) and high jumper Connors (4'10").

Completing the scorers in third were junior speedster Jenny Hsu (50 dash, 6.7), sophomore hurdler Stephanie Pierce (8.0), junior Julie Marvin (300 dash, 43.5), Murray (600 run, 1:39.2), senior Capt. Leslie Ring (1000 run, 3:14), senior two-miler Jacqui Sawyer (13:10.1) and Pfeil in the high jump (4'8").

## Chelmsford 47

### Andover boys 39

AHS junior Chuck Murnane was the individual star of the meet, chalking up a double in the 50-yard hurdles (7.0) and high jump (6'0").

Other Golden Warrior victories came from junior sprinter Jeremy Spiegel in the 50 dash (5.8), and the 4x400 relay quartet of senior Capt. Andy Pelletier, senior Long Dang, senior Capt. Sean Higgins and senior Capt. Matt Spitzer (3:52.1).

Placing second for the locals were junior Mike Giles (50 dash, 5.9), Pelletier (300 dash, 36.6), Spitzer (600 run, 1:22.0), Higgins (1000 run, 2:36.9), junior miler Greg Stamm (5:01.1) and high jumper Brian DeAngelis (5'8").

Dang had the lone third in the hurdles (7.2).

Sweeps of the two-mile and shot put keyed the Chelmsford victory.

## Central Catholic 51

### Andover boys 35

Five-time defending MVC Division 1 dual-meet champ Central (3-1-2) and Andover placed first in five events each, but the Golden Warriors managed only two seconds and four thirds.

Central, which has lost only once in its last 51 indoor dual meets (48-1-2), had a pivotal 9-0 sweep of the shot put.

Individual winners for AHS were junior sprinter Jeremy Spiegel in the 50 dash (5.7), senior Capt. Andy Pelletier in the 300 dash (35.7), junior two-miler Greg Stamm (10:37.5) and junior high jumper Chuck Murnane (5'10").

The 4x400 relay quartet of Pelletier, senior Long Dang, junior Chad Mongeau and senior Capt. Matt Spitzer also broke the tape (3:52.9).

Dang (50 hurdles, 6.7) and Spitzer (600 run, 1:22.7) were the only Andover runners-up.

Third-place finishes were earned by Murnane (50 hurdles, 6.8), junior Terrence Fitzsimmons (1000 run, 2:33.9), senior miler and Capt. Sean Higgins (5:03.3) and senior two-miler Brian Chi (11:11.2).

Niall Murphy sparked Central with a first in the hurdles (6.5) and second in the high jump (5'8").

Sweeping the shot put for CCHS were Matt Quinn (45'3"), Emile Maroun (45'2") and Adam Stagno (41'2").

## GIRLS GYMNASTICS

The Andover High girls gymnastics team put itself in good position to grab a share of the Merrimack Valley Conference Division 1 dual-meet championship by registering three recent victories to improve to 7-1 overall.

Coach Julie Chapman's Lady Warriors rebounded from their close loss to North Andover with consecutive wins over Lowell, 130.60 to 126.80, Tewksbury, 123.90 to 115.25, and Wilmington, 132.60 to 85.80.

AHS needed a high score against weak Wilmington to get the best seed possible for the upcoming North Sectional Championship Meet.

Andover can earn a piece of its fifth MVC title in the last seven years by beating Methuen in the dual-meet finale tonight. The huge showdown is at Methuen High (7 p.m.).

Masconomet Regional has finished with an 8-1 record, including a win over previously-undefeated Methuen earlier this week.

The winner of tonight's Andover/Methuen meet will share the MVC Division 1 championship with Masco, while the loser settles for a runner-up tie with North Andover.

"Beating Methuen will automatically get us in the Sectionals as a league co-champ," said coach Chapman. "If we lose we're in jeopardy of not making the cut because there are several non-title teams with pretty high averages," said Chapman.

## Schedule

On Saturday night it's back to Methuen for the annual MVC Championship Meet (6 p.m.).

The North Sectional Championships, involving the 12 teams with the top average scores per dual meet, are Saturday, Feb. 13 at Algonquin Regional in Northboro (6 p.m.).

The State Team Championships are Wednesday, Feb. 17 at Algonquin (6 p.m.).

The State Individuals, which are not sanctioned by the Massachusetts Interscholastic Athletic Association (MIAA), are still without a site or date.

## Andover 132.60

### Wilmington 85.80

Freshman sensation Becky Hass capped her 35.60 all-around effort with a school-record 9.4 score in floor exercise.

The performance eclipsed the previous AHS mark of 9.35 set by Tara Cullen four years ago and equaled by Hass earlier this season.

The all-around total was second to a 36.05 posted by Julie Mullane last winter.

Hass completed a sweep of first place in all four events with a 9.1 on balance beam, and 8.6 in vault and an 8.5 on the uneven bars.

So dominant were the Lady Warriors that they swept the top four places in every event.

Bahaar Massihzadegan and Capt. Lindsey Rudolph tied for second in floor (8.7), while Massihzadegan also finished second on bars (7.7) and third in vault (8.2).

Rudolph, second all-around with a 31.30, added a fourth in vault (8.1), fourth on bars (7.0) and scored 7.5 on beam.

Consistent junior Krit Kearins contributed a second on beam (8.4), second in vault (8.4) and she also scored 8.3 in floor.

Kaitlin Doyle was third on bars (7.6), Jackie Barry third (8.0) and Capt. Kate Gerry fourth (7.7) on beam, and Capt. Kerri Krivelow returned from an extended bout with the flu to finish fourth in floor (8.5).

Beth Upton posted a 7.7 and Lindsay Shaheen a 7.5 in vault, while Maureen Lothrop had a 7.8 in floor.

Also encouraging was the return of Capt. Laurie Willey to active competition. She missed several meets with a left wrist injury, but competed on beam and scored a 7.6.

"Laurie (Willey) still can't put much pressure on the wrist," said coach Chapman. "But she's working on strengthening that area, and hopefully we'll have her back for all events by the Sectionals. Bars will be the one thing she may be unable to do."

"I hated to run up a score like this against Wilmington, but unfortunately we had to do it to boost our average for the Sectional seedings."

## Andover 123.90

### Tewksbury 115.25

Becky Hass (uneven bars) and Jackie Barry (balance beam) contributed first-place finishes as the Lady Warriors cruised to the easy win at Mill City Gymnastics Center in Tewksbury.

"We were able to get 18 girls into the meet and that's awesome," said coach Chapman. "Some teams don't have 18 girls on their entire roster."

Andover did not enter an all-around and no AHS gymnast competed in more than two events.

Hass registered an 8.8 for first on bars, and she also took fourth on beam with an 8.1.

Barry was tops on balance beam with an 8.6, and she chalked up an 8.0 in floor exercise.

Bahaar Massihzadegan earned a pair of second places on bars (8.1) and in floor (8.5).

Completing a sweep of the top four places on beam were runner-up, Gretchen Fuhr (personal-best 8.5) and third-place Capt. Lindsey Rudolph (8.2).

Fuhr also finished fourth in floor (8.3) and freshman Corey Greene was fourth on bars (personal-best 7.3).

Tied for third in vault were freshmen Hilary Cohen and Robyn Ginsberg who both scored 7.4.

Freshman Mary Palumbo competed on bars (6.1), while veterans Krit Kearins (7.75) and Beth Upton (6.9) completed the AHS beam team.

Getting their first varsity action in vault were freshman Diana Vining (6.4), junior Bea Garcia-Valdecasas (6.2), sophomore Elisa Torres (6.0) and junior Elizabeth Rolden (5.9).

Maureen Lothrop produced a personal best in floor exercise for the third straight meet, hitting 8.0, while Tristina Carlson had a 7.8 and Jenna Nelson a 7.1.

Courtney Walls paced Tewksbury with a first in vault (8.0), third places in floor (6.4) and on bars (7.7), and a top all-around score of 31.95.

## Andover 130.60

### Lowell 126.80

Becky Hass was top all-around for the fourth time this season, posting a 33.70 in the makeup of an earlier snowed out meet at Lowell's Riddick Memorial Field House.

She placed first on the uneven bars (8.7), tied for first in vault (8.5), took second in floor exercise (8.8) and scored a 7.7 on balance beam.

Jackie Barry was tops on beam (8.4) and Bahaar Massihzadegan tied Hass for first in the vault (8.5).

Massihzadegan also finished second on bars (8.1), while Krit Kearins and Capt. Kate Gerry tied for second on beam (8.3).

AHS thirds went to sophomore Kaitlin Doyle on bars (personal-best 7.8) and Gretchen Fuhr in vault (8.4).

Kearins added strong performances in floor (8.3) and vault (8.2), while Massihzadegan also scored an 8.3 in floor.

Sophomore Leslie Nichols competed in floor (7.8) and on beam (7.2).

Other performers for the Lady Warriors were Maureen Lothrop in floor (7.9), sophomores Lindsay Shaheen (7.7) and Beth Upton (7.5) in vault, Lindsey Rudolph on beam (7.9), and Corey Greene and Mary Palumbo on bars.

Senior Capts. Kerri Krivelow (flu) and Laurie Willey (wrist injury) were sidelined.

## HOCKEY

The Andover High varsity hockey team, after being held to three goals in three games, broke back into the victory column with a 3-0 triumph over Lincoln-Sudbury at the Valley Sports Arena in West Concord.

Prior to the second win of the season over L-S there were a pair of tough one-goal losses to Merrimack Valley/Dual County League Division 1 rival Central Catholic (3-2) and Division 2 opponent Methuen (2-1).

There was also a 6-0 setback to MV/DCL Division 2 leader Boston Latin, with those last three games played on home ice at the Merrimack Valley Forum.

Hopes of qualifying for the MIAA Division 2 North Tournament are rapidly fading, as AHS (2-8-2) needs 14 of a possible 16 points in its remaining eight games to avoid missing the tourney for only the third time in the last 14 years.



## Andover Church Basketball League action

# St. Robert's A boys, St. Augustine A girls still undefeated; all eyes on Senior Division titles

By Rick Harrison

The St. Robert's A boys and St. Augustine A girls are closing in on 1998-99 Andover Church Basketball League Senior Division titles.

Both were undefeated through their first seven games (7-0) and alone atop the standings.

### ACBL SENIORS Boys Division

#### WEEK 7

St. Robert's A 29  
St. Robert's B 21

The division leaders were tied with upset-minded SRB, 19-19, after three quarters before Nick Brucato's six points led a 10-2 closing run for the win.

Brucato and Brian Murphy paced the SRA attack with 8 points each, Jonathan DeLeo added 7 and Drew Wuehrmann netted 4.

For SRB (5-2), which tired in the final period, Paul Skinner pocketed a game-high 9 points and Jeremy Cohen had 6.

Temple Emanuel 19  
Ballardvale United 17

Jacob Kleinman and Mathew Wolfman tossed in key fourth-quarter baskets as Temple (3-4) held on to edge United.

Kleinman's strong inside play, which produced 15 points, powered the victory.

Gary Luber with 5 points, Joshua Burke 4 and Julio Santos 4 led Ballardvale.

St. Augustine D 35  
St. Augustine C 16

Jonathan Shaw tossed in a season-high 16 points, while Brendan Smith added 9 and William Walter 7, as SAA (2-4) rolled to the victory.

The winners led by nine at the half and broke it wide open with an 11-3 fourth-quarter run.

Chris Vining did most of the damage for SAC with 10 points.

St. Augustine A 43  
South 30

A big height advantage for SAA (4-2) was instrumental in its triumph, which saw a 12-6 third-quarter surge expand a four-point halftime lead.

Liam Shanahan led a balanced attack with 12 points, Tyler Richards netted 9, Paul Tassinari 8 and George Thorlin 8.

Brent Hyde sparked South with 9 points, Ryan Durkin contributed 7 and Alex Foley 6.

Faith Lutheran 23  
St. Robert's C 20

Lutheran (6-1) kept its title hopes alive by winning this squeaker, using an 11-4 fourth-quarter burst to erase a 16-12 SRC lead.

Andy Pfeil pumped through seven of his game-high 13 points in the final stanza for Lutheran, including 3-of-3 at the free throw line.

Jeff Black and Jared Cuneo tossed in 4 points each for the winners.

SRC (3-4) almost pulled off the upset behind the outside shooting of Ryan Hutzler (10 points). Steve Renfro tossed in 4 points, while Doug Powers sat out the game while recovering from an injury.

St. Robert's finished with a 10-8 edge in field goals, but Lutheran won it at the free throw line with a 7-0 advantage.

#### WEEK 6

St. Robert's B 32  
Temple Emanuel 17

Smooth guard Jeremy Cohen led the way with 14 points, while Paul Burke added 10, as SRB

grabbed a 24-4 halftime lead and coasted.

Erik Silevitch netted 6 points, Steve Garabedian 4 and Jacob Kleinman 4 to pace Temple.

St. Robert's A 43

St. Augustine D 26

SRA took a 13-6 advantage after one quarter and held off the competitive St. Augustine D crew.

The balanced SRA attack was sparked by Sam Basta with 9 points and Jason White 8. Patrick Bateson, Nick Brucato, Jonathan DeLeo and Brian Murphy contributed 6 points each.

William Walter tossed in 8 points, Matt Hill and Brendan Smith 6 apiece, and Nick Stamas had 4 fourth-quarter points for St. Augustine D.

Faith Lutheran 51  
South 20

Unstoppable center Andy Pfeil poured through 26 points as Lutheran remained in title contention with the triumph.

Mike Pescatore also hit double digits with 10 points and Jared Cuneo netted 9, as the winners raced to a commanding 36-8 halftime lead.

Alex Foley and Mike Conroy were tops for South with 9 and 4 points respectively.

St. Augustine B 48  
Ballardvale United 19

SAB had 15 points from Ryan Shepard, including 7 in the first period when the winners jumped to a 17-6 lead.

Dan Maltzman netted 9 points, Jake Fitzpatrick 8, Steve Deering 5 and Brent Eckel 5.

Ballardvale guard Julio Santos shared game-high scoring honors with 15 points.

St. Augustine A 28  
St. Robert's C 14

SAA prevailed with the combination of center Tyler Richards (11 points) and guard Liam Shanahan (10 points) doing the bulk of the scoring.

Steve Renfro led the answering fire with 8 points while Mike Dunn, Nicholas Halks and Ryan Hutzler added a field goal each.

#### WEEK 5

Faith Lutheran 33

St. Robert's B 31

Andy Pfeil, who had 6 field goals and 6 free throws, scored 14 of his game-high 18 points in the second half as Lutheran held on for the win.

SRB had the ball with three seconds left, but a 25-foot shot at the buzzer failed to connect.

While Pfeil got the job done underneath, other Lutheran marksmen included Mike Pescatore with 5 points, Jason Durant 3 and Jeff Black 3.

Jarrett Mackin was effective with his drives to the hoop and led co-runnerup SRB with 10 points, while Jeremy Cohen netted 8 points from the perimeter. Dave Kaplan and Paul Skinner added 4 points each.

SRB held a slim 13-12 edge in field goals, but Lutheran won it with a pivotal 9-5 edge at the free throw line.

St. Robert's C 38

St. Augustine C 14

Speedy guard Doug Powers led the way with 16 points for SRC, which rolled out to a 26-10 halftime lead.

Ryan Hutzler added 8 points, Tim Bengston 4 and Chris Renfro 4.

Six players contributed to the

### ACBL SENIOR BOYS STANDINGS

	W	L	PF	PA
St. Robert's A	7	0	316	139
Faith Lutheran	6	1	240	159
St. Robert's B	5	2	217	170
St. Augustine B	4	2	194	167
St. Augustine A	4	2	160	125
St. Robert's C	3	4	180	162
Temple Emanuel	3	4	143	190
St. Augustine D	2	4	152	150
South Church	1	5	155	264
St. Augustine C	0	5	76	175
Ballardvale United	0	6	79	210

### ACBL SENIOR GIRLS STANDINGS

	W	L	PF	PA
St. Augustine A	7	0	195	93
St. Robert's A	5	2	139	125
West Parish	4	3	157	113
Free Christian	3	4	149	207
St. Augustine B	2	5	96	126
St. Robert's B	0	7	156	230

SAC offense as Nick Barash, Bill Peceroni, Jeff Sawyer, Steve Schade and Dave Szafarz notched a basket each and Geoff Shulik had 4 points.

St. Augustine A 20

St. Augustine D 18

Fourth-quarter baskets by Liam Shanahan, Chris Travers and George Thorlin sparked SAA to the close come-from-behind victory.

Shanahan finished with 7 points, Thorlin 5 and Paul Tassinari netted 4 to led the winners, who trailed 15-13 after three periods.

Brendan Smith tossed in 9 points, Nick Stamas 7 and Jon Shaw 2 for St. Augustine D.

St. Augustine B 34

Temple Emanuel 15

Dan Maltzman poured through a game-high 12 points as SAB raced to a big early lead and cruised to the win.

Adding 4 points each were Jake Fitzpatrick, Joe Heitz, Mark Radlinski, Ryan Shepard and Brad Whiting.

Jacob Kleinman paced Temple with 6 points while Mat Wolfman Steve Garabedian, Tom Holber and Erik Silevitch also contributed to the offense.

St. Robert's A 67

South Church 25

Jason White pumped in 20 points and Nick Brucato added 15, both playing only half the game, to fuel the high-powered charge for division leader SRA.

Jonathan DeLeo, Matt Monteiro and Brian Murphy netted 6 points each, while Adrian Gilbert and Drew Wuehrmann had 4 apiece.

Mike Gibson and Nick Saunders countered with 6 points each for South. Joel Keefe and Dale Spollett scored 4 apiece.

#### WEEK 4

Faith Lutheran 41

St. Augustine B 11

Lutheran was led by the 1-2 punch of center Andy Pfeil, who scored all 14 of his points in the first half, and guard Jared Cuneo who pocketed 8 of his 10 in the final two quarters.

Jeff Black and Mike Pescatore added 6 points each.

St. Augustine B, minus high

scorer Jake Fitzpatrick, was led by Joe Heitz (6 points) and Ryan Shepard (4).

Temple Emanuel 34

South 22

Jacob Kleinman tossed in a team-high 10 points and was strong off the boards to spark Temple to the triumph.

Mathew Wolfman added 8 points, Tom Holber 6 and Dan Righter 6 for the victors.

Providing all the offense for South were Alex Foley, with a game-high 11 points, Mike Gibson 7 and Ryan Durkin 4.

Kleinman and Wolfman powered a 13-6 third-period burst by Temple to break open a game that stood 11-9 at the half.

St. Robert's C 16

St. Augustine D 15

A fourth-quarter basket by Doug Powers boosted SRC to victory in the defensive struggle.

Powers finished with 9 points while Steve Russell netted 3, Ryan Hutzler 2 and Tim Bengston 2.

Brendan Smith and William Walter paced the St. Augustine D effort with 5 and 4 points respectively.

SRC trailed 11-7 at the half before rallying for the win.

St. Robert's B 36

St. Augustine C 14

Paul Burke and Jeremy Cohen led seven SRB players into the scoring column with 8 points each, while Paul Skinner netted 6.

Adding 4 points apiece for St. Robert's were John Gerey, Gregory Hartwell and Andy Santos.

Chris Vining was game-high for SAC, which trailed 24-6 at the half, with 10 points. Jeff Sawyer and Bill Peceroni notched a basket each.

St. Robert's A 58

Ballardvale United 6

Nicholas Brucato had 15 points, \*Jonathan DeLeo 12 and Jason White 9 for SRA, whose superior depth overwhelmed United.

Adrian Gilbert tossed in 6 points for the winners, who use two separate and equally-strong units two periods each in most games.

Kevin Aufiero, Sam Basta, Brian Murphy and Drew Wuehrmann completed the attack with 4 points

apiece.

Joshua Burke, Neil McCarthy and Julio Santos had a field goal each for Ballardvale.

### GIRLS DIVISION

#### WEEK 7

Free Christian 22

St. Augustine B 12

J'aimie Gilbert pumped in 12 points and Eleanor McCandless added 8 as Free (3-4) won the seasaw battle.

Free led 4-0 after one quarter, trailed 10-8 at half, and then out-pointed SAB 14-2 in the second half.

Alison Shannon, out all season with an injury, played her first game for Free and was a top rebounder as well and scoring 2 points.

Libby Mulligan netted 4 points for St. Augustine B (2-5) while Alison Caverly, Lindsay Mann, Melissa Martin and Tara Mohan had a basket each.

St. Augustine A 17

West Parish 13

West Parish (4-3), leading 12-11 after three quarters, came close to upsetting the undefeated division leaders.

But frontcourt standout Kerrie Dargan scored six of her game-high 12 points in the final session as SAA rallied for the win.

Elizabeth Dwulet and Audrey Peck were top scorers for West with 6 and 5 points respectively.

St. Robert's A 22

St. Robert's B 20

This was a game of contrasting halves, SRA (5-2) racing to a 16-4 lead after two periods and then hanging on as SRB finished with a 16-6 rush over the final two sessions.

Melanie Burnett led the winners with 6 first-half points, but her absence in the second half (leg injury) was a major reason for the turnaround.

Annamarie Baraby, Erica Durie and Ashley Faulk added 4 points each for SRA. Baraby's downtown bomb with a minute to play proved decisive, giving SRA a 22-18 lead.

Heather Maloney and Lauren Vieira shared game-high honors for SRB with 6 points each, all in the second half.

Kristin Couture, Chanel Figueroa, Jennifer Nisco and Courtney Reed had a basket each.

#### WEEK 6

West Parish 48

Free Christian 26

Center Elizabeth Dwulet and Lisa Hagopian both scored in double figures, with 14 and 10 points respectively, as West Parish bolted to a 30-14 halftime lead and cruised.

Valerie Saryan contributed 8 points, Amy Stewart 6, Alexandra Brody 4 and Emily Pearson 4 for the winners.

Eleanor McCandless and Rachel McMahon pumped through 8 points apiece for Free, which played without high-scoring J'aimie Gilbert who had a soccer commitment.

Abby Reilly and Jenny Byers added 4 points each for FC.

St. Augustine A 38

St. Robert's B 20

SAA rode the strong inside presence of Cate Rauseo (12 points) and the leadership of guard Kristin Villanueva (8 points) to victory.

Lauren Barber and Kerrie Dargan pumped in 6 points each for

SAA, which broke the game open with a 14-2 second-quarter run.

Heather Maloney and Chanel Figueroa scored 8 and 6 points respectively to power SRB.

St. Robert's A 11

St. Augustine B 3

Both teams shot blanks for much of this defensive struggle, which saw Melanie Burnett net 5 points, Annmarie Baraby 4 and Ashley Faulk 2 for SRA.

Lindsay Mann had a field goal and Alyssa Bindman a free throw for SAB.

#### WEEK 5

West Parish 16

St. Augustine B 10

The winners rode a balanced attack to their second straight triumph, as Elizabeth Dwulet, Arianna Miliotis and Audrey Peck netted 4 points each.

West Parish led 10-2 at the half. Libby Mulligan tossed in 4 points for SAB while Alyssa Bindman, Lindsay Mann and Tara Mohan added a basket each.

Free Christian 35

St. Robert's B 22

Revitalized Free rode the 18-point effort of J'aimie Gilbert to its second consecutive victory.

Rachel McMahon also pocketed 7 points and Eleanor McCandless 6 for Free, which bolted to a 12-4 first-quarter lead and slowly pulled away.

Chanel Figueroa scored 6 points for SRB while Missy Berger, Jocelyn Gerety and Brittany Wadbrock notched 4 each.

St. Augustine A 23

St. Robert's A 12

SAA led by only two at the half (10-8), but the inside strength of Kerrie Dargan and Cate Rauseo enabled the division leaders to pull away with a 13-4 second-half run.

Dargan finished with 8 points and Rauseo 6, while Betsy Pierce netted 4 points and played a strong all-around floor game.

Erica Durie produced 8 points for SRA, while single field goals were scored by Melanie Burnett and Ashley Faulk.

#### WEEK 4

Free Christian 34

St. Robert's A 28

SRA moved to a 10-0 lead in the first-quarter and appeared to have the game well in hand, until J'aimie Gilbert of Free took over with a series of powerful and unstoppable drives to the basket.

St. Robert's was unable to contain Gilbert, who scored 8 of her game-high 20 points in the third period when the winners opened a 6-point lead they never relinquished.

Rachel McMahon added 6 points, while Eleanor McCandless and Sara Jenike had 4 each for Free which had scored only 32 points total in its first three games.

Topping the SRA point parade with 8 each were Melanie Burnett, Erica Durie and Ashley Faulk.

St. Augustine A 20

St. Augustine B 7

Kerrie Dargan, a strong force inside, netted 8 of her game-high 12 points in the first quarter as division leader SAA built a 10-0 lead and cruised.

Kristin Villanueva contributed 4 points for the victors, while Tara Mohan (5 points) and Jeanne Lothrop (2 points) did all the offensive damage for SAB.

West Parish 30

St. Robert's B 10

West Parish broke open a close game with a 20-6 second-half run.

The balanced attack was led by Audrey Peck and Arianna Miliotis with 8 points each. Alexandra Brody contributed 6 points and Emily Pearson 4.

Missy Berger and Heather Maloney scored 4 points each for SRB.

\*\*\*



# ALL THOSE YEARS AGO

(Continued from page 27)

udice the cases when it came to court, it appeared that the secret investigation was conducted by Andover detectives and undercover men, with the knowledge of Superintendent Kenneth R. Seifert. Even High School Principal Philip Wormwood said he got his information "second-hand." The four youths, pupils at Andover High, will be arraigned Feb. 20 in a juvenile session of Lawrence District Court. The arraignment of a fifth person, John Burns, 20, of 56 Wildwood Road, took place in Lawrence District Court on Tuesday and his case was continued until Feb. 20.

\*\*\*

Harry Axelrod, 27 Alden Road, owner of the Sheraton Rolling Green Motor Inn, has been elected president of the Massachusetts Hotel and Motel Association for 1974. At the recent meeting of the group, Axelrod pledged cooperation of the association with both federal and state agencies during the energy crisis through the issuance of regular advisories on how they can save during the energy crisis. The local businessman is a Phi Beta Kappa graduate of Syracuse University, served in the U.S. Navy in World War II serving the Pacific theater and attaining the rank of Lieutenant J.G. Axelrod holds membership in the Andover Service Club,

Greater Lawrence Chamber of Commerce, Andover Republican Town Committee, Massachusetts Republican Club, Governors Club, and Bon Secours Gold.

\*\*\*

A \$1,165,000 contract for repair, overhaul, and modifications of radio frequency oscillators for the Hawk air defense system has been awarded to Raytheon Company by the U.S. Army Missile Command, Reedstone Arsenal, Alabama. Work on the program will be done at the company's Missile Systems Division Facility in Andover.

## 10 years ago

Neighborhood residents and Philips Academy offi-

cials ran into conflict over parking and traffic issues at a planning board hearing on the school's plans to renovate the old Abbot Academy campus. After listening to 90 minutes of sometimes heated dialogue, the board delayed deciding on the site plan proposal to its Feb. 14 meeting. Although residents touched on several issues, most criticism of the PA plan to convert the former girls school into apartments and limited commercial/office use centered on a 27-space parking lot on Abbot Street. Because of its close proximity to the Draper Hall apartment conversion, PA wants to convert existing tennis courts on Abbot Street into a parking lot for future Draper residents. Ron Hill, 15 Abbot St., who lives directly across from the proposed lot, called the concept a blight and couldn't imagine anything more intrusive. Hill joined with other residents in asking for relocation of the parking lot. PA officials were questioned why open space slightly northeast of Draper Hall couldn't be used. Nicholas Reed, a site architect consultant for PA, told residents that future apartment dwellers will want to park near their homes.

\*\*\*

Two Methuen teenagers were arraigned in Lawrence District Court Tuesday for robbing the Andover Bank on River Road at gunpoint last week. Standing impassively before Judge Kevin Herlihy, Michael Costello, 18, and John T. Robillard, 17, were charged with armed robbery while masked and using unregistered guns. The pair will face a superior court grand jury March 7. Costello, a Methuen High student, and Robillard, an honors student at Central Catholic High, were arrested Saturday morning by Andover detectives as they attempted to board a 6:30 a.m. flight to Mexico — less than 24

hours after they fled the River Road bank with over \$4,000. Detective Kevin Winters said they were sick of living in the area and wanted to leave permanently. He also said the two youths gave no other reason for pulling the bank job and both have made full confessions to the police.

\*\*\*

The minute Fire Deputy James Lynch got to the scene of the fire, he saw disaster waiting to happen. Early Sunday morning, the huge, 70-year old New England barn on Argilla Road was engulfed in flames, resembling a roman candle of monstrous proportions. Worse, a strong wind was ripping through the area, sending burning embers throughout the area to threaten nearby homes. Lynch said that the blaze could be seen for miles and extra help was needed immediately. He mobilized help consisting of all off-duty Andover firemen and firefighters from Lawrence, North Andover, North Reading, and Tewksbury; a force of almost 100. Wetting roofs and vegetation, firefighters were able to contain the fire. Other than cleanup costs, no losses or damage to surrounding buildings were reported. Lynch said they were very lucky. Local and state fire authorities are investigating, but so far haven't found what sparked the blaze. Lynch said old barns are particularly vulnerable because they are so dry, they go up very quickly. The Andover deputy estimated damages at \$150,000. However, the town also lost a one-of-a-kind historical landmark, said Barbara Thibault, education curator for the Andover Historical Society. She says this was the last barn of the American Woolen Co. farms, and it is a loss to the historical community of Andover.

—Compiled by  
Matthew Konjoian

## NEWS FOR SENIORS

(Continued from page 26)

Preregistration is necessary for the Wednesday, Feb. 17, class held from 9:30 to 11:30 a.m. The class is limited to 20 participants.

### Senior pharmacy games

Join seniors from other senior centers and student volunteers for a day of fun at the first annual senior pharmacy games Tuesday, Feb. 9. The games organized by Merrimack Valley Elder Services will begin at 9:30 a.m. at Greater Lawrence Technical High School. Sign up at the Senior Center.

### Fix-it shop

The fix-it shop will be held Tuesday, Feb. 16, from 1 to 3:30 p.m. Appointments are not necessary. Volunteers from the center's

men's group will take a look at household items and small appliances.

### Decorative egg-making

The Monday morning craft class will be working on decorative egg-making projects for the spring and Easter craft sale. There is no cost for the class, and all materials will be supplied. Come at 9:30 a.m. and join in.

### Computer classes

The Senior Center will offer the following computer classes during February and March: a Microsoft Works word-processing class at a cost of \$25; Microsoft spreadsheet class for \$15; beginners' class for \$15; and Introduction to the Internet for \$20. Registration will be held Thursday, Feb. 4, at 1:30 p.m. and Friday, Feb. 5, at 10 a.m. at the center. Registrations will not be accepted at any other time or over the phone. If demand dictates, additional sessions will be offered.

### Movie matinee

*Seven Years in Tibet*, a true story of an Austrian prisoner of war who is transformed by his friendship with the young 14th Dalai Lama, will be shown Monday, Feb. 8, at the new time of 1 p.m.

### Seniors invited to health talk

The Jewish Family Service of the Merrimack Valley, Sisterhood of Temple Emanuel and Hadassah will sponsor a get-together at Temple Emanuel on Haggetts Pond Road on Wednesday, Feb. 10, at 10 a.m.

Dietitian Maria Conger will discuss healthy eating and proper nutrition.

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## RELIGION NEWS

(Continued from page 29)

*Things Happen to Good People*), and poets and authors Danny Siegel and Laurie Sunshine.

Its title reflects one of the central themes within the Siddur - peace. *Shalom* means peace in Hebrew, and this word is a common theme that comes up within many of the prayers.

The purchase of these prayer books was possible because of the

Spectors, an Andover family, in memory of Louis Spector, who served as president of the congregation for many years and continued his active participation for many more years thereafter.

The change leapfrogs the congregation into the new millennium from a prayer book which, although it served the congregation well, was published just after World War II.

It also further solidifies the synagogue's affiliation with the Conservative movement of Judaism.

Send your religion news to the Townsman each week. Send e-mail to: [jgrady@andovertownsman.com](mailto:jgrady@andovertownsman.com)

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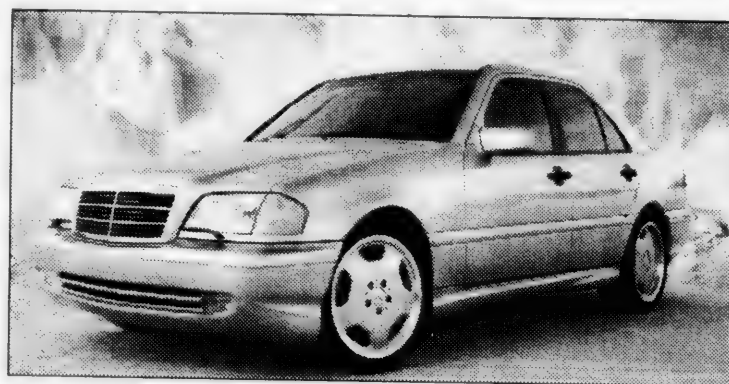
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From left, David Cyr and Ernest Robbins

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Mr. Robbins said, "You don't have to be wealthy to hire an interior designer. We try to learn exactly what the client's desires and needs are before we get started. Taste, deadlines, and budgets are all discussed, so there are no unpleasant surprises in the end. We have a wealth of resources in which to purchase quality products for our clients. This enables us to create a unique statement for a client designed specifically to meet their lifestyle needs," said Mr. Cyr.

Robbins Cyr & Associates are allied members of ASID (American Society of Interior Designers) & IIDA (International Interior Design Association), also members of the National Trust for Historic Preservation. Some of their work was recently exhibited at the Old York Historical Society Designer Show House, "Highland Farm" in York, Maine, Castle Hill at Crane's Beach in Ipswich, and the Tenney Gate House Restoration in Methuen.

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Doran's staff, from left, are Danny, Operations Manager Craig Hawkins

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The winter season is a perfect time to have an interior painting project tackled, and that's just one of the many jobs that **Mr. Handyman** will gladly do.

It is not unusual for him to be asked to repair siding, fix leaky faucets, adjust doors and locks, clean gutters, repair screens, clean and organize base-

ments and garages, and even hang blinds and install pet doors. He works year round, fixing things inside and outside homes and commercial buildings.

Mr. Ennis, a licensed construction supervisor, has 20 years of experience in the business, with 15 years of it in his own general carpentry business.

The majority of Mr. Ennis' clients are working parents who are too busy and don't have the time to change the shower head or repair shelves on a book case.

**Mr. Handyman** travels from home to home doing odd jobs. His service gives people more time to do the things

they really want to do.

He charges by the hour and finds that most people over-estimate how long a job will take. "Many of my clients like to save up several projects for me to do in one visit, thinking it will take most of the day, but may only take a few hours to have everything in order again," said Mr. Ennis.

**Mr. Handyman** is bonded, insured, and registered in home improvement. He also studied electrical repair at the Franklin Institute.

**Mr. Handyman** can be contacted at (978) 474-8822. His web site address is: [www.handyman.net/andover](http://www.handyman.net/andover)

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TEAM SUPPLIES  
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Puts you in the CLASSIFIEDS.

**COMMONWEALTH OF  
MASSACHUSETTS  
THE TRIAL COURT  
PROBATE  
AND FAMILY COURT  
DEPARTMENT  
ESSEX DIVISION  
Docket No. 99P0025-EP1  
NOTICE**

In the ESTATE OF JOHN  
F. MORIARTY.

To all persons interest-  
ed in the estate of JOHN F.  
MORIARTY late of the  
County of Essex Date of  
Death, April 19, 1998.

A petition has been pre-  
sented in the above cap-  
tioned matter praying that a  
certain instrument be pro-  
bated purporting to be the  
last will of said deceased by  
ETHEL P. MORIARTY of  
Andover in the County of  
Essex praying that she be  
appointed executrix thereof,  
without giving sureties on  
her bond.

IF YOU DESIRE TO  
OBJECT THERETO, YOU  
OR YOUR ATTORNEY  
MUST FILE A WRITTEN  
APPEARANCE IN SAID  
COURT AT Salem Probate  
Court, 36 Federal St.,  
Salem, MA 01970 BEFORE  
10:00 O'CLOCK IN THE  
FORENOON (10:00 A.M.)  
ON February 22, 1999.

**Wills only:** In addition  
you must file a written af-  
fidavit of objections to the  
petition, stating the specific  
facts and grounds upon  
which the objection is  
based, within thirty (30)  
days after the return day (or  
such other time as the  
court, on motion with notice  
to the petitioner, may allow)  
in accordance with Probate  
Rule 16.

Witness, Edward J.  
Rickett, Esquire, First Jus-  
tice of said Court. Date Jan-  
uary 15, 1999.

Pamela Casey O'Brien  
Register of Probate Court  
February 4, 1999

**NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE**

By virtue and in execution of the Power of Sale con-  
tained in a certain mortgage given by Ronald V. Pellerin  
and Lucia C. Pellerin to Comfed Savings Bank, dated  
September 26, 1988 and recorded with the Essex County  
(Northern District) Registry of Deeds at Book 2813, Page  
280, of which mortgage Norwest Mortgage, Inc. is the pre-  
sent holder by assignment, for breach of the conditions of  
said mortgage and for the purpose of foreclosing, the  
same will be sold at Public Auction at 2:00 p.m. on March  
4, 1999, on the mortgaged premises located at 222 Mas-  
sachusetts Avenue, North Andover, Essex County, Mas-  
sachusetts, all and singular the premises described in  
said mortgage.

**TO WIT:**

The land in said North Andover, with the buildings there-  
on, being Lot numbered twenty-one (21) as shown on a  
plan entitled: "Plan of JMC Trust, Portion of Waverly Park,  
North Andover, Mass., F.W. and L.R. Stowers, Eng'rs.,  
March 1940", recorded with North Essex Registry of  
Deeds, Plan No. 1247, said Lot being more particularly  
bounded as follows:

**SOUTHWESTERLY** by the Northeasterly line of Mas-  
sachusetts Avenue seventy-five and  
00/100 feet;

**NORTHWESTERLY** by Lot numbered twenty (20), as  
shown on said plan, one hundred  
twenty-five and 06/100 feet;

**NORTHEASTERLY** by Lot numbered fifteen (15), as  
shown on said plan, eighty-two and  
07/100 feet; and

**SOUTHEASTERLY** by Lot numbered one hundred thirty-  
seven (137), as shown on said plan,  
ninety-one and 75/100 feet.

For mortgagors' title see deed recorded with Essex  
County (Northern District) Registry of Deeds in Book  
2813, Page 279.

These premises will be sold and conveyed subject to  
and with the benefit of all rights, restrictions, covenants,  
easements, liens or claims in the nature of  
liens, improvements, public assessments, any and all  
unpaid taxes, tax titles, water and sewer liens  
and any other municipal assessments or liens or existing  
encumbrances of record which are in force and are appli-  
cable, having priority over said mortgage, whether or not  
reference to such restrictions, easements, improvements,  
liens or encumbrances is made in the deed.

**TERMS OF SALE:**

A deposit of Five Thousand (\$5,000.00) Dollars by  
certified or bank check will be required to be paid by the  
purchaser at the time and place of sale. The balance is to  
be paid by certified or bank check at Harmon Law Offices,  
P.C., 150 California Street, Newton, Massachusetts

02458, or by mail to P.O. Box 610389, Newton Highlands,  
Massachusetts 02461-0389, within thirty (30) days from  
the date of sale. Deed will be provided to purchaser for  
recording upon receipt in full of the purchase price. The  
description of the premises contained in said mortgage  
shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

**NORWEST MORTGAGE, INC.**  
Present holder of said mortgage

By its Attorneys,  
**HARMON LAW OFFICES, P.C.**  
K. Vasken Babigian, Esquire  
150 California Street  
Newton, MA 02458  
(617)558-0500

February 4, 11 & 18, 1999

**MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE**

Premises: Unit 9 a/k/a Unit M-9, Manchester House, 40  
Washington Park Drive a/k/a 40C Washington  
Park Drive, Washington Park Condominium  
Andover, Massachusetts

By virtue and in execution of the Power of Sale con-  
tained in a certain mortgage given by Dorothy M. Winn to  
Arlington Trust Company dated June 1, 1983 and record-  
ed with Essex County (Northern District) Registry of  
Deeds in Book 1680, Page 105, of which mortgage the  
undersigned is the present holder, for breach of the condi-  
tions of said mortgage and for the purpose of foreclosing  
the same will be sold at Public Auction on the 16th day of  
February, 1999, A.D. at 10:00 A.M. at or upon the mort-  
gaged premises, Unit 9 a/k/a Unit M-9, Manchester  
House, 40 Washington Park Drive a/k/a 40C Washington  
Park Drive, Washington Park Condominium, Andover,  
Massachusetts, as described below, being all and singular  
the premises described in said mortgage.

**To wit:**

A certain parcel of real property situated in Andover,  
Essex County, Commonwealth of Massachusetts, and  
being condominium Unit #M-9 in building designated as  
Manchester House of Washington Park Condominium  
located on 257-259 North Main Street and 40 Washington  
Park Drive, said Andover, as established pursuant to Mas-  
sachusetts General Laws, Chapter 183-A by a Master  
Deed dated June 15, 1981 and recorded in the North Dis-  
trict Essex County Registry of Deeds at Volume 1512,  
Page 37 as amended. Said Unit is laid out as shown on  
the site plan and floor plans filed with Declaration of Con-  
dominium and Master Deed and recorded in the aforesaid  
Registry of Deeds as Plan #8660 and entitled Condomini-  
um Site Plan, Washington Park Condominium, Andover,  
Mass. and Plan #8661 entitled Washington Park Condo-  
minium, Andover, Mass. Sheet No. 11, and to which are  
attached the verified statements of a registered land sur-  
veyor as required by Section 9 of the said Chapter 183-A  
and to which reference may be had for a more particular  
description. Said Unit is hereby mortgaged together with  
the .624 percent undivided interest in the common ele-  
ments and facilities and limited common areas and facili-  
ties described in the Master Deed attaching to the afore-  
said Condominium Unit and subject to and together with  
the rights to use the same in common with others entitled  
thereto; and subject to and together with the rights in  
easement and encroachments and subject to such by-  
laws, rules and regulations, and said Chapter 183-A all as  
from time to time amended, and as set forth in the Unit  
Deed to the mortgagors from Paul K. Bready, Jr., dated  
June 1, 1993 and recorded at said Registry of Deeds  
herewith, and all of which said interest and rights shall be  
considered as an integral part of the mortgaged premises.  
Said unit is to be used for residential purposes and shall  
not be used for any business purpose except as may be  
expressly permitted by the Unit owners Association in  
accordance with the provisions of the Declaration and By-  
Laws.

**TERMS OF SALE:** Said premises will be sold and con-  
veyed subject to all outstanding municipal or other public  
taxes, tax titles, assessments, liens or claims in the nature  
of liens, rights of tenants and parties in possession, and  
existing encumbrances of record, if any, which take prece-  
dence over the said mortgage above described.

**FIVE THOUSAND DOLLARS and NO/100 (\$5,000.00)**  
must be paid by certified, bank, treasurer's or cashier's  
check at the time and place of the sale by the purchaser  
as a deposit. The balance of the purchase price is to be  
paid in cash, or by certified check, bank cashier's check  
or bank treasurer's check within 30 days thereafter at the  
Law Offices of Shapiro & Kreisman, Chiswick Park, 490  
Boston Post Road, Sudbury, MA 01776 (978) 443-8800.  
The description for the premises contained in said mort-  
gage shall control in the event of a typographical error in  
this publication.

Other terms to be announced at the sale.

**FEDERAL NATIONAL MORTGAGE ASSOCIATION,**  
**PRESENT HOLDER OF SAID MORTGAGE**  
January 21 & 28, February 4, 1999

**TOWN OF ANDOVER**



**PLANNING BOARD**

Notice is hereby given that  
a public hearing will be con-  
vened on Tuesday, Febru-  
ary 23, 1999, at 7:30 p.m.,  
in the Third Floor Confer-  
ence Room, Town Office  
Building, Bartlet Street, on  
the application of the  
Raytheon Company for a  
Site Plan Special Permit to  
allow the construction of a  
75,290 square foot one story  
addition to the existing  
Fabrication Building at the  
Raytheon Facility at 350  
Lowell Street, more specifi-  
cally identified as Parcel 3  
(and eight contiguous  
parcels) on Assessors Map  
155, the plans for which  
may be viewed in the Plan-  
ning Department between  
the hours of 8:30 a.m., and  
4:30 p.m., Monday through  
Friday.

**THE ANDOVER  
PLANNING BOARD**  
Michael H. Miller, Esq.  
Chairman

January 28 &  
February 4, 1999

**Messages**

**\*\*\*\*\***

**VALENTINE WISHES!**

Our "Messages"  
Classification is a great  
way to send friends and  
family VALENTINE WISH-  
ES. \$3.00 covers up to 20  
words. You can place your  
"MESSAGE" by calling  
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Valentine Wishes, c/o  
The Andover Townsman,  
P.O. Box 1986, Andover,  
MA 01810. We accept  
Mastercard and Visa or  
personal check. Valentine  
Wishes will be printed in  
our February 11th issue.  
Deadline to place your  
message is Tuesday,  
February 9th at 12 noon.

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guy might like. Bring your  
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Street shop beginning  
Saturday, January 16,  
1999, or call David Rodger  
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mation.

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**CERTIFIED LOCKSMITH.** Lock replacement, new installation, rekeying and master keying. Servicing homes and businesses since 1986. Quality work guaranteed. 685-8072.

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**CARPETS, VINYL and TILE INSTALLATION.** Call 978-688-8889.

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**#FLOORS INSTALLED, SANDED** or refinished. Gonsalves Hardwood Floors. Fully insured and state registered. Excellent references. Free estimates. 1-800-685-1402.

**A. DAKK & C. FLOORING.** Hardwood floors sanded, refinished. References. 22/years experience. FREE ESTIMATES. The Best for Less. Fully insured. 688-7845.

**ALL HARDWOOD FLOORS** installed, sanded and refinished. Free estimates. Best prices. 10 years experience. Call WITKUM FLOORING 978-681-0826.

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**A QUALITY JOB** Plumbing, heating and gas. Residential and commercial. No job too small! Free estimates. Master #9560. Call Bill 978-372-2080; 978-683-3596.

**BILL BROGAN PLUMBING & HEATING SERVICE.** Emergencies, water heaters, boilers, faucets, complete bathrooms, drain cleaning, gas fitting, problem solving. 25 years experience. All emergency calls returned within 10 minutes. Reasonable rates. Office- 475-4237, Beeper #508-522-2221. Masters License #9565.

**DANIEL DOORE PLUMBING & HEAT.** Boilers, water heaters, new construction, remodeling. Quality dependable service. Call 682-3814. License#24393.

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**J.E. HUNT PLUMBING.** Repairs, installations, service work. Heating problems a specialty. Senior discount, emergency service. License #24355. Call Joe 475-4699.

#### SMALL

#### PLUMBING/HEATING and GAS FITTING.

Water heaters, faucets, stoves, washing machines, disposals, dishwashers, repairs and drains unclogged. Call Steve 978-458-0553. Lic. #22058.

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**#CONTRACTORS CONNECTION.** Interior and exterior painting. Power washing, water damage repairs, decks sealed and stained. 978-815-8354.

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**DOCTORS, LAWYERS, AND** other business professionals, is it time to give the office a fresh look? If it is, give The Painting Professionals a call. We've been in business for over 35yrs. We will schedule around you. 24hrs. a day and weekends. (Don't forget: When you go NH you Save \$) E.L. Doyle & Sons Painting 603-893-7975.

**DOCTORS, LAWYERS, AND** other business professionals, is it time to give the office a fresh look? If it is, give The Painting Professionals a call. We've been in business for over 35yrs. We will schedule around you. 24hrs. a day and weekends. (Don't forget: When you go NH you Save \$) E.L. Doyle & Sons Painting 603-893-7975.

**F.D. ROCHA AND COMPANY.** Painters, decorators, paper hangers. Neat, professional work. Established for over 40 years. Fully insured. Reasonable rates. Call 978-452-7614.

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**INTERIOR - EXTERIOR PAINTING,** Wallpapering, sponge painting and stenciling. Quality work, reasonable prices. Free estimates. Call Paul 475-6495 or Bob 470-1822.

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**J. AUGUSTA PAINTING.** Interior/exterior, wallpapering. Free estimates. Call 978-682-3749.

**JIM FOWLER'S PAINTING.** Interior. Fully insured, 20 years experience. Local references. Call 475-9937.

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**PAINTER.** Interior/exterior. Clean, Courteous, Efficient. 25 years experience. Many references. Call Frank 475-0875.

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#### ★★★★★

**BEST CLEANING SERVICE.** Top to bottom cleaning GUARANTEED! Fully insured. Serving the Andovers for 9 years. References proudly given. Call 978-441-2144.

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**Cleaning Services**

**A+ SPARKLING JOB-** Home or business. Excellent references. Mornings and afternoons available. Call the experienced cleaner! Call Sandy 978-373-2977.

**AAA CLEANING SERVICES-** Commercial-Residential. Tiled floor waxing, carpet shampooing, hardwood floors. Complete interior cleanings. Methuen office: 689-9563. Pager: 508-391-8503.

**ABSOLUTELY CLEAN-** Affordable, dependable, reliable and thorough house cleaning. Weekly and bi-weekly. Experienced and very trustworthy person. Fully insured. 978-209-4249.

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**ANDOVER- BI-WEEKLY,** Availability Tuesdays a.m. or p.m., Wednesdays a.m. Excellent Andover References. Call Laurie. 603-362-5989.

**ARE YOU TIRED** and working hard? Why don't you let me do your house-cleaning. Call Teresa at 978-683-8308.

**DEPENDABLE HOUSE-CLEANING** by middle-aged professional. Openings every week or every other week. References available. Call 682-5185.

**CAROL'S CLEANING-** Affordable, reliable, honest. Great references. Call 978-858-0823.

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**CLEANING BY SHIRLEY-** Reliable service. Reasonable rates. Good references. Serving the Andover area for over 10-years. Call Shirley 978-692-2640.

**E.T. HOUSECLEANING** will clean your house while you work or rest. Affordable, dependable. Free estimates. Call us at 978-685-9796.

**ENERGETIC WOMAN LOOKING** to clean houses in Andover, North Andover, or Boxford area. Please contact Kim 978-374-8501.

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**HOUSE CLEANING-** Weekly and bi-weekly, residential. Meticulous. References. Reasonable rates. For free estimate please call Sandra 978-640-0942.

**HOUSECLEANING: RELIABLE,** Experienced two person team will clean your house, weekly, every other week or monthly. Estimates, references. Lisa 475-6259.

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**KITCHEN FLOOR LOOKING DULL?** Disgusted with your no-wax, no-shine floor? Let us clean and shine it for you! LIBBY'S CLEANING SERVICE 686-6577.

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**WENDY'S CLEANING-** Honest, Reliable and Reasonable rates. 5 years experience. References upon request. Call Wendy 978-374-6674.

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**RESIDENTIAL WINDOW CLEANING.** We also do replacement windows, reglazing, sash cords, interior and exterior painting. Owner is on site. 15% Senior discount. F&M Cleaning 978-372-2992.

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**DRIVEWAYS & WALKWAYS-** Residential and Commercial. Most jobs starting at \$20.00. Call 978-937-2259.

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**BIRCHWOOD PROPERTY MAINTENANCE-** Quality landscaping and lawn care. Spring clean-ups. Mulching, lawn mowing, fertilizing, de-thatching. Reasonable rates. Please call 691-5915.

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**GARDENS BY ELLEN-** Landscape design, construction, installation, and maintenance. Fine perennial gardens, sanctuaries, meditative spaces. Consultations. Ellen Sweeney, 978-686-7712.

**PERENNIAL LANDSCAPING-** Lawn installations & designs. Brick walkways, patios, retaining walls, shrub trimming & planting. Bobcat and backhoe service, clean-ups, tree service. Mike Winslow 978-373-8331; 617-334-3764.

**After School Programs**

**CAMP EVERGREEN AFTERSCHOOL RECREATIONAL PROGRAMS.** Transportation from school provided. Flexible monthly schedule. Runs till 6:00pm 978-475-2502.

**Child Care**

**CHILDCARE PROVIDER** or babysitter with own transportation. Part time, Mondays and some Saturdays. Competitive pay. 978-453-3410 evenings.

**NORTH ANDOVER FAMILY DAYCARE-** Daycare Mother has full/part time openings. Fun games and Learning. License #180795. Call 689-3437.

**HELP WANTED**

**EARLY CHILDHOOD PROGRAM**  
**ANDOVER COMMUNITY CHILD CARE**  
**PHILLIPS ACADEMY, ANDOVER**

Well established N.A.E.Y.C. accredited program has immediate opening for:

**PART TIME SPANISH TEACHER**

We are searching for a creative and energetic teacher of Spanish for infants through kindergarten in a progressive early childhood center. Position is 10 hours per week, Mon-Fri 9:30 AM-11:30 AM. OCCS Teacher Qualified Preferred; relative course work or degree desirable.

This is a unique opportunity to join a child care organization with an outstanding reputation for developing model programs.

**Resumes to:** Community Day Care  
Personnel/ACCC  
190 Hampshire Street  
Lawrence, MA 01840  
Fax to: 978-685-5165

**Camps**

**KALEIDOSCOPE '99.** Exciting enrichment for kids, July 12th-30th. One week courses. AM/PM, extended day. Science, math, computers, art, music, drama, writing, more. Now registering. Info/Brochure, 978-475-1422, or write Kaleidoscope, Box 506, Andover, MA 01810.

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**A.C.E. MATH TUTOR-** 20+ years teaching experience, Math Ph.D. Will tutor all levels Middle School through College. Call 475-4285.

**ACCREDITED EDUCATIONAL THERAPIST** for students or adults. Learning skills for phonics, reading, writing, math. S.S.A.T., P.S.A.T., S.A.T. Miriam Smith, M.A. 683-6129.

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**COMPUTERS DON'T BYTE!** Feel comfortable with Windows, Word, file management, email, etc. Individualized instruction on your computer. Beginners welcome. Priscilla, 978-685-1479 Andover.

**DRUM LESSONS AVAILABLE** from experienced teacher, Berklee Alumnus. Reasonable rates. Call 688-4447.

**LESTUDIO DE BALLET,** 470-1381. 2 Dundee Park, Andover. Ballet classes for adults and children.

**DRUM LESSONS** in the convenience of your home with experienced drum instructor (Berklee Graduate). Reasonable rates. 603-425-7458, Web-site: <http://members.aol.com/johnsdram/index.htm>

**GUITAR TEACHER** ACCEPTING NEW STUDENTS: 25 years experience, music degree. All ages, levels, styles. Guitar rentals available. Bass lessons available. Your house or mine. For more information call John 975-0335.

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**MATH TUTOR-** Clear and patient help for the floundering, anxious, or ambitious learner. Harvard M.A. Call 475-7577.

**MATH, SCIENCE, SSAT, PSAT, SAT** and Special ed tutor. Certified teacher with over 14 years experience, focuses on academics, studying skills, organization skills, and test taking skills. Flexible hours. Done in your home. 978-689-4517.

**PIANO LESSONS-** Available in your home by Conservatory Music Instructor. Ages 7+. Please call 978-209-2379 (local) leave message.

**PIANO, VOICE AND GUITAR** Classes now offered by Jacobson Music Studios in North Andover. Ages 5-12. Saturday mornings 9:00am-12noon. \$12.00 per hour. Call Bill Jacobson 978-352-6593.

**PRIVATE TUTORING IN:** Foreign languages, English, math, sciences, and test preparation for: SAT, SSAT, GRE, GMAT. Beaven & Associates, 91 Main Street, Andover 978-475-5487. <http://members.aol.com/prbeaven>

**PRIVATE TUTORING-** Grades 1-4. Wednesday afternoons/evenings. Tuesday/Thursday evenings only. Remedial or reinforcement tutoring. Masters Degree in Special Education. 475-5738.

**PROFESSIONAL TUTOR-** many years experience. Very reasonable. Call 978-687-1467.

**SPEECH/LANGUAGE THERAPIST** specializing in preschool, articulation and language delays, has openings. Free screening. Robin Miller 475-4609.

**WANTED: MUSIC TEACHER** for synthesizer. Private, in-home. Call 978-683-5922.

**Help Wanted**

**ANDOVER COUNTRY CLUB HIRING:** P/t Front Desk Clerks for weekend shifts. Some weekday/night flexibility necessary. Will train. P/t Banquet Waitstaff. Must be available weekdays and have experience. Applications available at 60 Canterbury Street, Andover. No phone calls please.

**ANDOVER COUPLE** SEEKS full time nanny for 2 year old girl. Must have car, non-smoking and willing to travel. Hours: 8:00am-6:00pm. 781-863-5353 ext. 242.

**ANDOVER FAMILY** SEEKS experienced, nurturing nanny for one child beginning March 1999. Full time. Live out. Non-smoking. Own transportation. Labrador Retriever friendly. References required. Deborah 978-749-8046.

**BABY SITTER AFTER-SCHOOL** 1 or 2 days per week. Call 475-7367, or after 6pm 975-0013.

**BILINGUAL ANDOVER CHILD** (German/English) 1-1/2 years old needs baby sitter for mornings: Mondays, Wednesdays, Fridays. Voicemail 781-845-5200 leave message.

**CARING CHILD CARE** needed in Andover home. Mature, experienced care for 5 month old girl. Wednesday-Friday (30hrs). References, non-smoking. 978-974-0854.

**CARPENTERS HELPER WANTED.** Please call 978-975-1222.

**CASHIERS & GAS ATTENDANTS** wanted. Full/part time. Apply in person 8:00am-4:00pm to Sam or Mike at 14 North Main Street, Andover or call 475-2566.

**CHILDCARE** for 1 and 3 year old. Must have experience and references. 20-40 hours/week. Please call 749-7002.

**CHILDCARE NEEDED** for infant. Beginning in April for our 4 month old girl, 3 days/week. Non-smoking. Need own transportation. References required. 978-409-2350 (local).

**CORPORATE MOM NEEDS** assistant for 15-20 hours per week. Household chores and errands, some administrative work, word processing helpful. Must have car. Non-smoking. \$9.00/hour. Call 978-470-2550.

**COUNTER HELP-** Position for dry cleaners. Experienced helpful. Excellent wages and benefits. Call 475-9796.

**DID YOU KNOW?** Real Estate can be a great career. With the right education and training, with strong management and staff support, DeWolfe offers unparalleled opportunities for new and experienced associates. Call Nancy Collins at 978-475-8600 to inquire about your future.

**DISTRIBUTORS NEEDED** due to high demand. Herbalife International. Live healthy while helping others to do the same. 978-470-1545.

**EXPERIENCED NANNY NEEDED** 3 days, 30 hours/week in North Andover for infant, 4 year and 6 year old. Please call 978-687-4626.

**HELP WANTED****FULL-TIME ADVERTISING SALES REPRESENTATIVE**

The Andover Townsman and Town Crossings has an immediate opening for an experienced outside advertising sales representative.

Communication and organizational skills are a must. This position will be compensated with a salary plus commission. Benefits include paid vacation, health insurance and life insurance.

Please send resumé, cover letter, references and salary history to:

Michael A. Masessa Jr., general manager

**ANDOVER TOWNSMAN** **TOWN CROSSINGS**

33 Chestnut St. • P.O. Box 1986

Andover, Mass. 01810

No phone calls please.



**EXCELLENT PAY-** Experienced nanny/North Andover. Family seeks full time nanny to care for 3-1/2, 1 year, and baby on the way due in July. Toddler/infant experience. Driver, non-smoking. Daytime; 617-624-1814, after 7pm 978-688-3744.

**FEMALE NEEDED** to help woman in wheelchair: dressing with some personal care. Flexible hours. References required. Call 978-687-3173.

**HELP WANTED:** Earn up to \$500 per week assembling products at home. No experience. Info. 1-504-646-1700 dept. MA-173.

**HIGH SCHOOL/COLLEGE STUDENT** for my second grader. Saturday afternoons and evenings. Occasional weeknights and/or afterschool. Must drive. References please. \$7.00/hour. 978-470-3261.

**HOUSEKEEPER** one day a week or every other. Must have references and experience. Call 749-7002.

**NURSES:** Work from home in field of health, nutrition and disease prevention. Complete training. Call Diane 978-470-1545.

**PART TIME BOOKKEEPER-** Knowledge of Quickbooks required. Prefer experience. Flexible hours. Generous pay and benefits. 978-475-9796 for appointment, include resume.

**PART TIME DENTAL RECEPTIONIST-** 20-30 hours/week, 1 evening. Good working atmosphere. Experience preferred. Fax resume to 978-683-3790.

**SALES/MARKETING-** Part time marketer for EAP (Employee Assistance Program) in human service agency. BA/BS and experience required. Resumes: Kay Frishman 430 North Canal Street, Lawrence MA 01840. Fax 978-683-1026 by 2/12/99. EOE.

**"STINGRAYS" A SPECIAL OLYMPIC SWIM TEAM** is in need of energetic/motivated high school and college level volunteers who are interested in working with a wonderful group of school aged children in developing a competitive swim team. Volunteers need to be available every Sunday afternoon from 1:30-3:00pm at the North Andover YMCA from now till early June. Please call Linda Biles 689-4713.

#### Business Opportunities

**50 AND OVER-** Does the prospect of retirement scare you? There is hope for and exciting prosperous future. For free information call 978-469-9040.

**ARE YOU LOOKING** for a business with residual income that has the following:

- \*No large investment
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- \*No billing or collections
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- \*No pressuring customers to buy

I would like to introduce you to this unique opportunity. Call 978-470-1901 to schedule a one hour evening appointment.

#### Animals & Pets

**CLAWS AND PAWS** Pet-Sitting. By the day/week. Specializing in the best care for your pet. Excellent references. Contact Amy 475-0111; 978-372-7190.

**DOG & CAT CARE** in your home. Quality Petsitting/exercise. TLC a specialty. Bonded. References. Call Nancy Prentiss, GREAT EX-PET-ATIONS of Andover. 749-8016.

**PERSONALIZED PET SERVICE-** (SM) Est. 1983. Offering home pet care. Fully bonded, certified animal health tech. Daily walks, vacation care. Puppy love. Andover/North Andover. Call 687-3947.

**PAWS-ITIVELY PALS-** Professional Pet Sitting in your home. Scratching a belly, giving an old friend medication, to puppy love. We personalize our service to your pet's needs. Bonded & Insured/References. Please call Julie. 978-851-2010. www.pawpals.com

#### Articles for Sale

**BEDROOM FURNITURE, DRESSER,** vanity, headboard, almond \$120. Bicycle- men's 10-speed NISHIKI. Good condition \$40. 475-6102

**CHERRY WOOD DINING ROOM SET-** lighted hutch and buffet, double pedestal table, hand carved Chippendale chairs. Never opened, still in box. Cost \$8000; sacrifice \$2600. 978-388-8826.

**CLEARANCE SALE! 75% OFF** all winter clothing at The Mercantile, Andover's unique consignment shop, 68 Park Street. Monday-Saturday 10am-5pm, Sunday 1pm-4pm. 475-7940.

**CRISTO-DESIGNED WEDDING GOWN** with/matching waist-length veil. Light ivory silk shantung with/English brocade lace on v-styled bodice/back. Three quarter-length sleeve, sweep train. Size 6-5'6". 978-686-8535. Leave message. Will discuss b.o.

**MATERNITY CLOTHES:** all sizes, excellent condition. Call 978-975-4194 leave message.

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**Interior Painting**  
**TRIM:** \$85.00 (Ave. size room)

**WALLS:** \$85.00 (1 coat - Avg. size room)  
**Minimum 2 Rooms**

**Wallpapering**  
\$25.00 per double roll (6 double rolls per room min.)

**Professional, Fully Guaranteed Work at Low Prices**

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**METHUEN**

**DINING ROOM SET,** like new \$2200. Living room set; 2 couches, 2 end tables and coffee table \$700. Call 978-470-0993.

**ETHAN ALLEN AUBUSSON** oriental rug, ivory and blue 12X15, \$2500. Antique walnut dining set, 6 upholstered chairs and buffet \$1200. Wooden executive office desk, dark walnut finish \$300. 683-2702.

**FULLY SEASONED HARDWOOD.** Cut, split and delivered. \$165/cord. Also, 1/2 cords available. 10cu.ft. delivered and stacked \$45. Call 781-662-6733.

**HITCHCOCK CHERRY TABLE** and 4 chairs \$200. 68" camelback couch, beige with small print fabric \$100, both in excellent condition. 475-7512.

**HOWARD MILLER GRANDFATHER** clock. 71" high. Cherry finish. 2-1/2 years old. \$700. 978-694-4154.

**LOSE WEIGHT.** All Natural. FREE Samples. Please call Toll Free 1-888-382-6393.

**NEW CARPETS-** Installer has access to several thousand yards StainMaster carpet. I can carpet your livingroom and hall for \$389. Price includes pad and installation, based on 30sq.yds. Also have Berber and commercial carpets. Call John 978-256-2145.

**MOVING SALE-** Fridge \$225., stove \$175., console TV \$150., sofa & chair set \$400., coffee & end tables \$125., dinette set \$50., chairs \$100/-each, microwave w/cart \$50. 978-682-8249 North Andover.

**NORDIK TRACK \$250.** Electric dryer \$100. Call before 3:00pm 978-475-8537.

**OFFICE FURNITURE-** solid wood secretaries, credenza, conference table, more. Will separate. Call 978-640-6238.

**PENNSYLVANIA HOUSE** Queen Anne style oval cherry dining room table, 2 leaves, six chairs \$750 or best offer. 978-470-3315.

**TEAL LEATHER CHAIR** \$250. Gas dryer \$100. Lawn mower \$75. Dinette set \$200. 2 bedroom chairs \$75. Metal closet \$50. 978-863-9901.

**TWIN BED WITH dresser.** Very good condition \$225. 2 matching hutches with cubbyholes, cabinets and draws \$250/both, best offer. 978-658-6275.

**TY BEANIE BABIES** JUST IN!! Millennium Bear, Kicks Soccer Bear, 1999 Ty Signature Bear, Valentina the Magenta Bear, plus 25 others. 978-474-4366.

**YAKIMA SKI CARRIER** for car. Space case model with rails, towers and locks. \$300. Call 978-475-8288.

**TWO FISHER PRICE TRIPLE ARCADES,** \$50/each (ping pong, pool table, air hockey, basketball, skeeball, pinball). 9'x12' rug, beige, pink, green floral print, \$250. 978-851-7003.

#### Firewood/Fuels

**QUALITY HARDWOOD** 1/8, 1/4, 1/2, Cord, \$30.00, \$45.00, \$80.00, \$150.00. Contact Tim Sweeney and Son. 978-749-3066.

#### Houses for Sale

**ANDOVER-** 4 bedrooms, 2-1/2 baths, cherry kitchen, family room, dining room, fireplaced living room. Master suite jacuzzi, shower, walk-out basement, hardwood floors, large private wooded lot. Room to expand. Near Phillips, town, Bancroft School. 978-475-6102. No brokers.

**ANDOVER- JUST REDUCED,** \$329,900. 4 bedroom, 2-1/2 baths, attached 2 car garage. All hardwood floors. 1-1/4 acres. Re/Max Realty Connection 978-988-5800.

#### Wanted Real Estate

**LOOKING FOR SINGLE** family house in South School district, at least 3 bedrooms. Please call 681-4127.

**YOUNG COUPLE LOOKING** for single family, handyman special house with land or large yard. \$225,000 or under. No brokers please. 978-474-0949.

#### Wanted to Buy

**ANTIQUES -** Anything old Marbletop, Walnut, Grape and Rose Carved Furniture, Glass, China, Silver, Jewelry, Clocks, Prints, Frames, Guns, Coins, Furniture, Etc. William F. Graham, Jr. 420 Water Street, Haverhill, Mass. Tel. 978-374-8031, will call to look.

**STURDY DOUBLE STROLLER** and outdoor ride-on toys in good condition. Call 978-794-9334.

#### Condos for Rent

**ANDOVER-** Need it immediately....We can comply!! Rare opportunity! Impeccable second floor two bedroom condo at Washington Park! Fully furnished, heat, hot water, electricity, cable, use of pool and tennis included. New deck, updated kitchen, plenty of parking. \$1400/month. No pets. Call Carla @ RE/MAX Preferred 978-686-5300 ext. 348.

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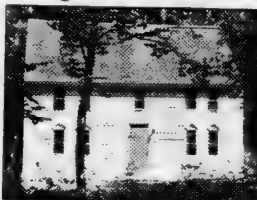
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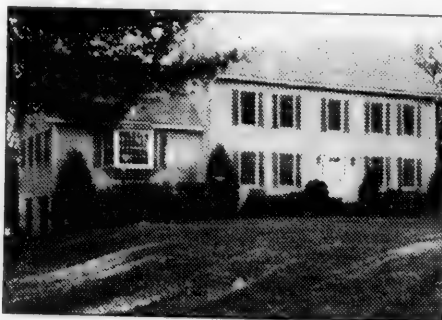
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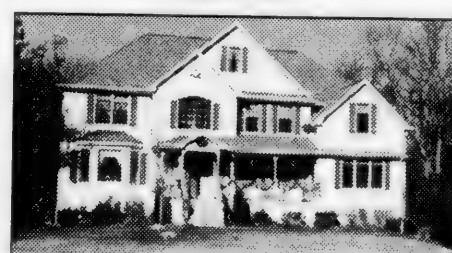
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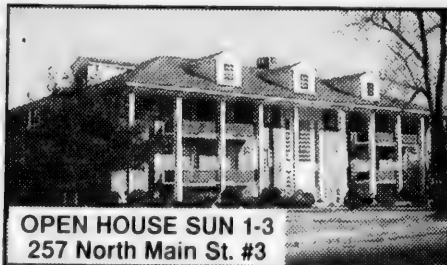


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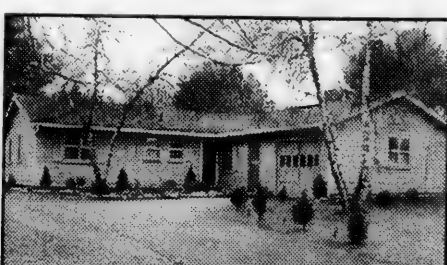
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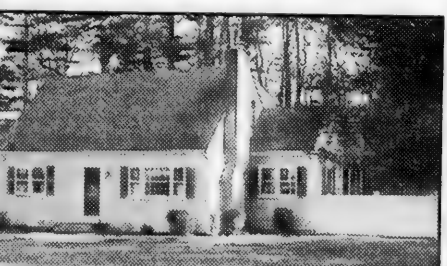
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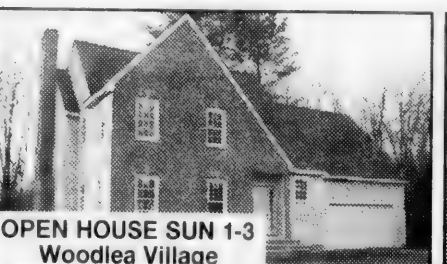
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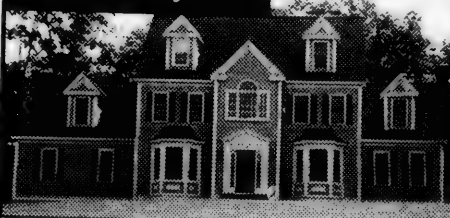
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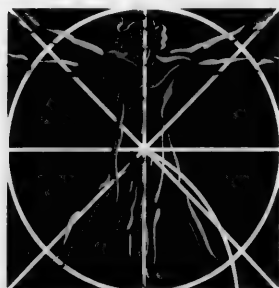
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HEALTHWISE

A QUARTERLY GUIDE TO HUMAN ALTERNATIVES



# The truth about addiction and what to do about it

By Karen Intravaia

The subject of addiction could take up volumes and volumes of books and one could never be quite through completely discussing the subject. There are many fallacies, assumptions, correlations and truths to what makes one individual an addict and someone else a social drinker/drug user.

There are many startling facts; the average age of first-time drug use among teens is 13. Some kids start at 9. One out of four American kids between 9 and 12 is offered illegal drugs. Twenty-two percent of these kids receive the offer from a friend. And 10 percent named a family member as their source. There is a lot of education and help to the problem for a person that needs assistance.

The Psychological Center in Lawrence has been helping people for more than 30 years with alcohol and drug addiction. Joe Cotton is the chief executive of The Psychological Center. "The big question for people is, is it a disease, a learned behavior, a set of mistakes or genetic?" he said.

Mr. Cotton said people must get down to the molecular level and he believes it is brain-based behavior, endemic to the animal level of pleasure seeking. "Everyone has synaptic gaps in their brain, if the opening is not satisfied and the appetite is not filled, addiction will fill it," he said.

Certain socioeconomic and personal-



Photo by Karen Intravaia

Joe Cotton and Kathy McKenna of The Psychological Center in Lawrence

ity types do play a role in addiction. "People are always seeking pleasure and going away from pain," he said. A person's drug of choice might be influenced by socioeconomic conditions, he said. For instance, heroin or crack is

not the drug of choice for individuals in higher socioeconomic levels.

Prevention is the key to substance abuse and it is never too early to teach.

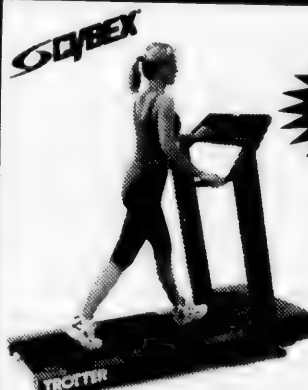
"There is a definite co-relationship between the amount of time spent with

parents on the weekends during puberty and adolescence," said Mr. Cotton. "This also is true of condom use, seat-belt use, and drug and alcohol use. Parents have to allow a child to know that they have to experience pain." Many have tried to answer the question of addiction with, is it nature or nurture? The results are not 100 percent conclusive either way. It is believed that both genetics and situations play a major role with addiction.

Kathy McKenna is the director of Outpatient Substance Abuse at the center. She said it is a fact that parents do impact how a child behaves. "It is very important when it comes to modeling of a parent," she said. "The child needs to see how the parent can deal with pain."

Mr. Cotton also believes in demystifying alcohol. He takes the mystery out of alcohol for his own kids by offering them a very small amount at Thanksgiving. Ms. McKenna feels substance abuse is all about being bored for kids. The media also plays a role with cigarette and beer advertisements, associating the substances with fun and this is the message that kids receive. Ms. McKenna has seen children whose parents drink and have a problem, end up smoking marijuana because they don't want to be like their parents. She also feels strongly about the parent's attitude toward alcohol. The parent's per-

(Continued on page 3A)



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# The truth about addiction ...

(Continued from page 2A)

ception and punishment for substance abuse is very important. "The crime connection with substance abuse is undeniable," said Ms. McKenna. "Over 80 percent of all people in the criminal justice system have alcohol/substance abuse problems. Nobody ever wakes up and says 'I want to be an alcoholic or a junkie,' it just happens."

There are questionnaires put out by Alcoholics Anonymous and other agencies that give individuals an indication whether they have a problem with alcohol or other substances. Ms. McKenna said it comes down to how much time is put into preparing, using and recovering from drinking or other substances. Therein lies the difference between addiction and normal or social use of alcohol.

"Once someone decides to get help for their problem, they must deal with the emotional pain and anger," said Ms. McKenna. "They must replace the behavior with something else. This is where skill building comes into play. The person must learn to sit with their feelings. Emotionally some adults are still adolescents with arrested development."

According to Ms. McKenna, when people stop drinking it is not unusual for them to shift over to another addiction. And most people don't get it the

first time. People also often have slips; it is part of the recovery process. Ms. McKenna feels her job is helping people who are seeking pleasure and comfort through substance abuse, find pleasure and comfort, not by instant gratifica-



tion but by more fulfilling ways. Since addiction is based on denial and the addicted person has lost control, their

addictions will certainly get worse if left untreated.

Every situation is different. Someone might need a detox and another person might be suited to go directly to Alcoholics Anonymous meetings. It also depends on the substance. Ms. McKenna recommends when in doubt, getting an evaluation from a health care professional.

Alcoholics Anonymous (AA) is basically, one person helping another. The people helping have their own addictions and know what it is like. AA began in 1945 in the Greater Boston area with 13 groups and membership has grown to more than 2,058 meetings a week in the eastern Massachusetts area. The sole purpose of AA is to help an alcoholic stop drinking and stay sober. The principles of AA are based on 12 steps and 12 traditions. There are no rules to AA, just suggestions. They do suggest in the beginning for the person to attend 90 meetings in 90 days. This also depends

on where they are in their lives and if it is possible. Other suggestions are to get as much support as they can and to make new friends. They do believe a person has to do it himself or herself, but they don't have to do it alone.

There is no way other than court mandate to make someone get help for his or her problem. They must truly want it themselves. Ms. McKenna does see certain ages that are turning points for people. "Whether it is their development or consequences they have faced, there are no absolute indicators that make a person ready to change their behavior," she said. "They are ready, when they are ready and there is no way to measure it."

Ms. McKenna does see some barriers to treatment. She feels private health insurance companies are a lot more limited with coverage for treatment than for mental health. "I also see people passing moral judgments on others," she said. "Feeling that they should just stop that and not do it anymore." She also feels there is still a stigma associated with alcohol/substance abuse for women and children. "Women have it rough," she said. "I see many trying to get help for their addiction, while also trying to get help to care for the kids. They try to get sober without losing their kids. There is also a lot

Continued on page 4A.



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# The truth about addiction ...

of shame associated with addiction."

Ms. McKenna said once someone does receive treatment, then relapse prevention is key. The person needs to identify their issues, learn to monitor



them, watch any patterns and then counteract the issues.

"I feel we are beginning to stop the cycle, or at least slow it down," she said. "We can't save everybody, but it is great to hear when people are doing well. I really feel that alcohol/substance use is being 'de-glamorized' and it is not so cool any more."

Another resource for treatment for addiction is Baldpate Hospital in Georgetown. Jane Bresnahan has been the Director of Substance Abuse for 11 years. Ms. Bresnahan said there are signs of addiction that parents can look out for, other than the obvious physical

signs. Pay attention if your child's grades are slipping, if they are hanging around with a different group, isolation, or not involved with the family anymore. Be concerned if they are being secretive, attitude change and image changes. For adults, signs include missing work, spending time away from the family, taking more of the family

money, being argumentative and changing social behaviors not common to the person.

"It is not how much a person drinks, but what it does to them," said Ms. Bresnahan. "A person has an addiction, if they experience a loss of spirituality and unmanageability in their lives. The illness has a progression. The point where the illness turns is when the person has a decrease in social functioning and responsibilities."

Ms. Bresnahan said one major misconception is many feel if they are only drinking beer, it's not a big deal. "There is no difference between wine, beer or alcohol, there is no lesser evil. The illness is denial and minimizes things."

The fact is, if drinking causes difficulties in any part of a person's life, with marriage, family friends, work, health, finances or the law, then almost certainly they have an alcohol problem. The person might be a chronic daily drinker or a binge weekend drinker. But the symptoms remain the same, alcohol controls the person.

Ms. Bresnahan agrees that prevention is very important. "It is important that it starts early," she said. "Agencies such as DARE are great. Families also need to take responsibility to educate and monitor their children. Peer support groups for recovery are also needed in schools." This illness doesn't discriminate. As the saying goes, Yale or jail, addiction doesn't discriminate. She

also sees addiction as a learned behavior as well as having a genetic factor. "I do want people to know that there is hope for people who suffer from this illness, you can recover," said Ms. Bresnahan.

For help with addiction, contact Alcoholics Anonymous at their Central Service number (617) 426-9444. They will let you know about meetings in your area. Other resources for information or assistance include Massachusetts Substance Abuse Information and Education Helpline 1-800-327-5050 and Boston Alcohol and Substance Abuse Programs, Inc. at 617-482-5292. The World Wide Web offers a wealth of knowledge on addiction, two great sites to check out are [www.projectknow.com](http://www.projectknow.com) and [www.drugfreeamerica.org](http://www.drugfreeamerica.org).

**One major misconception is many feel if they are only drinking beer, it's not a big deal.**

**Jane Bresnahan**

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# Hearing aids – The revolution continues

**O**ver the years, many changes have occurred to hearing aids. The results are instruments that work better. The main changes are in size and technology.

In size, new hearing aids are so small that it is often necessary for someone to look into the ear of the wearer to see the aid. The completely in the canal aids (CIC) are surprisingly inconspicuous and effective.

The technology has evolved with the advance of programmable, and now true digital hearing aids. All instruments can distinguish between frequency of sounds. This is necessary for the hearing aid to be effective for different hearing losses. ReSound, utilizing ATT Bell Labs technology, pioneered the sophisticated processing distinguishing between soft and loud sounds. These more automatic instruments are effective in many difficult situations. Individuals that often "fiddled" with the volume controls of old hearing aids, are now able to hear in a wide variety of listening environments without the fuss.

A number of manufacturers have introduced aids which can distinguish the direction from which a sound comes. These directional microphones allow the user to have the aid soften the sounds from behind, while maintaining the signal from the front. This effectively diminishes the "background." Although most effective when the user is able to

arrange the environment to place the speaker of interest to the front, and the noise to the back, it provides a dramatic benefit in most noisy situations.

The latest technologies include true digital hearing aids, which have computers in them and process sounds using the same features as CDs. Digital technology has allowed CDs to replace tapes, has been introduced in phones and is coming to television. This technology results in even more complex and effective sound processing. Manufacturers like Oticon, Widex, Philips, Siemens, and Bernafon have developed different systems to meet the growing demands of the user. Each has a unique system to maximize the benefit to the user.

Siemens has one of the widest offerings in the digital hearing aid. The units are named Prisma, and they vary from the behind-the-ear models to the completely in the canal. The two larger models have the directional microphone which is activated by use of a switch on the aid itself (no remote controls required.) All the models incorporate the Siemens' exclusive "Voice Detection" system, and low battery warning system. The combination gives



Siemens one of the most varied offerings available today.

Today, the small size of the CIC hearing aid, and the technology of the digital instrument can be combined. The results are a dramatically more advanced hearing aid than was even conceived of a decade ago. Although there are only a few manufacturers that can combine both features, there are more choices available with each passing month.

Be sure that you find a certified, licensed audiologist (hearing specialist), to do the testing, and a dispenser who has the technical know how and equipment to fit the latest aids. Vendors who handle a number of brands typically can better match an individual's requirements to the instrument and technology that will give the best performance and value.

This technology is expensive. Digital hearing aids are around \$2000 each, while digital processing in a CIC is \$2500 or more.

If you have been concerned about how a hearing loss has affected you, the new choices make now the best time to investigate the benefits of the new technology.

If you have any questions or concerns please contact Audio Hearing in Andover at 166 Main St., 475-9595 or in Lowell across from the Lowell Auditorium at 77 East Merrimack St., 454-1966.

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# Alcohol and pain relievers

By Richard C. Dart, M.D., Ph.D.

(NAPSA) - An estimated 41 percent of Americans drink alcohol, and about 85 percent take non-prescription pain relievers.



Richard C. Dart, M.D., Ph.D.

Given the widespread use of alcohol and pain relievers, it's important to have some basic information about the safe use of these medicines. Here are six facts everyone should know:

**Fact 1:** Alcohol is a chemical that acts like a drug in the body. People who regularly drink alcohol need to be careful when using any medicine.

**Fact 2:** Not all non-prescription, also called over-the-counter or OTC, pain relievers are the same. Most OTC pain relievers are nonsteroidal anti-inflammatory drugs, or NSAIDs. This category includes products such as aspirin and ibuprofen. In some people, these medicines can cause stomach irritation and even bleeding. Acetaminophen, belongs to an entirely different category of pain relievers and is not associated with stomach irritation or bleeding.

**Fact 3:** Not all drinkers are the same. Basically, there are two categories of drinkers: the occasional moderate drinker and the chronic heavy drinker. The U.S. Food and Drug Administration

(FDA) describes the chronic, heavy alcohol user as a person who drinks three or more alcoholic beverages every day.

**Fact 4:** What the occasional moderate drinker needs to know.

About OTC NSAIDs: Stomach bleeding associated with these products, to varying degrees, can occur at or below recommended label doses even in the absence of alcohol. In people who drink alcohol, the risk of serious stomach bleeding associated with aspirin is at least doubled.

About acetaminophen: When used according to label directions, acetaminophen is not associated with any increased risk.

**Fact 5:** What the chronic, heavy drinker needs to know. The FDA has issued final regulations requiring all OTC pain relievers to carry warnings about chronic, heavy alcohol use. These warnings direct chronic, heavy alcohol users to talk to their doctors before taking any OTC pain reliever.

**Fact 6:** Product labels are there to help you. Always remember to read and follow the directions on the product label, pay attention to any special precautions or warnings, and call your doctor or pharmacist if you have a question. Most important: Do not exceed the recommended dose.

Dr. Dart holds a pharmacology and toxicology doctorate. He is Director, Rocky Mountain Poison and Drug Consultation Center, Denver, Colorado.

## The seven 'Cs': Prescription for good health

(NAPSI) - Today's managed health care environment, with its rules, restrictions, and regulations, can be difficult to navigate. How can you be sure that you are getting the best health care possible? Who is looking out for your best interests?

The number one advocate for your health care needs is you. Pathologists, doctors who care for patients through laboratory medicine, recommend that you find a partner to serve as your advocate - someone who will champion your needs and work with you so that you can stay healthy and treat any health problems that arise. And your best partner is your physician.

Your physician - in an open, communicative relationship with you can help guide you to determine what's best for you and help ensure that you and your loved ones receive appropriate care.

To help you establish a productive partnership with your doctor, look to the following seven 'Cs.'

**Credentials:** Investigate the doctor's professional reputation. Ask

friends or family, call the doctor's office, contact your state medical society, or look on the Internet.

**Choice:** Remember that you, as a health care consumer, have the right to a second opinion or to change doctors. If you're not comfortable with a particular doctor, find one who is responsive to your needs.

**No conflict of interest:** Be sure that there is no conflict of interest that could compromise the quality of your care. In some plans, a doctor is paid a set fee for seeing and treating each patient, regardless of the care given to each patient. Some fear that this may encourage physicians to limit treatment or tests in order to save money.

**Competence:** A physician's credentials don't guarantee competence. You should ask your doctor to:

- itemize solutions to medical problems;
- describe the benefits of each solution;
- describe the risks and downsides of each solution;

(Continued on page 8A)

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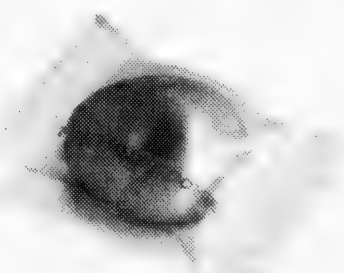
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## Lowell General Hospital announces new Women's Imaging Center

**P**roviding quicker and easier access to services for the early detection of breast cancer was a driving force behind the creation of the Women's Imaging Center of Lowell General Hospital. Complementing screening and imaging services at the main hospital campus, Lowell General's new center at 4 Meeting House Road in Chelmsford will give women quicker access to appointments. The new center is expected to begin serving patients in February 1999. Both sites will provide screening mammography, breast ultrasound and bone densitometry (or osteoporosis screening).

"The Women's Imaging Centers will work closely with the staff of The Cancer Center at Lowell General Hospital to provide the best in early detection, screening, diagnosis and treatment of cancer," said Robert A. Donovan, President and CEO of Lowell General Hospital.

Although annual mammograms are proven by far to be the most effective means of detecting – and surviving – breast cancer, many women still avoid them.

"For women who are in the prime of their lives, feeling perfectly healthy and responsible for raising a family and managing a career, it is terrifying to even *think* of being told they have breast cancer," said radiologist Peter Reveno, M.D., a mammography expert at Lowell General. "They fear that discovering cancer means they will die. But that's not true. Discovering cancer early is the best way survive."

Both imaging sites provide mammography and breast ultrasound. Mammograms provide an X-ray of the breast and can show changes in the breast before a woman or her physician can feel them. A breast ultrasound uses sound waves to create an image of the breast and provide more information about any suspicious areas found on a mammogram.

The imaging center sites also provide bone density testing, which measures the strength of your bones and reveals whether you have or are at risk for osteoporosis. Together, these sites give women easier and quicker access to appointments.

"With the addition of three new mammography machines – two at the new Chelmsford center and one at the main hospital campus – the Women's Imaging Center will reduce waiting time for appointments from eight weeks to as little as two to three weeks," said Michelle O'Brien, Director of Imaging Services at Lowell General.

To schedule an appointment or for more information on breast imaging services, please call the Women's Imaging Center at (978) 937-6023.



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With the best care so close to home, The Birthplace at Lowell General Hospital is the right choice for you and your baby. For more information, to arrange for a visit, or to talk to a professional about a physician referral, call us at 1-800-580-6613.



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## The seven 'Cs'

(Continued from page 6A)

- describe any other options; and
- put all of it in writing.

**Communication:** Candid, open communication with your doctor can help separate helpful health information from the harmful. Ask questions. Be forthright with information that can help your doctor treat you. If you're afraid to ask your doctor questions, you may have the wrong doctor.

**Compassion:** Your physician should show you respect and demonstrate that he or she sees you as a human being.

**Continuity of care:** It takes time to develop a trusting relationship. Having a long-term relationship with your physician can help ensure that you receive the best care.

According to pathologists, by being your own advocate, by learning as much as you can about your health plan, and by working closely with your doctor, you and your family can have the health care you want and need. For more information about how to navigate through the managed care maze, call the College of American Pathologists at 800-LAB-5678.

## A new approach to keeping New Year's resolutions

(NAPSI) - The start of a new year is a fresh opportunity to create new lifestyle habits which can make you happy and healthy. As the new year begins, many of us will set goals such as losing weight or exercising more.

Whatever the resolution, we hope to stay with it long enough to make it a habit. Unfortunately, many people lose sight of their New Year's resolution within weeks of setting it.

How can you succeed? Use some tried and true goal-setting strategies for making this year's resolution stick.

Make sure the goal you set is important to you - not someone else. You need to be passionate about your resolution. Your motivation to stay with it will be much stronger.

Set goals that are specific and action-oriented. Instead of resolving to "exercise more" or "be more fit," set a goal that outlines the actions you should take to get there. For example, commit to walking three times a week or biking an hour each weekend. Make your goals positive and realistic, yet challenging. Take the high road when establishing goals. If you want to eat less fat this coming year, move the focus from a negative action, such as cutting out desserts, to a positive one, such as eating five servings of fruits and vegetables each day. Both

strategies help you reduce fat, but putting a more constructive spin on your actions improves your chances for success.

Write down your resolution(s). They take on a greater sense of importance and commitment when you do. Review your goals daily - ideally in the morning and again at night. Visualize success. When you come to hurdles, take time to weigh the pros and cons of your choices. Make a conscious decision. Forget perfection. Nobody is perfect all the time. A blip in your progress is just a blip. Stay focused on your goal - pick up where you left off.

### A great start toward better nutrition

Do you hope to eat "better" this coming year? Pin your goal to the front of your refrigerator and the inside of the cupboards. Keeping it in sight will keep it in the forefront of your mind as you make food choices.

### Words to reflect on

- When you reach for the stars, you may not quite get them, but you won't come up with a handful of mud either.
- An obstacle is something you see when you take your eyes off your goal.
- Never look back unless you are planning to go that way.

## Count calories and fight the fat

Just because a product is fat free, doesn't mean it is calorie free. In fact, fat free or reduced fat products can have as many, if not more, calories per serving than regular products. So, yes, you need to watch your fat intake. But remember calories do count.

The new National Heart, Lung, and Blood Institute Obesity Guidelines encourage you to read the labels and compare products like these.

1 Fig Cookie	
Fat Free	70 Calories
Regular	50 Calories

1/2 Cup Ice Cream or Frozen Yogurt	
Premium Nonfat	190 Calories
Regular	180 Calories

2 Tbls. Peanut Butter	
Reduced Fat	190 Calories
Regular	190 Calories

Source: The National Heart, Lung, and Blood Institute in cooperation with the National Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health

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# Assisted living at its best

**W**ord has spread that Heritage at North Andover is the Merrimack Valley's premier assisted living community. Although 95 percent occupied, several different style apartments still remain available. According to Marketing Director Dina Lynch, "Heritage at North Andover is filling quickly. At this point, we expect to have a waiting list by early spring." Executive Director Beth Vellante states that "Our caring staff and top quality services have created a high level of satisfaction among our residents and their family members. We care about our residents and are totally committed to helping them maintain the independence they cherish."

At Heritage at North Andover, residents enjoy three delicious meals served by waitstaff in a lovely dining room. Weekly housekeeping, recreational activities, social events, personal care services, utilities and 24 hour staffing are also all included in one monthly service fee. According to Activities Director Rebecca Loveland, "Visitors always comment on our warm, friendly atmosphere. Our residents know that this is their home. In many ways, we're like an extended family."

Although residents enjoy many com-

munity events together, all residents have their own spacious, private apartments and are free to come and go as they please. In addition, respite or short stay programs are available, which include the same services available to assisted living residents, but at a daily rate.



Heritage at North Andover is also proud to offer "Homestead at Heritage," a very special program for individuals with memory impairment. This program offers an enriched activities program combined with 24 hour personal care services all provided in a secure, home-like setting especially designed for memory impaired seniors.

Heritage at North Andover is located on eight beautiful acres overlooking Weir Hill at 700 Chickering Road in North Andover. For information and a tour, please call Dina Lynch at (978) 683-1300.

**... "Our residents know that this is their home. In many ways, we're like an extended family."**

**Rebecca Loveland**

## Menopause and you

(NAPSA) Every day, more than 4,000 women in the U.S. reach menopause, a time in a woman's life that can mean a new beginning.

Maintaining good health becomes a priority and a challenge in midlife.

By making important changes, you can prevent osteoporosis and heart disease. One leading nonprofit organization, The North American Menopause Society (NAMS), offers these tips on dealing with menopause and beyond:

- Quit smoking
- Exercise regularly (daily walks, dancing, weight lifting).
- Take a multivitamin. Vitamin D can help with bone strength to help combat osteoporosis. The B vitamins can help lower your risk of heart disease. You may want to take calcium supplements, too.

• Focus on diet: eat at least five servings of fruits and vegetables daily. Reduce your intake of animal fat. Read labels.

• Talk to your healthcare provider about the risks and benefits of menopause medications.

For more information, you can contact The North American Menopause Society (NAMS). They offer a 24-hour toll-free hotline at 1-800-774-5342 where you can order material called the MenoPak, for a shipping fee of \$5. You can also write NAMS at P.O. Box 94527, Cleveland, OH 44101, or call (216) 844-8748.

## The cold facts

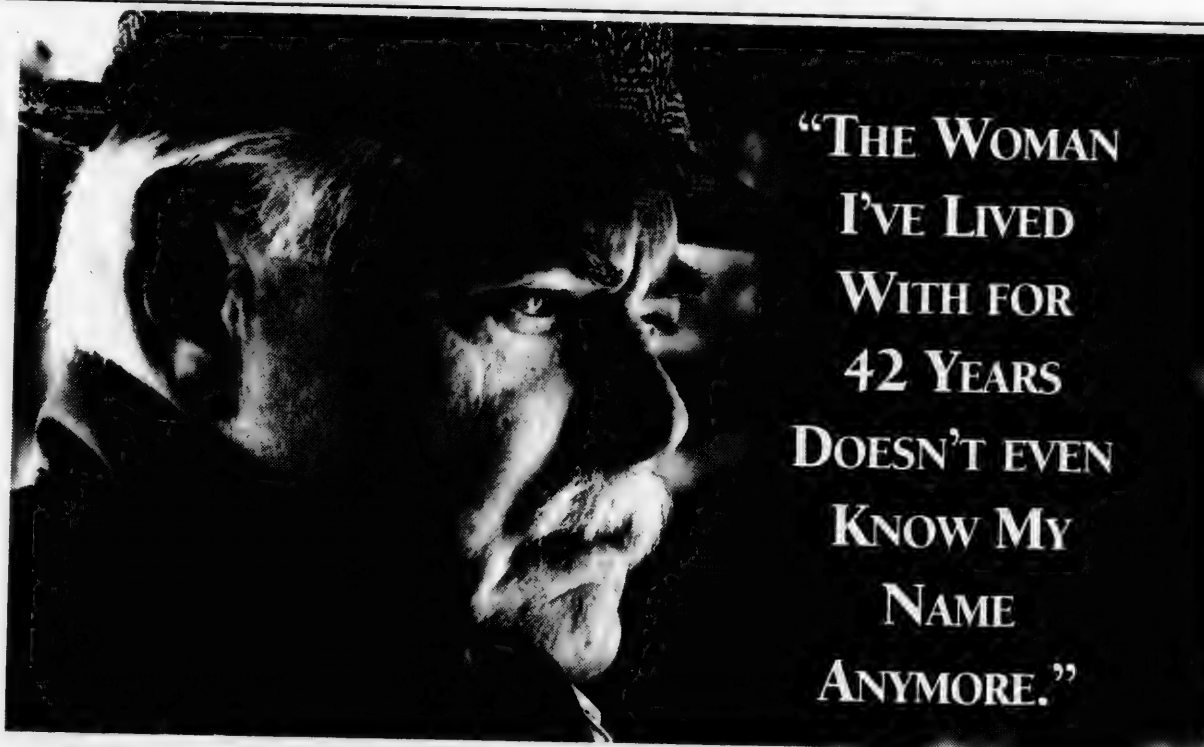


(NAPS) - According to some estimates, about 90 percent of the people in the United States catch at least one cold every year, and more than half have several.

Fortunately, there are things you can do to protect yourself and others from cold germs.

1. Eat right, get enough rest, exercise regularly. Good physical condition helps your immune system, so any cold you catch won't be as bad or last as long.
2. Try to avoid touching the hands of anyone with a cold.
3. If you do get a cold, keep it to yourself. Cover your mouth or nose when you cough or sneeze. Stay in bed.
4. Keep warm. Drink plenty of fluids. Take a pain reliever and a cough and cold medicine. Eat moderately. You don't have to starve a cold.
5. If a cold lasts more than ten days or fever exceeds 102°, see a doctor.

Keeping these suggestions in your mind can help keep cold germs out of your body.



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## Nuts about health? Try peanuts

(NAPSI) - In 1895, Dr. John Harvey Kellogg developed a "nut butter" from peanuts, as a healthy source of vegetable protein. However, it took more than a century for scientists to tap into the health benefits of peanuts and peanut butter. These benefits include:

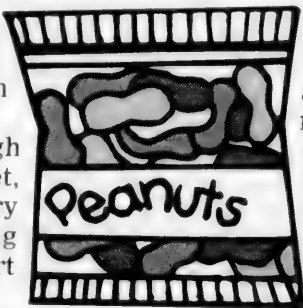
- Peanuts are heart-healthy because they lower blood cholesterol when added to the diet in small, frequent amounts;
- Peanuts, in a high monounsaturated fat diet, can be as effective as very low fat diets in reducing some risk factors for heart disease;

• Peanuts can satisfy hunger for longer periods of time than other high carbohydrate snacks; and

• Peanuts contain important plant chemicals such as resveratrol, thought to fight heart disease and cancer.

"The best news is still to come," says Jeffrey B. Johnson, president of The Peanut Institute, a nonprofit research and educational organization. "There are more studies underway and our educational efforts are just hitting their stride."

Peanuts have numerous phytochemicals, phytosterols, flavonoids and phytoestrogens, plus vitamins - especially E - that contribute to overall health. In addition, research is underway to unlock additional heart-healthy and cancer prevention secrets of the peanut.



In recent Harvard and Purdue studies, peanuts and peanut butter seem to satisfy hunger more effectively than other high carbohydrate foods. In the Purdue study, people who ate peanuts and peanut butter adjusted their own calorie intakes; they did not add extra calories to their diet.

In one Harvard study, women who ate small amounts of nuts lowered their risk of heart disease by one-third. Another Harvard study found that men who ate nuts regularly were less likely to have cardiac problems and sudden death.

At Penn State, researchers discovered

small changes in diet - such as substituting peanut butter for butter or cream cheese, and replacing other snack foods with peanuts - reduced cholesterol levels by 10 to 14 percent within a month. This research suggests that people who focus on fat-calorie count miss out on the healthy benefits of the good monounsaturated fats like those found in peanuts.

"We have options beyond olive oil - peanuts, peanut butter, peanut oil - for increasing monounsaturated fats in the diet," says Dr. Penny Kris-Etherton of Penn State.

Eating peanuts (which aren't really nuts) just one to four times a week can significantly reduce the risk of heart disease. In other words, these legumes can help turn you into a real health nut.

## Trade sugar for spice

By *Cosmopolitan*,  
For AP Special Features

Did those holiday parties pack on some January pounds?

Melt them off, wrote Elizabeth Goodman in an article in the January issue of *Cosmopolitan*, by kicking up your metabolism with a spicy diet.

The true dietary devils, says Morrison Bethea, M.D., co-author of the best-selling book *Sugar Busters!* (Ballantine), are sugar and carbs.

"When you eat a lot of sugar (or low-fiber carbohydrates that your body immediately converts into simple sugar), your insulin levels go up. This rise blocks certain enzymes that prevent your body from performing important fat-busting duties."

In other words, sugar and carbs egg on your body to convert more of what you eat into thigh-padding pounds.

How do you thwart this hidden side effect? Cut back on sweets, say the sugar busters, including not only sugary desserts (like many fat-free cookies and cakes) but also simple carbohydrates such as white flour-based pasta, bread and rice (these are quickly converted into simple sugar once they're digested); and vegetables with a high sugar content, such as white potatoes, carrots, beets and corn.

Replace them with a protein-packed diet made up of mostly lean meats, cheeses, high-fiber veggies like leafy greens, and small servings of whole

grains like old-fashioned oatmeal, whole grain bread and brown rice.

"Foods such as broccoli, asparagus, beans and whole grains contain a lot of fiber and take longer to be absorbed into the bloodstream than foods made up mostly of sugars and carbs," he explains. "This makes you less hungry and not as likely to snack."

But not all experts agree with the basic reasoning behind the sugar busters' diet - and most take issue with the notion that you have to eliminate all simple carbohydrates like potatoes and carrots, both of which contain healthful vitamins and minerals.

"Weight gain from sugar-filled foods is usually nothing more than old-fashioned calorie overload," contends James Kenney, Ph.D., a nutrition research specialist at the Pritikin Longevity Center, who agrees that low-fat processed foods can pack on pounds. "Many low-fat food manufacturers take out the fat and substitute a lot of sugar in its place. Sometimes the low-fat version has more calories than the regular one."

No matter which view you accept, this much is clear: Eating too many sweets could be what's keeping you from losing those persistent pounds.

Trading pastries for peppers kills two dietary birds with one bite: You feel less hungry and burn off more fat. "Almost 90 percent of what we consider taste is really smell," explains Alan Hirsch,

(Continued on page 12A)



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# Andover Plastic Surgery offers the latest imaging techniques

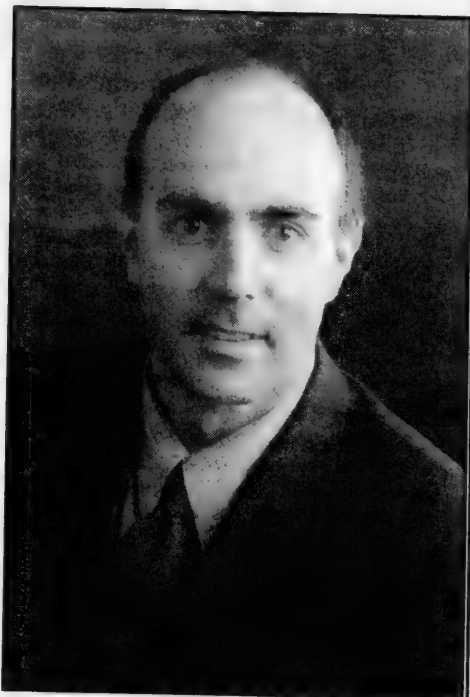
*Computer imaging lets patients view potential benefits of cosmetic procedures. An imaging demonstration will be performed at his office seminar on Feb. 24.*

George P. Chatson, M.D. of Andover Plastic Surgery, a board certified plastic surgeon, offers a full range of safe and effective cosmetic procedures which allow changes in both body form and structure. Through advanced computer imaging technology, patients can experience a "before and after" prospective view of their appearance after the cosmetic procedure.

"As many people strive to enhance their appearance through exercise and diet modification, some recognize that particular aspects of their physiques are resistant to improvement," relates Dr. Chatson. Areas of prominent contour or skin laxity may often benefit from a carefully performed cosmetic surgical procedure.

According to Dr. Chatson, who has extensive training in these imaging techniques, "Computer imaging provides the plastic surgeon with an exciting tool to allow a patient to get the most out of a preoperative consultation. Patients often find it very useful to look carefully with me at their on-screen images. During this process we perform a careful analysis and discussion of the patient's goals and desires. I modify the patient's original images on the screen to show a reasonably expected result. In this manner, a patient can see the ways in which plastic surgery can or cannot improve their appearance."

This imaging technology is useful for a variety of other cosmetic procedures. Liposuction, "tummy tuck" or abdominoplasty, gynecomastia or male breast reduction, and rhinoplasty, and facial rejuvenation are all procedures well suited to analysis through imaging. Dr. Chatson points out, however, that "Images to show enhancements to the



George P. Chatson, M.D.

appearance of the female breast — including augmentation, mastopexy, or breast reduction — are not as accurately depicted with the computer software currently available. I won't use imaging when I feel the image the patients view is an unrealistic representation."

Dr. Chatson's expertise in cosmetic surgery is the result of residency training at Harvard and Brown universities as well as personalized post-graduate training with leading experts from Atlanta, Hawaii and Italy. He provides state-of-the-art care, with confidential and personalized attention. Reservations are being accepted to attend the Andover Plastic Surgery in-office, complimentary seminar on Feb. 24 at 6:30 p.m. Dr. Chatson will give a one-hour presentation and discussion on the services offered at Andover Plastic Surgery, with an emphasis on body contouring. Seats are limited.

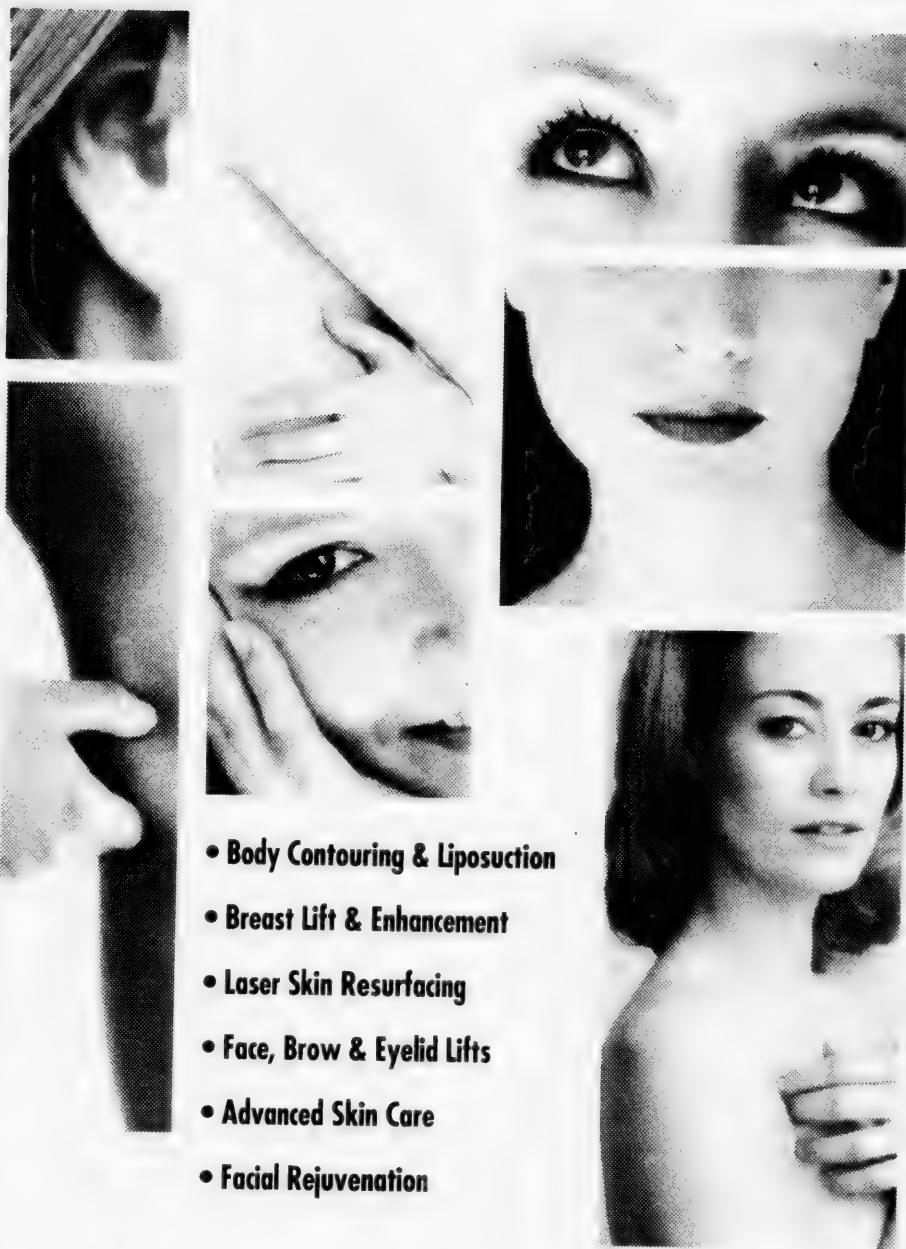
The Andover Plastic Surgery staff can be reached at (978) 687-1151 to take reservations, answer questions, or to schedule an appointment for a consultation.

Further information, including directions to the office, can be obtained through the Andover Plastic Surgery website at [www.andoverplastic.com](http://www.andoverplastic.com)

**'Computer imaging provides the plastic surgeon with an exciting tool to allow a patient to get the most out of a preoperative consultation.'**

George P. Chatson, M.D.

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## Apple Crumb Coffee Cake is irresistible comfort food

(NAPSA) - An apple a day can help keep the winter blues at bay.

Besides being part of a healthy diet, fresh apples can be baked into sweet, delicious treats to warm the soul through cold winter nights.

This recipe for Apple Crumb Coffee Cake, paired with a steamy mug of cocoa, tea or fresh-brewed coffee, can make a delightful remedy for the season's chill.

### Apple Crumb Coffee Cake

#### Crumb Topping:

- 1 cup all-purpose flour
- $\frac{1}{2}$  cup sugar
- $\frac{1}{4}$  teaspoon salt
- 6 tablespoons butter, cut into  $\frac{1}{2}$ -inch pieces
- $\frac{1}{2}$  cup chopped walnuts

#### Cake:

- 8 tablespoons (1 stick) butter, softened
- 2 Braeburn or Golden Delicious apples, peeled, cored and sliced
- 1- $\frac{1}{2}$  cups, plus 2 tablespoons, sugar
- $\frac{1}{2}$  teaspoon ground cinnamon
- 2 teaspoons vanilla extract
- 2 cups all-purpose flour
- 1- $\frac{1}{2}$  teaspoons baking powder
- $\frac{1}{2}$  teaspoon salt
- 2 large eggs
- $\frac{1}{2}$  cup milk



1. Prepare crumb topping: In medium bowl, combine the flour, sugar and salt. With fingers, pinch in butter until well combined and large clumps form. Stir in walnuts and set aside.

2. To make cake, melt 1 tablespoon butter in large skillet. Add apples, the 2 tablespoons sugar and the cinnamon; cook, covered, over medium heat, stirring occasionally, until apples are tender - 10 to 12 minutes. Set aside to cool.

3. Heat oven to 350°F. Grease and flour a 10-inch tube pan (preferably

with removable bottom). In large bowl with electric mixer, beat remaining 7 tablespoons butter and  $1\frac{1}{2}$  cups sugar until light and fluffy. Beat in vanilla.

4. Stir together flour, baking powder, and salt. Add half the flour mixture and the eggs to butter mixture; mix well. Add the remaining flour, then the milk and mix well. Fold in the apple slices. Spoon batter evenly into prepared pan and top with crumb topping. Bake 50 to 60 minutes or until cake tester inserted in center of cake comes out clean. Cool in pan at least 15 minutes; invert cake to remove pan and cool completely.

**Besides being part of a healthy diet, fresh apples can be baked into sweet, delicious treats to warm the soul through cold winter nights.**

## Trade sugar for spice

(Continued from page 10A)

M.D., director of the Smell and Taste Treatment Research Foundation in Chicago. Savory herbs and spices such as sage, rosemary, dill, fennel, basil, thyme, oregano and cilantro are infused with intense aromas and flavors that can trick your brain into thinking you've eaten more than you have.

Spices not only help you pare your fare, some actually help you burn calories. Studies show that fiery spices such as chili pepper and hot mustard seed can boost your metabolism by 25 percent for up to three hours after you eat. The calories you burn without doing a thing? Up to 75.

Spices such as cloves, allspice, nutmeg, cinnamon and ginger are key ingredients in many sweet treats - nutmeg and cinnamon are standards in apple pie and pumpkin pie - so adding these ingredients to certain foods while foregoing the sugar can quell cravings simply by association.

**Trading pastries for peppers kills two dietary birds with one bite: You feel less hungry and burn off more fat.**

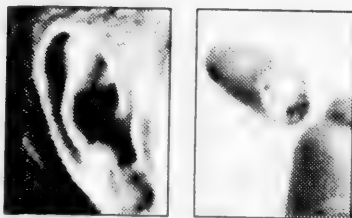
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# Good health and happiness come naturally at Andover Training Station

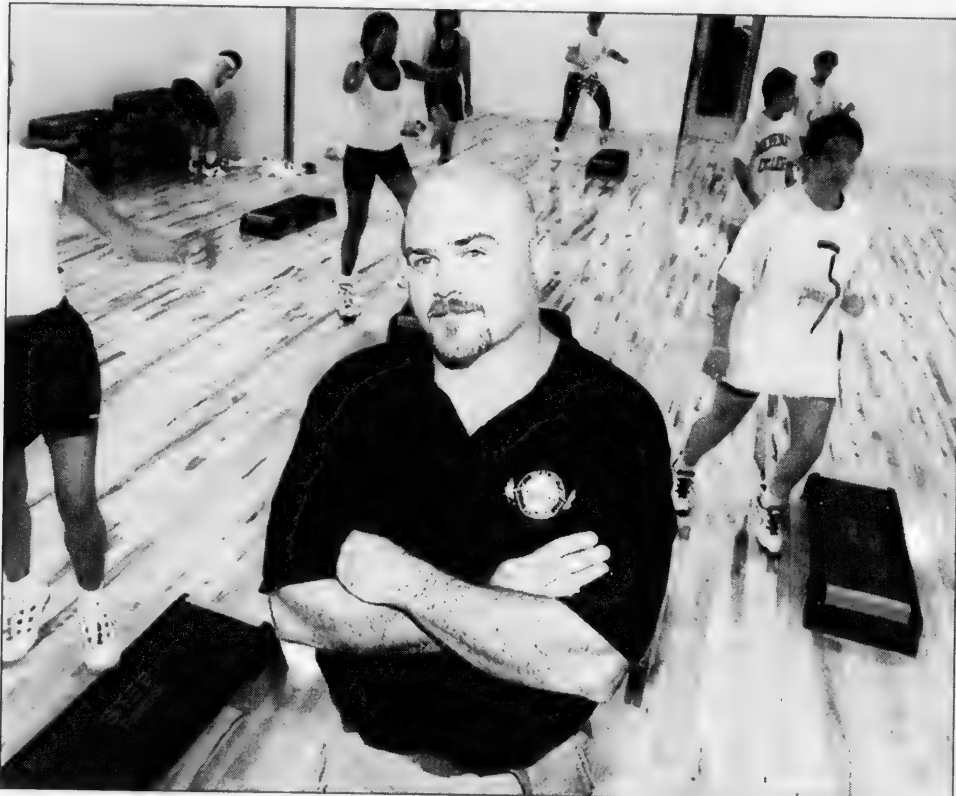


Photo by Lisa Adelsberger

## Ron Hatem of Andover Training Station and a step aerobic class

**T**he members and staff are one big reason why people like to come here to exercise. The equipment is another. All the machines are cleaned and maintained constantly. Even though everything we have has about six months of use, we treat the equipment very well to ensure continued good performance.

Most of our 1,300+ members are from Andover. We have a lot of people from out of town who work in Andover or take the train to their workplace. Our early morning people start coming in at 4:45 a.m. and the late night group stays until we lock up.

New members receive a one-on-one training session that teaches a great exercise program to help meet their fitness goals. Members learn how to use the cardio equipment and Cybex strength machines, free weights and

Hammer Strength equipment and are given help with selecting a cardio class that's right for their current level of fitness.

Our locker room is kept in top shape throughout the day and you can take out that winter chill in our beautiful saunas.

Group cycling classes will begin in March, and we are adding cardio kickboxing to our schedule that currently has muscle condition, cardio boxing, boot camp, basic training, step/sculpt, hi/low, circuit training, and more.

Plus, after all your hard work, you can relax at our juice bar with a good magazine and a delicious fruit protein shake or a bagel and coffee. And speaking of coffee, come on in for a complimentary cup and a tour anytime we're open. Monday-Thursday, 5 a.m.-10 p.m.; Friday 5 a.m.-9 p.m.; Saturday, 7 a.m.-5 p.m.; Sunday, 8 a.m.-3 p.m.



Members can learn to box with coach and trainer Dana Homsey.

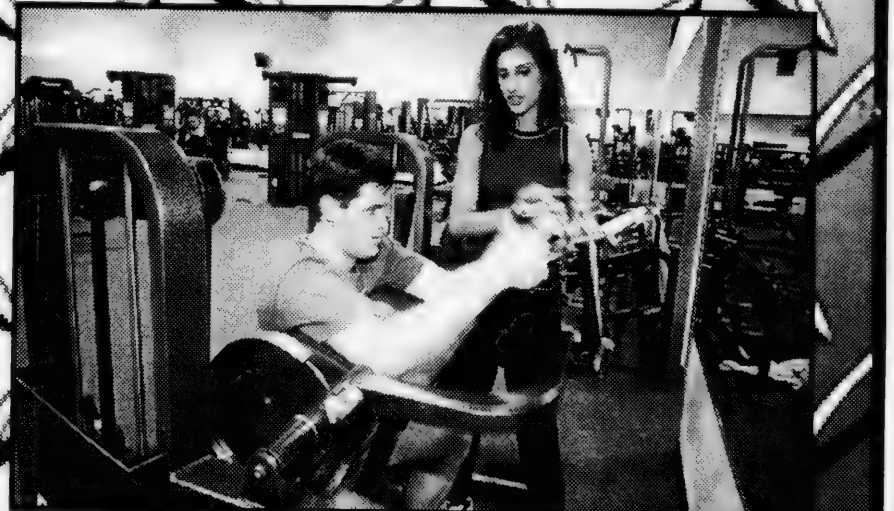
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## Progress for cataract patients

Doctors can now use one treatment to restore the vision of people who have both cataracts and astigmatism.

(NAPSA) - The world may soon be a brighter place for the more than six million Americans who suffer from cataracts and astigmatism.

The term cataract refers to a clouding of the lens of the eye which results in a gradual loss of vision. Cataracts are the most common cause of vision loss among adults age 55 and older and the leading cause of preventable blindness in the world.

Currently, an estimated 2.5 million Americans undergo surgery for cataracts annually. It's the most commonly performed eye surgery and the only available treatment for cataracts.

An estimated one out of five cataract patients also suffers from astigmatism, a common condition which can cause distorted or double vision.

Up until very recently, astigmatism and cataracts required completely sepa-

rate treatments. Cataracts required removing the patients' cloudy lens and replacing it with an intraocular lens (IOL). The IOL is a permanent implant which requires no maintenance and cannot be felt by the patients. Treatment for astigmatism was either glasses, contact lenses or another surgery. Doctors, however, now have a new treatment option that lets them address both conditions at once.

The Food and Drug Administration has approved a new IOL - the implant used to treat cataracts - that can also correct pre-existing astigmatism

in the cataract patient. Staar Surgical Company, the makers of the IOL, says that in clinical trials with over 300 patients who had an astigmatism and cataracts, the new IOL more than doubled a patient's chances of achieving good uncorrected vision (without glasses or contact lenses) when compared to conventional treatments.

If you are experiencing any cloudy vision problems, consult your eye doctor.



## Eye protection tips for winter vacationers

(NAPSA) - The 50 million Americans the Department of Transportation estimates take winter leisure trips can endanger their 100 million eyes if they embark upon their winter vacation getaways without proper protection for their eyes. While packing the suntan lotion, golf clubs or ski boots, they should remember to include protective eyewear appropriate for their vacation activities.

"The importance of protecting your eyes during vacation activities is often overlooked until a problem actually occurs. People who participate in any kind of sport need to be aware of their options for protective eyeglass lenses before permanent damage is done to the eyes," says Dr. Rodney Tahran, chief optometrist for a manufacturer of eyeglass lenses.

Whether you're an adult or child, you should always wear sturdy frames with polycarbonate lenses for sporting activities, recommends Dr. Tahran. These lenses are more impact-resistant than glass or conventional plastic lenses. The frames should contain such features as padded or rubber bridges and deep-grooved eyewires, so lenses won't fall out easily. Contact lens wearers should also be aware that contacts alone do not provide sufficient protection for most

sporting activities and they too will need to wear protective sports eyeglasses.

Another concern for those who participate in outdoor sports is glare from the sun. "Polarized lenses allow more light to pass through the lens to the eye to give brighter, clearer, sharper vision," according to Dr. Tahran. "The wearer benefits from these lenses because distracting reflections from pavement, window reflections and reflective glare from bright shiny surfaces, like snow on a ski slope, are eliminated."

For the golfer in the family, Dr. Tahran recommends progressive addition lenses (PALs). They provide uninterrupted vision-unlike bifocals and trifocals, which have two and three fields of vision that can cause "vision jumps." The PALs provide a smooth transition between prescriptions from near to far, which is important for a golfer's swing.

Another tip that every vacationer should follow is to have UV-coated lenses for outdoor use to protect the eyes from the sun's harmful rays. The UV light from the sun has been associated with cataracts and other eye and skin diseases.

For further information on eye care, call 1-800-562-LENS (1-800-562-5367) for a free brochure.

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# Silverado Athletic Club offers total health and wellness that meets specific needs of women



An  
aerobic  
class  
at  
Silverado

Entering its ninth year, Silverado Athletic Club is going strong. Founded in 1991 by Christine Estabrook who had a vision for a health club that would meet the specific needs of women, it quickly outgrew its original Park Street Village location and relocated to its current site in the Barnard Building on Main Street in downtown Andover.

Silverado's owners, Louise Borke and Elise Caffrey, bought the club two years ago to ensure its continued role in meeting the health and fitness needs of women of all ages and sizes. "This is not a body building gym but a facility for women who have always incorporated exercise in their lives and for those who have never walked around the block. By providing a safe, convenient, all female environment where women can work with a personal trainer, take aerobic classes and/or workout on equipment designed for women, we offer our members the opportunity to improve their health while trying new activities in a non-intimidating setting," says Elise Caffrey. "Elise and I were long time members before buying the club and continue to workout there daily. We are sensitive to the members' needs and are able to be responsive to their requests," adds Louise Borke.

Under the management direction of Mary Ann Weitz, who assumed the role of General Manager several months prior to the ownership change, Silverado has increased the number of weekly aerobic classes to more than 55, included classes in Yoga, Tai Chi, Kickboxing and Stretching, expanded and upgraded equipment, added children's birthday parties and provided massage therapy to its members. "To meet the needs of a wide age range of members we have worked hard to provide fitness programs for children on up through the 60+ age group. Maria Hamilton has done a terrific job with our "Silver Sneakers" group

for whom she has designed aerobic classes and a weekly water program at the Tewksbury Holiday Inn. Our seniors love her and are devoted to her classes," reports Mary Ann.

In addition to the regular schedule, Silverado offers special events and programs to its members. The annual pamper night, where members and their guests can enjoy an evening of Yoga and pampering, is very popular. Although a club for women, Silverado opened its doors to spouses and friends on Sunday evenings last February in order to offer a six-week class in ballroom dancing. This year the Club will feature swing dancing. From time to time, nationally known aerobic instructors are invited to conduct "Master Classes" which are enjoyed by both members and Silverado's instructors.

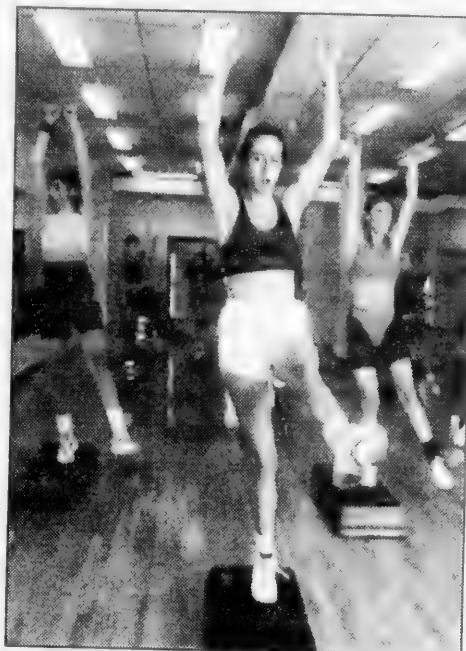
Reaching out and giving back to the community were high on Louise and Elise's list of objectives when they bought the club. "Christine did a wonderful job of making Silverado's presence felt in the community and we wanted to renew the Club's commitment," says Caffrey. Silverado has run new member campaigns to benefit the Women's Resource Center and A Better Chance, sponsors Andover girls' softball teams, donates gift certificates generously to fund raising activities of school and religious organizations and supports the YWCA's campaign against domestic violence through the sale of its pins.

Silverado continues to promote the benefits of health and exercise by targeting professions predominated by women and offering introductory programs. Last year, the Club ran a teachers' program and this year it will run one for secretaries during April vacation. A testament to Silverado's success is the following comment from a member: "Elise and Louise have taken what was good about Silverado and made it better."

# Silverado

athletic club

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## Vitamin E – exciting possibilities from heart health to cancer prevention

(NAPS) – The 'E' in vitamin E may very well stand for 'exciting' possibilities. It is showing great promise as a heart-healthy, perhaps even cancer-preventing all-star.

### What we do know

Vitamin E helps form the red blood cells and muscle tissue in your body. It is important to the function of your nervous system, and it helps keep your blood from coagulating or clotting.

One of vitamin E's most interesting roles is its ability to protect the cells in your body from oxidation. During oxidation, free radicals are formed which can damage your cells and tissues, including DNA – the genetic material your body uses to make new cells. The damage caused by oxidation and free radicals accumulates. In time, it may result in health problems.

Vitamin E saves the day as an antioxidant. Researchers believe it slows down the oxidation process, mops up free radicals and de-activates or neutralizes them.

### What looks promising

#### • Heart Disease

Researchers have not confirmed vitamin E's role in heart disease, but early studies suggest it may cut heart disease risk by as much as 30 to 40 percent. Vitamin E is believed to help prevent the oxidation of LDL cholesterol (the bad cholesterol). Oxidized LDLs are responsible for much of the plaque deposited inside the arteries. Plaque build-up can eventually block the flow of blood to the heart.

Vitamin E's anti-clotting capabilities may also reduce the risk for developing a blood clot which could otherwise lead to a heart attack or stroke.

#### • Cancer

A recent study found that vitamin E reduced a smoker's risk of prostate cancer by 32 percent. It is unclear if the results would be as favorable for non-smokers.

Another study found that vitamin E cuts the risk of developing oral cancers, such as cancer of the esophagus, in half. Researchers are not sure how vitamin E works its magic with certain cancers, but early studies

suggest more than just a casual link between the two.

#### • Even More Benefits?

Vitamin E is being looked at for its possible role in helping strengthen a person's immune system, helping reduce the risk for or lessen the severity of cataracts, Parkinson's disease, arthritis, Alzheimers and AIDS. More research needs to be done to determine if there is a connection.

#### What to do?

Many of the studies done with vitamin E use substantially greater amounts of the vitamin than the Daily Value of 30 International Units (IU). For testing its disease-fighting powers researchers have given subjects 100 to 400 IU or more a day.

It is difficult to eat your way to levels as high as this, which is why some people consider taking a supplement. If you are pondering a pill – be cautious. If you take any kind of blood-thinning medication or take regular doses of aspirin, vitamin E's anti-clotting abilities could cause bleeding problems. Talk with your doctor first.

## Cheers to good health?

(NAPSI) – Alcohol has been making headlines as a health enhancer. Is it? As more and more studies are done, researchers are beginning to unravel a very complex relationship between alcohol and health. It appears a little may be good for protecting you against certain diseases, but it is also quite clear that a lot is not. Drinking too much alcohol is considered a major health hazard on several fronts.

### Heart disease

Consuming one to two drinks of alcohol a day is associated with a 30-50 percent lower risk of heart disease in both men and women. One drink is defined as a 12-ounce beer, a 4-ounce glass of wine or 1-1/2 ounces of

hard liquor. Scientists believe half the benefit of alcohol is due to its ability to raise HDL cholesterol levels – the type of cholesterol that removes fatty plaque from artery walls. Alcohol may also reduce the risk of blood clots, which can cut off the flow of blood to the heart, or alcohol may actually help break up blood clots as they form. Heavy drinking, on the other hand, significantly increases the risk for high blood pressure and heart muscle deterioration.

### Stroke

In a study of nearly 800 New Yorkers, those who drink less than one drink per month lowered their stroke risk by up to 62 percent when compared to non-drinkers.

People who drank one or two drinks a day had a 45 percent lower risk for stroke. However, participants

who had five or more drinks daily tripled their stroke risk. Other studies have shown a similar increase in risk.

### Cancer

Alcohol is strongly associated with cancers of the mouth, esophagus, colon and liver. According to the American Cancer Society, cancer risk increases with the amount of alcohol consumed and it may start to rise with as few as two drinks a day. Research is uncovering a relationship between alcohol and breast cancer, too. The death rate from breast cancer is 30 percent higher in women who report having at least one drink a day compared to women who do not drink.

Alcohol is considered a co-carcinogen meaning it

(Continued on page 18A)

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I made a major effort to follow the present program and found I rarely was hungry and had much more energy. The major changes in my eating habits was difficult at first but I adjusted well, especially after I noticed that I was losing weight in spite of myself.

I paid closer attention to the dedicated staff and achieved even greater success. I lost 100 pounds. My dream came true.

I have now maintained my weight loss and plan to lose even more. Thanks to Advanced Weight Loss Systems who made it possible.

It's hard to describe the differences in so many areas of my daily life. In my 68 years I've spent many years losing weight and gaining it right back again. Now, after following the Advanced Weight Loss Plan I have maintained my weight loss and I am confident that I am off the yo-yo dieting that burdened me in the past.

Maybe one of the reasons the program is so successful for me at Advanced Weight Loss is because of their supportive staff. They really care about me and I enjoy being part of such a wonderful support system.

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## Cheers

(Continued from page 16A)

can enhance or intensify other cancer-causing agents that enter the body. Alcohol can also break down some of the body's natural defenses against cancer-causing compounds, such as enzymes which help repair damaged cells, and nutrients which help protect cells from being damaged – specifically folic acid and selenium.

Nutritionally, other than some of the antioxidants found in red wine and dark beers, alcohol has little to offer. It is an empty source of calories and can end up taking the place of other health-promoting foods and beverages in your diet.

When it comes to alcohol, the recommendation is "use moderation," unless you are pregnant or trying to get pregnant, in which case drinking is not advised. Moderate drinking during pregnancy is linked with low infant birth weights and miscarriages. Heavy drinking can cause fetal alcohol syndrome, a condition which can result in mental retardation, growth problem and birth defects for a baby. Ring in special holidays with thirst quenchers such as juices, water or non-caffeine flavored drinks. Limit alcohol to special events, and try out some of the good-tasting non-alcoholic beverages available.

Alcohol also acts as a diuretic in your body causing you to lose water. For every glass of alcohol you drink, be sure to drink an extra glass of water or juice.

## Osteoarthritis:

# Breakthrough treatment eases aches and pains

(NAPSA) – Nearly 16 million Americans have osteoarthritis, including 13.7 million with osteoarthritis of the knee, making it the most common form of arthritis in the United States. Yet, a recent survey of health care professionals shows that 50 percent are somewhat or completely dissatisfied with existing therapies for treating osteoarthritis of the knee, such as NSAIDs, corticosteroids, and knee replacement surgery. In addition, 75 percent of those surveyed felt that more than half of their patients were dissatisfied with these treatment options.

### Who gets osteoarthritis?

Osteoarthritis can affect people at almost any age, although it typically occurs in people over age 50. In addition to aging, other risk factors for osteoarthritis include:

- obesity
- female gender
- genetic predisposition
- certain physical activities
- diseases such as rheumatoid arthritis

### What happens when osteoarthritis develops in the knee joint?

Pain is the primary reason that people with osteoarthritis seek medical attention. This pain often prohibits activity and reduces quality of life.

One cause of knee pain and lack of flexibility is the deterioration of a substance called synovial fluid. Healthy

synovial fluid fills the space between the cartilage-covered bones of the joint and permeates joint tissues, providing crucial shock absorption and lubrica-



tion. In osteoarthritis, synovial fluid has lost significant degrees of lubricating and shock-absorbing properties.

### How is osteoarthritis diagnosed?

Osteoarthritis of the knee is usually identified when a patient says he or she has pain during rest, when the joint moves, or when weight or pressure are applied to the joint. Some characteristic findings during a physical examination may include:

- difficulty standing or walking without pain
- bony deformities
- a grinding sensation in the joint

### What can be done to treat osteoarthritis when traditional treatments don't work?

Fortunately, there is a drug-free treatment option that may give people with osteoarthritis of the knee a chance to regain their active lifestyle. One course of treatment can provide pain relief and restore mobility for months.

Viscosupplementation is the first new treatment modality for osteoarthritis in 25 years. The goal of viscosupplementation is to replace and restore the natural shock-absorbing and lubricating properties of diseased synovial joint fluid. The main ingredient is an elastic fluid and is made from natural hyaluronan molecules and possesses physical properties comparable to the synovial fluid of healthy 18- to 27-year-old individuals.

In clinical trials, mild to moderate transient local pain, swelling and/or effusion occurred in 2.2 percent of intra-articular injections. Systemic adverse effects were reported rarely and did not recur with repeat injection. Candidates should see prescribing information for full details. During intra-articular administration, strict adherence to aseptic technique must be followed to avoid joint infection.

### Seeking help for knee pain

Knee pain can affect people of all ages and can result from a number of causes. If you have knee pain, be sure to consult your physician to discuss which therapies might be right for you.

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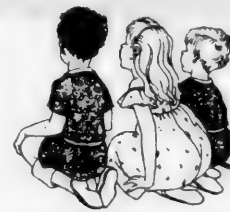


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# Fitness training in the privacy of your own home

By Stephen M. Scanlon

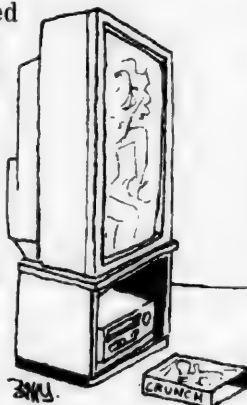
(NAPSA) - Few people are aware that attaining fitness is far easier and the rewards far greater than they would expect.

You've promised yourself time and time again that you'll take better care of yourself. Now that time has come.

Whether you want to get in shape for health, to look better, to achieve a more vigorous social life or for peace of mind, you are determined to reach your fitness goals, and fun, energizing help is available.

There are easy-to-use videos that will help you improve your fitness levels and reach all of your fitness goals conveniently in the privacy of your own home.

They will help everyone from beginners to the athletically inclined trim down and shape up even the most troublesome body part. But just in case you need an extra push to get your fitness regimen started, did you know that (according to the Surgeon General):



• Inactive people have a mortality rate similar to those who smoke a pack of cigarettes a day.

• Over 80 percent of Americans are deemed inactive.

• With a little effort, exercise can substantially reduce some of the leading health problems in the U.S. including heart disease, diabetes, high blood pressure and certain types of cancer.

To help you start a workout regime bound to get noticeable results in only

four weeks, nationally-renowned fitness expert Donna Richardson has two new tapes - *30 Days to Firmer Abs and Arms* and *30 Days to Thinner Thighs*.

These videos are effective yet fun and are designed to get results without making you dread your workout.

**Inactive people have a mortality rate similar to those who smoke a pack of cigarettes a day.**

# Fish is more satisfying, per calorie, than lean meat

(NAPSA) - Are you hungry an hour after eating lunch? Will you snack before your next meal? Not likely, if you ate fish.

It turns out that fish is ranked number two when it comes to satisfying hunger, second only to potatoes. Plus, it's a deliciously "smart" choice. Fish is high in protein and low in saturated fat and calories, making it a nutritious source of energy. Satisfying and healthy - it's a combination that can't be beat!

According to the "Satiety Index," a hunger study developed in 1996 by Dr. Susanne Holt, fish is an excellent choice for controlling hunger. Using the same study, the May 1996 issue of the University of California-Berkeley Wellness Letter stated, "Fish is more satisfying, per calorie, than lean meat or beef."

Did you know that you can enjoy the benefits of fresh fish year-round? For example, Virginia, the nation's third largest producer of marine products in the country and largest on the east coast, delivers fresh rockfish (striped bass), sea bass, flounder, and sea trout 12 months out of the year! Other delicious species, such as mackerel, blue-



fish, spot and croaker, are available seasonally. And don't forget seafood favorites such as scallops, clams and blue crab.

So, try the hunger test for yourself. Experiment with these recipes and see how you feel after your meal. Chances are you'll be satisfied and energized!

## Flounder Roulades

Adapted from *The Great Taste of Virginia Seafood*

4 flounder fillets (about 2 pounds) lengthwise

1 10 oz. package of frozen french cut green beans or chopped broccoli

¾ cup creamy Italian salad dressing

¾ cup grated Parmesan cheese

Paprika to taste

Preheat oven to 350°F. Loosely roll flounder. Secure with a toothpick. Place upright in greased shallow baking dish. Cook and drain beans or broccoli. Mix dressing and Parmesan cheese. Add to beans or broccoli and mix thoroughly. Spoon into dish with rolled fillets. Put remainder around the edges. Sprinkle with paprika. Bake 20 to 25 minutes. Serves four.

For more information about Virginia Seafood, call (757) 874-FISH.

## Happy First Anniversary



Dr. Sayeeda Rahman (right) and Office Staff (l to r): Denise Marcinuk, Office Manager; Debbie Albrecht, Medical Assistant and Diana Bahouth, Medical Assistant

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As days float by, it soon is clear. This staff has finished its very first year. Please come see what we're all about. So we can ease each fear and doubt.

Doctor's Park is where we dwell. It'll be our pleasure to make you well.

- Lindsay Marcinuk '99"

Dr. Rahman & Staff,  
I enjoy treating your patients and I enjoy being your patient. You are all the best that primary care has to offer. I wish you many more enjoyable, successful years. You put the word "care" in Health Care. Happy 1st Anniversary!

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## Medicine cabinet – protection for children

(NAPSA) – A well-kept medicine chest protects children two ways:

1. It provides the medicines they need.

2. It's arranged and secured so they don't take drugs they're not supposed to have.

Keep: aspirin for grown-ups, a non-aspirin painkiller for children (who can become seriously ill from taking aspirin), syrup of ipecac (to induce vomiting in cases of poisoning when directed), a stomachache reliever, bandages, a thermometer, tweezers, first-aid ointment (use even on the smallest cuts) and cough and cold medicines. Many households with children use what parents call "a worry-free cold medicine" with no sugar, salt, alcohol or artificial colors. That medicine is also recommended for people with allergies, diabetes, heart, thyroid or prostate problems.

Once the cabinet is stocked, it should be locked so curious youngsters can't try what's inside. Just in case, keep the number of your pediatrician and the poison control board handy.

These hints may help you keep your youngsters happy and healthy.

Keep a thermometer in your medicine chest, but don't put a mercury bulb in a child's mouth. Take the armpit temperature and add a degree.

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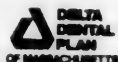
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*The Associated Press, Friday, May 8, 1998*

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*Occupational Outlook Handbook, January 1998*



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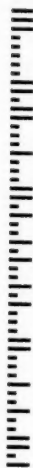
CAREER	Projected Growth	Major in...
1 Computer professional	89%	Computer Studies
2 Medical assistant	59%	Medical Assistant
3 Human services	75%	Human Services
4 Corrections officer	51%	Criminal Justice
5 Paralegal	59%	Paralegal
6 Restaurant management	45%	Hotel / Restaurant Management
7 Management analyst	43%	Management
8 Preschool teacher	30%	Early Childhood Education
9 Police officer	28%	Criminal Justice
10 Marketing, advertising, public relations	25%	Marketing or Communications

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*Fortune Magazine, January 1998*

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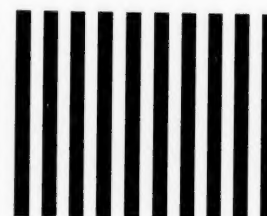
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